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<td>14:00 - 17:00</td>
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<td>07:00-17:30</td>
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<td>08:30-09:15</td>
<td>Workshops (45 min.) and Consecutive Brief Section (20 min.)</td>
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### Workshops (45 min.) and Consecutive Brief Section (20 min.)

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<tr>
<td><strong>Oh My Goodness! How Did I Get Here...Again? Decreasing Recidivism in Patients with Schizophrenia</strong>&lt;br&gt;Christine Donalds-Rose - USA&lt;br&gt;Noel Rose - USA</td>
<td>Room 1</td>
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<tr>
<td><strong>Youth at Risk: Why Families Matter</strong>&lt;br&gt;Judith Landau - USA</td>
<td>Room 3/4</td>
<td>45 min</td>
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<td><strong>Cross Cultural Kids and The &quot;Forgotten Minority&quot;: Implications for the Family Therapist</strong>&lt;br&gt;Lucinda West - USA</td>
<td>Room 5</td>
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<td><strong>Parental-Growth and its Clinical Implications for Family Therapists: A Mixed-Methods Study</strong>&lt;br&gt;Sebastian Perumbilly - USA&lt;br&gt;William Boylin - USA</td>
<td>Room 9</td>
<td>45 min</td>
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<td><strong>A Spirituality Of Presence Helping Clients Find Meaning And Purpose Through Loss And Trauma</strong>&lt;br&gt;Geraldine Kerr - USA</td>
<td>Room 10</td>
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<td><strong>Solution-Focused Time Travel</strong>&lt;br&gt;Alexey Mikhalsky - Russian Federation</td>
<td>Room 8</td>
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<td><strong>An Exploratory Study On The Sexuality Establishment Of Female Studying In Religious Uni-Sex School And The Resultant Implication For Sexuality Education</strong>&lt;br&gt;Ka Yan Karen Chan - Hong Kong</td>
<td>Room 8</td>
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### Workshops (45 min.) and Consecutive Brief Section (20 min.)

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<tr>
<td><strong>Treating Children's Trauma Using EMDR in a Family Context</strong>&lt;br&gt;Marshall Lyles - USA</td>
<td>Room 1</td>
<td>45 min</td>
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<tr>
<td><strong>Practicing What We Preach: The Systemic Impact and Ethics of Therapist Self-care</strong>&lt;br&gt;Kevin C. Garrett - USA</td>
<td>Room 2</td>
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<td><strong>Seeing through a Systemic Lens Clearly</strong>&lt;br&gt;Martha Laughlin - USA&lt;br&gt;Kate Warner - USA</td>
<td>Room 3/4</td>
<td>45 min</td>
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<td><strong>A Multi-generational Approach to Treatment for Adolescent and Young Adult Substance Use</strong>&lt;br&gt;Gale Saler - USA</td>
<td>Room 5</td>
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These presentations have been CE approved.
Innovations In The Delivery Of Culturally Informed Family Therapy Within The Public Health System

@ Maite Mena - USA
This presentation includes: 1) the rationale for the treatment we developed – Culturally Informed and Flexible Family Based Treatment for Adolescents, 2) two innovations (adaptive manualized treatment and integration of technology) to assist with intervention delivery, and 3) data on the efficacy of the intervention with Hispanic/Latino adolescents and families.

Room 10
45 min

Genealogy and Identity in the Central American and Caribbean Diaspora

@ Mirna Carranza - Canada
A part of the SSHRC funded project “Rights for Children and Youth: Strengthening Collaboration in the Americas”, this presentation speaks to how young people are responding to the challenges of bi-cultural identities in contemporary times. It interrogates current understandings of family in the transnational economy and modalities of clinical intervention.

Room 7
20 min

An Intervention for Young Mothers and Their Children Experiencing Homelessness

@ Natasha Slesnick - USA
Mothers experiencing homelessness with young children in their care not only contend with homelessness, substance use, victimization and mental health struggles, but also must meet the multiple and varied needs of their children. This study examined mother and child outcomes associated with an intervention integrating housing and supportive services.

Room 8
20 min

The Subjective Experiences of First-Time Chinese Parents’ Transition to Parenthood

@ Amy Wan - Hong Kong
This qualitative study examines the subjective experiences of first-time Chinese parents across their transition to parenthood, the causes of conflicts and their needs through in-depth interviews. Results indicated a need for education and counselling for the couples with regards to the impact of having a child on their marital relationship.

Room 8
20 min

10:15-10:45 Refreshment Break

10:45-11:30 Workshops (45 min.) and Consecutive Brief Section (20 min.)

Talking across borders: the UK Association for Family Therapy and Systemic Practice (AFT)

@ Shan Tate - United Kingdom
Family and systemic psychotherapists from key organisational roles in the UK will share and reflect on the development of family therapy in the UK, including an overview of training, registration, publications and creative practice. Delegates are invited to join in discussion, ask questions and issue challenges.

Crombie B Suite
45 min

Songs in Therapy – Not Only for Music Therapists: Neuroscience, Music & Family Therapy

@ Beth Nemesh - Israel
Childhood songs enable clients to tap into unconscious memories, activating the body memory. Musical neuroceptions raise awareness to childhood yearnings and habitual survival stances. This holds new opportunities to appreciate and respect childhood experiences and resources, and recruit internal resources to promote personal growth, congruence and changes in present life.

Room 1
45 min

Eight Criteria for Quality in Systemic Practitioner Research

@ Gail Simon - United Kingdom
These criteria offer a framework for demonstrating quality in systemic practice research based on post-positivist qualitative methodology. The eight criteria integrate systemic practice theory, activity and values. Distinctions are made between practitioner research and research about practice.

Room 2
45 min

Gray Divorce: Splitting Up Later In Life

@ Linda Hershman - USA
While divorce rates in many countries have leveled out or declined since the 1990s, one demographic is experiencing a surge in divorces. Known as "gray divorce," couples aged 50 and older are choosing to dissolve decades-long unions. This presentation will explore unique reasons for and challenges of late-life divorce.

Room 3/4
45 min

Art-Based Genograms in Family Therapy: Sharing Family Stories, Finding Places for Change

@ Deborah Schroder - USA
This workshop will explore the deeply meaningful use of Art-Based Genograms in family therapy. Together we will create art-based genograms and experience the depth of meaning present in symbols and metaphor. Intergenerational beliefs, and ancestral strengths and challenges, are visible as the traditional genogram squares and circles become images.

Room 5
45 min

What You See is Not What it is: Functional Dialectic System Approach

@ Moshe Almagor Tikotzki - Israel
The FDS approach is a short - term - focused therapy. The approach is based on three suppositions: A. Behavior is goal-directed and functional. The goal is satisfaction of basic needs provided by the system. Meaning of behavior is best elucidated by Hegelian dialectics. Thus, the problem is actually the solution.

Room 9
45 min

Point of View Matters: Celebrating the 100th birthday of John H. Weakland - Family & Brief Therapy Pioneer

@ Wendel Ray - USA
2019 marks John Weakland’s 100th birthday. An important contribution of Weakland’s & MFT colleagues was outlining why and how Point of View matters – it is not a matter of IF but HOW therapist biases influence therapy / supervision. Implications to systemic practice of therapist biases will be explored.

Room 10
45 min

The Role of Common Factors in Pivotal Moments in Couple and Family Therapy

@ Birce Bingö - Turkey
This brief session is about in session experiences that clients and couple and family therapists view as pivotal. Ten CFT therapists and thirteen clients were interviewed in order to understand what moments are reported as pivotal and what factors play a role in creation of these moments. Contributing author: Nilüfer Kafescioglu, Ph.D.

Room 7
20 min

Working with Abused Children in Bolivia: Changes in Empathy and Self-Efficacy

@ Michele Smith - USA
Mission trips are opportunities to get resources to areas that have great need and provide support to the community being served. Altruism is associated with greater well-being, but are there other benefits? This study examined changes in empathy and self-efficacy in a group working with abused children in Bolivia.

Room 8
20 min
Countries As Families: Systemic Conceptualization And Treatment Plan For Different Countries Across The Globe

Countries, just like families, are systems that have interactional patterns that transmit across generations. In this panel, Turkey, United States and France will be explored from a phenomenological study that investigated perceptions of the role of motherhood by women raised by grandparents. The presentation will explore implications for family therapists.

Utilizing Sex Positivity as a Model for Sexual Assessment with Couples

Couple therapy tends to be dominated by a sex negative approach rather than a sex positive approach. Sex positivity is a model that highlights the right to pleasure, erotism, positive attitudes toward sexuality, and engagement in a variety of consensual, responsible sexual behavior free from fear, shame, and guilt.

The Use of Sculpting in Therapy: Satir Transformational Systemic Therapy

This experiential workshop will explore the use of sculpting to externalize the internal dynamics of what is going on within an individual, couple, or family in their relationships with themselves and others.

Systematic Model of Intervention in High Conflict Post-Marital Child Alignment/Rejection

Intervention of the REACH Team focuses on understanding the personal and family history of individual family members in order to facilitate resolution in high conflict marital break-up where children become drawn into the conflict. Interventions that incorporate the historical personal dynamics can facilitate the family in refocusing on resolution.

Making Meaning of Motherhood: An Investigation of Mothers Raised by Grandparents

Families in which grandchildren are raised by grandparents is a growing family form. Little is known about impacts on parental identity. This presentation provides results of a phenomenological study that investigated perceptions of the role of motherhood by women raised by grandparents. The presentation will explore implications for family therapists.

Islamic Psychology As An Applied Theory

This session presents the theory of change, the role of the therapist, key concepts, interventions and treatment utilizing an Islamic Psychology. This is helpful in learning how to be a competent therapist for treating the Muslim population, Muslims make up almost 2 billion people of the world’s population (roughly 25%).

Role-Play And Skills Development

This study was about a social work degree program for social work students to develop core skills in client-centered therapy, solution-focused therapy and structural family therapy. Role-plays, based on scenarios designed by the students, were recorded as video and played within workshop’s presentation. Peers and tutor provided feedback on role-plays.

The Patterns Of Mutual Recovery Between Persons With Psychiatric Disability And Their Caregiver Under The Strength-Based Family Intervention

This study aimed to explore the patterns of mutual recovery among the persons with psychiatric disability and their caregiver after receiving the Strength-based family intervention. The results revealed two major types: “Mutual bonded spiral recovery” and “accompanied mutual recovery”. A close and harmonious relationship was conducive to the mutual recovery.

Teletherapy Guidelines

Internet therapy created questions for regulators in the United States. Therapists need to consider how to ethically and legally provide teletherapy services. This presentation will provide information related to the delivery and regulation of teletherapy services developed by the Association of Marital and Family Therapy Regulatory Boards for our stakeholders.

Expansion Of Family Therapy Services Within The Iwk Systems Of Care

The IWK Health Centre provides family therapy services in various settings and to different intensities. An overview will be provided of services offered, as well as recent adaptations to meet the needs of families in a more flexible manner. Training and peer supervision within the program will also be explored.

Countries As Families: Systemic Conceptualization And Treatment Plan For Different Countries Across The Globe

Countries, just like families, are systems that have interactional patterns that transmit across generations. In this panel, Turkey, United States and France will be explored from a systemic perspective and similarities, differences and ideas for collective growth will be discussed.

Expressive Therapy Techniques for Working With Adolescents Impacted by Shame

Shame is an intense systemic emotional state based on the distortion that one is fundamentally flawed. Adolescents experiencing shame need a therapeutic experience that is nontoxic. Expressive therapies (art, sandtray, drama) provide a kinesthetic experience and therapeutic distance that helps adolescents process shame and experience abreaction in a safe environment.

Integrating Neuroanalysis, Neurofeedback and Marriage and Family Therapy on the Cutting Edge of Mental Health Treatment

This presentation provides innovative yet practical insights into how Neuroanalysis and Neurofeedback may be used as complementary treatment modalities to enhance Marriage and Family Therapy interventions.
Online MFT Students’ Experience in Professional Identity Development

Linna Wang - USA
Sage Jaurequi - USA

Online MFT students will share their perceptions and experiences of what hinders or contributes to their professional identity development process; if/how the lack of face-to-face interaction impacts the process, and if/how the in-person residency component of the online program alleviates the impact of lack of in-person interaction.

Responding to Risk Collaboratively

@ Philip Messent - United Kingdom

In this workshop we will explore ideas about how we can respond to ‘risk’ in ways that are relational and contextual, open and collaborative, and appreciative of the strengths and perspectives our colleagues, our clients and their families.

Cultural Humility in the Supervisor-Supervisee Relationship: Working with Emerging LGBTQ culture in the African Context

@ Amos Alumada Keya - Kenya
Anne Wambugu - Kenya

This workshop seeks to address the emerging issues of LGBTQ culture in the African context within the supervisor-supervisee relationship. The phenomenon of LGBTQ culture is increasing in the African context and cannot be ignored by mental health providers.

Self-Care For Therapists: Using Creativity To Explore Self-As-Therapist

@ Jennifer Patterson - Portugal

How do we show up in the treatment room, hold space with the client, and take care of ourselves within the context of self-as-therapist help us to stay present. This workshop will demonstrate via an experiential exercise (no art skills needed!) how creativity can benefit our self-care process.

Understanding Caregivers and Patients with Chronic Stage IV Metastatic Breast Cancer

@ Lucinda West - USA

This program will increase knowledge for couple therapy with women diagnosed with Stage IV Metastatic Breast Cancer. The term metastatic and these patients are misunderstood. While terminal, patients are living longer due to research and invention of new treatment options; yet, they face mortality on a regular basis.

Views and Attitudes Toward Relationships that Start Online

@ Dilshah Ece Eren - Turkey
Selenga Gurmen - Turkey

Online platforms are being increasingly used as a venue to find romantic partners. Yet, there is controversy around relationship expectations, maintenance, and satisfaction. Empirical investigation of attitudes towards online dating and how it differs from other meeting styles in terms of relationship satisfaction may inform therapists when working with clients.

Factors Contributing To A Healthy Family Functioning Among Women Living In Communities With High Level Of Violence

Aida Jimenez - Puerto Rico
Aysha Concepcion-Lizard - Puerto Rico
Jose Martinez - Puerto Rico

This presentation explores how attachment styles, psychological symptoms and sociodemographic variables affect family functioning. The sample consisted of 122 poor Puerto Rican women over the age of 21 who had children between the ages of 6 to 12 years old, living in marginalized communities.

Processing Moral Injury through Therapeutic and Spiritual Collaboration in Caring for War Veterans

Kelly O’Lear - Germany

This presentation discusses collaboration between therapy and faith in caring for those dealing with moral injury in military veterans. It defines moral injury, provides current research on the topic, and encourages local solutions of how to aggregate counselors and clergy in caring for those displaying moral injury in civilian communities.

15:15-15:45 Refreshment Break

18:45-16:30 Workshops (45 min.) and Consecutive Brief Section (20 min.)

Supporting "Family" During and After Divorce in Therapy

@ M. Selenga Gürmén - Turkey

Therapy with divorcing/hewly divorced families may be challenging as it requires different approach with special intervention areas. Research guides practitioners on processing negative emotions and restructuring of the system while protecting well-being of family members, especially children. This workshop offers research-informed strategies for therapists who work with this specific population.

Engaging Spirituality Journeys in Family Therapy

@ Hugo Kamya - USA

How do we as clinicians engage our personal journeys in our work in family therapy? How do we connect to our spirituality in this endeavor? This presentation will offer some ways to incorporate and harness our spirituality in our clinical work.

Attachment: Family Therapists Partnering with Schools and Communities

Robert McKinney - USA
Elizabeth Bennett - USA
Hannah Briner - USA
Brennan Champaign - USA
Dana Coom - USA
Venette Melo - USA

Every child needs a foundation of secure belonging; sadly, not all children find this at home. This presentation provides a knowledge base and hands-on application for therapists when partnering with school personnel and community leaders to create conditions for children to develop healthy attachment styles and thereby promote healthier families.

Metaphors in Healing Stories and Stories that Heal

@ William Scott - USA

The therapist as an audience, empowers clients to become author-ities, and more involved in the construction of their own healing stories while also using metaphor and storytelling principles to construct and share stories that heal. Key elements of narrative practice will be shared which create space for transformative, client-generated metaphors.

A New ‘U’ in Systemic Bereavement: Undigestible Grief, Embodied Stories, Spirituality & CMM

@ Tracey Jane Johnston - United Kingdom
Peter Robinson - United Kingdom

Possibilities Psychotherapy Centre aims to present systemic bereavement therapy findings, whilst using the Co-ordinated Management of Meaning (CMM) as an interactional model to help therapists consider grief as a relational process, with an emphasis on stories of spirituality and grief, reflexivity and explorations of embodied and ‘undigestible’ grief processes.
Multiple Family Group Intervention For Chinese Families Of Children With Dyslexia
Tak-Mau, Simon Chan - Hong Kong
Multiple family group intervention, with reference to the key concepts of narrative practice, for those Chinese families will be demonstrated with live episodes. This presentation will focus on the intervention process of how to foster the family agency and identity, with pre- and post-intervention episodes to demonstrate its effectiveness.

Building Bridges For Children Through Divorce: Past, Present, Future
Geraldine Kerr - USA
Family systems become destabilized through divorce. Relationships, rules, roles, and routines disintegrate into chaos which children have neither knowledge nor comprehension to understand. Therapists who help divorcing parents become aware of Relational Ethics (Boszormenyi-Nagy & Ulrich, 1981) simultaneously help build bridges between parents and their children’s pasts, presents, and futures.

Parental and Professional Value Mismatch in Child Risk and Protection
Yochay Nadan - Israel
Netanel Gernara - Israel
This paper identifies several of the mismatches at play when professionals encounter families belonging to diverse groups and assess risk for children. Two minority groups in Israel were studied. Findings indicate discrepancies between parents’ and professionals’ perceptions as well as their implications for the relationship between professionals and parents.

Challenges Of Developing The Professional Identity Of The Family Therapy Profession In Sudan Analytical Descriptive Study
Makia Himat - United Arab Emirates
The study aims at identifying the challenges that prevent the development of the professional identity of family therapy in Sudan. The study uses the analytical description method and relies on the available information about family therapy services in the academic context and the current practice.

Experience of Grandchildren Facing In-law Conflict between Mother and Paternal Grandmother
Ching Chi Maria Assunta Ho - Hong Kong
Literature lacks the perspective of grandchildin in facing adult’s inter-generational conflicts. Using a qualitative research design, this study examined the subjective experiences and impacts of grandchildren coping in in-law conflicts between mother and paternal grandmother living together and discussed the clinical implications for family counselling and intervention on inter-generational families.

Differentiation Of Self And Relational Ethics: Bridging The Gap Between Nagy & Bowen
Mercè Rived-Ocaña - Spain
“Differentiation of Self and Relational Ethics are the core elements used to explain the differentiation process. The exploration of their connection and its comparison in clinical and non-clinical populations could allow us a deeper understanding of how they operate within the family of origin and other significant relationships.

16:45-17:30 Workshops (45 min.) and Consecutive Brief Section (20 min.)

The Development of Parenting Coordination in South Africa and Child Participation
Lynette Roux - South Africa
Internationally, parenting coordinators are increasingly being appointed in high conflict divorces to resolve disputes. This process provides constructive quick resolution to issues cost effectively. Inclusion of children in this process can be helpful but needs to be done with skill and caution. This process and ethical dilemmas will be discussed.

Navigating Complexity in Feedback Informed Systemic Therapy
Robert van Hennek - Netherlands
Van Hennek and Hillewaere will invite workshop participants to explore how they can create a dialogical space, open for improvisation and collaborative learning and navigate creatively towards meaningful goals of family members. Presenters created a fluid therapy manual, substantiated by practice based research and responsive to the complexity of life.

Avoiding a Deficit Perspective in Understanding the Family System
Alli Cipra - USA
This presentation will focus on the importance of understanding the family system as it is rather than how it “ought” to be. In many approaches and in general research, family systems are discussed, evaluated, and treated from a deficit perspective.

Chameleon Families: Adaptations, Changes And Challenges Of Gay Male Parenthood
Dr. Carlos Temperini - Brazil
This study analyses discourses about gay male families in the Brazilian and American contexts. The theory is based on Bowlby, Winnicott and Badinter studies to discuss the importance of parenthood in infant and child development, besides a reflection on “the myth of motherhood” and their impact on gay male parenting.

Sexual Development and The Talk: Not just about the Birds and the Bees
Anita Mehta - Canada
Sarah Burley - Canada
The development of sexual identity is influenced by family. The sex talk has evolved from a discussion of birds and the bees to include gender identities, sexual orientation, pornography, and consent. This presentation addresses healthy sexual development and provides tools for working with families and couples on issues of sexuality.

The Tools for Hope: Exploring the Architectures of Hope
Sue Robinson - United Kingdom
Gil Kind - United Kingdom
The workshop will give a brief overview on the futures 3Horizons method as developed by futurists Curry and Hodgeson (2009). It will use the ideas of agitators, orchestrators and innovators to hold conversations about hope.

Mindfulness As An Embodied Relational Resource In Couple And Family Therapy
Edgardo Morales - Puerto Rico
We will examine how mindfulness, understood as present centered embodied relational presence, can be used by psychotherapists in couple and family therapy to expand their creativeness and sensitivity and help create an accepting, playful and open interactive space that can engender life affirming possibilities in the lives of its participants.

Spiritual And Existential Literacy In Family Therapy Practice
Åse Holmberg - Norway
What is needed for family therapists to develop spiritual and existential literacy in their practice? This workshop presents a theory with seven perspectives based on a PhD constructivist Grounded Theory study with 12 clients and fifteen systemic family therapists in Norway. A tool for practice, education, supervision and further research.

These presentations have been CE approved.
Social Construction Of Mate Preferences In Young Indian Adults

@ Sarayu Chandrashekar - India
Malavi Madhusudan - India

Many Indian families consider marriage to be a definitive life cycle stage. In this paper, the authors propose an assessment model (MAIME) for clinicians to help their Indian clients deconstruct their culturally-shaped mate preferences, as not having these expectations met can result in significant relationship distress.

An Attachment Model To Understand Family Dynamics: A Case Study Of An Adopted Child

@ Sylvia Martinez - Puerto Rico

The impact of abandonment during early childhood in the development of the human being and the possibilities of transformation through adoption will be discussed. Research has evidenced the importance of attachment in human relationships. Researchers and theorist have developed models to understand the impact of attachment in development.

Emotional And Social Benefits For Mothers And Children: Play Therapy And A Second Language

Chiemi Chiba - Japan
Stacy Clause - USA

We discuss a mother and infant support program, and present a case study from both Japanese and American researcher vantage points, examining the "norms" of language, interaction and the social benefits of early second language input. We explain the use of interactive toys that set the stage for practicing social skills and exchanges.

17:45-18:30 Workshops (45 min.) and Consecutive Brief Section (20 min.)

The Story of Systemic Education in Kenya: An Ongoing Saga

Anne Wambugu - Kenya
Evangelie Wills Thiessen - Canada
Amos Alumada Keya - Kenya

In 2003, a collaboration between two visionary women and their respective institutions, PAC University in Kenya and TWU-ACTS in Canada, birthed the first systemic psychotherapy education programme in Kenya. From a BA, to a MAMFT and recently a PhD; come hear about the intercultural process, programme implementation and therapeutic impact.

Family Based Practices and the (Un)holy Trinity of the Medical Model, RCTs and New Public Management

@ Rolf Sundet - Norway

Practices within collaborative relationships with families who have not been helped by prior treatment opened up manners of acting and thinking in response to the constraint given by governmental guidelines and injunctions. A new liturgy within mental health was identified. The workshop will present and discuss implications of this.

Multiple Layers Of The Trainee Therapist A Reflective Experiential Process Utilizing Graces & Genograms

Roy Farquharson - United Kingdom
Sam Petrie - United Kingdom

As part of the MSc in Systemic Family Therapy in Scotland trainees are given the task to create a multi-layered genogram developed over the academic year. This workshop will share this innovative reflective experiential process, outlining the theory and application, sharing trainees learning and experience in an interactive format.

Trans-Inclusive Narrative Couple’s Therapy

@ Josh Boe - USA

Worldwide, lesbian, gay, and bisexual inclusive therapy practices have become more pronounced. Few family therapists receive training focused on the needs of transgender individuals and families. This presentation aims to provide a global perspective related to transgender issues and offer a critically informed, narrative framework when working with transgender couples.

The Complexity of Listening in Family Therapy Practice

@ Peter Rober - Belgium

By no means listening is obvious, especially in family therapy practice. By definition a family therapy session in a multi-actor dialogue and the therapist needs his/her whole body (ears, eyes and heart) to be present with the family members and to hear their stories.

Usefulness And Limitations of Family Therapy in Working with High Conflict / IPV Cases

Chung-ming Chan - Hong Kong

Based on the clinical work with a couple, this lecture presents the complexity of high conflict couple or intimate partner violence (IPV) cases and the challenge to mental health professionals as well as family therapists.

From Hierarchical Model to Growth Model

@ Nesteren Gazioglu - Turkey

Growing up in a hierarchical world sometimes leads people towards a hierarchical expectation in therapy as well. The family members or sometimes even the family therapist might get stuck in hierarchy. In this workshop, the participants will experience how hierarchical and growth model differ from each other in family therapy.

Change In Work Functioning From Pre- To Post-Treatment In Feedback-Informed Cft In Norway

@ Rune Zahl-Olsen - Norway

A presentation of change in work functioning from pre- to post-treatment in feedback-informed CFT. Measures on depression, couple distress and family functioning and improvement on these measures were used to predict work functioning at pre and post-treatment. The findings support and challenge the systemic theory. Clinical implications discussed.

Relationships Impact The Establishment and Maintenance of Breastfeeding

Andreja Poljanec - Slovenia

The process of breastfeeding establishment and maintenance is influenced by various factors, including psychological factors. We were interested in how relationship mother – grandmother/life partner/health professionals impact the establishment and maintenance of breastfeeding, as well as how they influence the emotional serenity of the mother at breastfeeding.

Family Reconstruction As An Experiential Learning Tool For Family Therapists

Simon Bloomfield - Sweden
Cecilia Örnemark - Sweden

Family reconstruction is a three-generational intervention to reconnect with one’s family roots and to widen understanding of present relations formed by family stories. It gives opportunities to learn from the past and make for new choices. In Sweden it is a mandatory experience in qualifying as a family therapist.

A Case Study Of Extreme Self-Harming, The Blurred Line Of Psychosis Or Psychopathology

@ Barry Viljoen - South Africa

This case study attempts to highlight the manifestation of the double bind, presenting itself within the psychiatric setting. Taking place during the process of differentiation from the family of origin.
Faith Positive Therapy: Comparisons of Implicit and Explicit Faith Interventions

Room 8

Relational/Individual Measures in Spanish, French and Chinese: Translation Quality and Availability

Room 8

Family-of-Origin Functioning, Couple Relationship Quality, Differentiation and Anxiety

Room 7

Relational/Individual Measures in Spanish, French and Chinese: Translation Quality and Availability

Room 8

Faith Positive Therapy: Comparisons of Implicit and Explicit Faith Interventions

Room 8

Man’s Best Friend and Therapist? Using Animals in Couple Therapy to Heal Attachment Wounds

Room 5

Optimizing Supervision through Innovative Technologies

Room 3/4

Constellation Exercises For Supervision: Bringing Somatic Intelligence To Reflective Practice

Crombie A Suite

Conquering Client Feedback Jitters: Build A Bridge And Get Over It!

Room 1

Self-Harm In Adolescence: A Systemic-Attachment Perspective

Room 2

Strengthening the Self of the Therapist in Times of Distress & Despair : The Satir Transformational Systemic Therapy

Room 3/4

EFT - Couple Therapy and Trauma: Stage 2 and 3 in Treatment

Room 10

Building Integrated Teams To Address Mental And Behavioral Health Needs In Rural Primary Care

Room 7

Relationally-Focused Addiction Treatment: Creating a Group Process

Room 9

These presentations have been CE approved
Lecture: Can The Disparate Collection Of Systemic Psychotherapies Be United In Common Cause?  
Richard Mc Kenny - United Kingdom  
Disparate systemic psychotherapy models have come to be understood as connected together historically, via an evolutionary metaphor, with underlying theoretical assumptions and common mechanisms of change denied. I propose a new paradigm that challenges this view. Some consequences for theory, practice and research will be introduced.

LGBTQ+ Individuals and Spirituality  
Faith Wobin Jung - USA  
In this workshop, the presenter will discuss negotiating the intersection of sexual and religious identities, religious traumas that LGBTQ+ individuals face in religious environments, LGBTQ+ individuals’ sexual identity development in a heteronormative religious environment and clinical implications as to how to honor religious LGBTQ+ individuals’ stories in practice.

Integrative Services; an International Perspective  
Katheryn Whitaker - Cayman Islands  
Nadeem Shuttu - USA  
Vivian Cooper - USA  
Susan Mary Benbow - United Kingdom  
Zeynal Saat - England  
Understanding the collaborative efforts of our international colleagues globally assists the therapeutic community in many ways. This understanding helps to bring awareness to community therapists, incorporating a local culture perspective. From entering into therapy to medical and community referrals, including rehabilitation services are significant aspects of whole person treatment.

Creating Reality Through Language: Paul Watzlawick & the MRI Brief Therapy Team  
Wendel Ray - USA  
Theresa Dronet - USA  
Paul Watzlawick, and MRI Brief Therapy Center colleagues Dick Fisch and John Weakland, made influential contributions to the interactional view of human behavior and creation of brief therapy. Using rare video and audio recordings Watzlawick’s contributions the pragmatics of human behavior, interactional/realistic constructivist theory, and brief therapy will be presented.

Family Therapy and an Adult with Asperger Syndrome  
Joyce Lai Chong Ma - Hong Kong  
Lily Xia - Hong Kong  
Joanne Chi Yan Wong - Hong Kong
This presentation would share our clinical experience in helping a Chinese family of a father with HFA in Hong Kong, who was depressed, became withdrawn and disconnected from his wife and the two children after a bankruptcy resulted from high-risk stock trading.

Creative Approaches to Difficult Situations: Speed Dating Style  
Robert McKinney - USA  
Elizabeth Bennett - USA  
Dana Coggs - USA  
Evillyn Sandoval - USA  
Rupjoy Singh - USA  
Sathi Sivananthan - USA  
McKenzie Paulson - USA  
Hannah Wiser - USA  
Rejuvenate your practice using creative techniques when working with difficult cases. This presentation involves a brief informative theoretically grounding PowerPoint followed by rotations in speed-dating format through difficult cases during which small groups conceptualize and develop creative interventions to fit each case using materials provided. Fun! and immediately applicable.

Contemplative End-of-Life Care: New Possibilities for Systemic-based MFTs  
Evangelina Willms Thiessen - Canada  
Anne Wambugu - Kenya  
The World Health Organization (1990) called for palliative/end-of-life care to be included in every country’s health services. From an MFT certified “Thanadeathdoula” perspective, a systemic, culturally sensitive approach for the dying and their families will be presented. Conversations will explore new possibilities for MFTs in a multidisciplinary care team.

A Systemic Perspective Of Clinical Practice With Entrepreneurs And Their Families  
Catherine Egenes - USA  
Lorien Jordan - USA  
Entrepreneurs experience major barriers to success, placing them at risk for mental, social, and emotional stress. This lecture presents central topics on the wellbeing of entrepreneurs and their families through case studies, research, personal and clinical experiences to assist therapists in developing the language and knowledge to work with entrepreneurs.

First, Second And Higher Order Marriages. Population, Distribution, And Divorce. A Prospective Study  
Rune Zahl-Olsen - Norway  
A presentation of a prospective cohort study with yearly follow up of all two sex marriages in Norway from 1981 until 2013 (N=774 725). An in-depth analysis of population, distribution, and divorce in four different constellations of first, second and higher order marriages.

Helping American Working Families Cope with Adversity Through Class-Aware Therapy  
Karen Mackie - USA  
Patricia Goodspeed Grant - USA  
We employ clinical case material to illustrate and organize our discussion of how social class dynamics constrain opportunities for successful coping in the presence of unanticipated losses and economic stressors in US families today. Class-related strengths that family therapists can encourage to support family and community resiliency are also identified.

Making it Home: An Exploration of the lived experience of Third Culture Kids  
Jacqueline Mack-Harris - USA  
Robin Felix - USA  
A discussion about what it is like to be a Third Culture Kid (TCK) and what psychotherapists can do to treat the distressed TCK. TCK is the name given to one who *has spent a significant part of his or her developmental years outside of the culture of the parents.

Effects of Trauma and Life Adversities on Latinx Immigrants’ Family Functioning  
Daniel Cooper - USA  
The purpose of this study was to test the effects of life adversities and trauma on family functioning among Latinx immigrants in the US. Results revealed a significant negative association between exposure to adversities and family functioning. Implications for clinical assessment and treatment of trauma will be discussed.
People living with dementia (PwD) live in a web of family and other relationships. Care plans rarely address relational support. A qualitative study, involving interviews with PwD, family members, and caregivers, concluded that family counseling/therapy has a potentially vital role to play in the care of PwD. This presentation will focus on viewing each person in the context of his or her cultural background, social class, gender and sexual orientation, family history, life cycle trajectory, and multiple identities in terms of interests, affiliations, and values.

A naturalistic observation conducted of episodes and change moments in diverse couple’s therapies, aimed at discovering the episodes and change moments in relationship during sessions of couple’s therapies. The study methodology considered the structure and sequence of Consensual Qualitative Research. This presentation will explore the science of star constellation and how to help clients navigate social exceptions with a life partner. It’s easier to find the north star than a match. People are consumed with swiping right or left on dating apps. Attempting to match their social exceptions with a life partner. It’s easier to find the north star than a match. This presentation will explore the science of star constellation and how to help clients navigate in finding the one.

The objective of this study is to implement a Video Feedback (VF) intervention to enhance Parental Reflective Function in primary caregivers of inpatient psychiatric children. The study methodology considered the structure and sequence of Consensual Qualitative Research. This study explored the role of companion animals in the family’s emotional system through the lens of Bowen Family Systems Theory. This study explored the role of companion animals in the family’s emotional system through the lens of Bowen Family Systems Theory. This research looks at the relationship between fathers and their Autism Spectrum Disorder diagnosed child(ren). Available research currently focuses on the whole family, or mothers alone. This qualitative, phenomenological study is a step toward filling the gap in research.

This poster describes a systemic consultation based service for front line staff in a 0-19 years early help child and family service in the United Kingdom. The model of practice is shared with reflections and evaluation of the initial six months of implementation. This poster describes a systemic consultation based service for front line staff in a 0-19 years early help child and family service in the United Kingdom. The model of practice is shared with reflections and evaluation of the initial six months of implementation.

This study explores how Cambodian and Laotian immigrants in the Gulf Coast of Alabama prepare for disasters more arduous for these people. Using qualitative methods, this study explores how Cambodian and Laotian immigrants in the Gulf Coast of Alabama perceive and prepare for impending environmental challenges. Findings and possible interventions are discussed.

Previously reported Cambodian trafficking statistics have been questioned due to lack of empirical evidence. This study, a survey of randomly selected national sample of Cambodian adults, examines personal and filial reports of trafficking. Availability and accessibility of mental health resources in areas where trafficking has occurred is also presented.
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These presentations have been CE approved.
An Ambivalent Compassion: Are Commuter Therapists In Crisis?
Asmaa Atoaiba - USA

Commuting for work is a contemporary challenge in different professions. In recent years, there has been a growing number of therapists who have begun to commute long distance to reach out marginalized clients, with all the success being evident; yet commuters do experience unique challenges.

Where’s God in Your Genogram?
Sarah Causey - USA
Daniel Stilwell - USA

Genograms are a classic and powerful tool in the family therapist’s toolbox. Using a case to illustrate, this poster will demonstrate how depicting God, bodies of faith, sacred values, and meaning-making processes on a genogram allows the client to grow through deep interpersonal and intergenerational issues.

Supporting Families with Children Experiencing Grief and Loss
Hannah Brinser - USA

Grief experienced during youth is associated with familial, social, and mental health difficulties. Mental health professionals have an opportunity to be a source of knowledge for families. Effects of loss on the family system, protective and risk factors, interventions and techniques, types of loss, and social support will be discussed.

Gay Male Couples: The Counseling Experience, Mandates, and Professional Implications
Brennan Champagne - USA

This poster presentation adopts a conceptual approach, through published, peer-reviewed literature to help attendees understand the experience of gay male couples in counseling, our mandates as counselors, and professional implications. Ultimately, this poster proposes a phenomenological study to better understand the counseling experiences of this population.

Supporting Families: Children Who Have Experienced Neglect
Nikki Durstling - Canada

Neglect is proven to be the most prevalent form of child maltreatment. Children can experience abnormalities in the structure of the brain, altered stress response systems, abnormal physical development, as well as cognitive and executive functioning delays. Effects on the developing brain, protective factors, recognition, and interventions will be discussed.

Attachment and Trauma-Focused Integrative Therapy for Clinicians Working with Adoptive and Foster Families
Sarah Swanson - USA

This presentation outlines an integrative model of assisting adoptive and foster families to form secure-attachments with children from trauma. Focusing on a unique blend of trauma informed therapies, clinicians will be provided with methods for empowering caregivers to create meaningful parent-child relationships based on a secure bond and trauma-based psychoeducation.

"Stop Making Sense" Report From A Randomized Text Design Study
Rolf Sundet - Norway

An experimental attempt at contesting an epistemological position is presented. By not trying to ascribe new meaning to utterings, nor providing space for the marginalized, we have systematically destroyed meaning in a text. Using a randomized text design, we have provided space for non-meaning within the mental health discourse.

Workshop: Hypothesising-Circularity-Neutrality: A Polysemous Reading Of A Classic Paper
Richard Mc Kenny - United Kingdom
Raphael Cadenhead - United Kingdom

Accounts of the development of the Milan team’s ideas emphasise their early psychiatric and psychodynamic trainings, their later work a counterpoint to these influences. We propose that Selvini Palazzoli’s Catholic faith is central to her therapeutic innovations, and essential to understanding the Milan model within a ‘paradigm of gifts’.

Family Therapy Evolution in Four National Contexts: Our Past, Present and Hopes for Future (Part 1)
Tatiana Glebova - USA
Monica McGoldrick - USA
Aniko Pogany - Hungary
Emoke Tarjan - Hungary

We will explore family therapy evolution in Hungary, Russia, Turkey and the USA, looking at where we have come from, where we are now and where we hope to go in the future. We will use Gaudí’s artistic work as an illustration of and inspiration for principles of our profession. Other contributing presenters include: Fatma Arici-Sahin and Ibrahim Keklik.

Keep the Experience First: Bridging the Gap between Spirituality & Emotion Focused Therapy
Michelle Engblom-Deglmann - USA

Given the highly relational and often spiritual nature of Emotionally Focused Therapy, removing the spiritual-self of therapists of faith from therapy is often impossible, and should instead be integrated in a thoughtful and intentional way. This presentation, through an experiential process, will examine how this can be accomplished.

Family Therapist Augmented Program For Physicians In Training
Barbara Hernandez - USA
Edward Tagge - USA

This presentation describes an 8-year program of family therapy augmented education for medical students, residents and physicians in a medical arts university. An overview of successful programs and initiatives will be described as well as steps family therapists can take to create a similar role in local clinics and hospitals.

Integrating Matters of Faith in the Practice of Family Therapy
Jake Johnson - USA

Domestic violence is an international health crisis, causing trauma and pain worldwide. Factors that contribute to family violence include social norms and laws, as well as relational modes like anger, control, and entitlement. This workshop will discuss how therapists can identify and address these factors in treatment.

Global and Relational Factors That Contribute to Domestic Violence
Jason Whiting - USA

Domestic violence is an international health crisis, causing trauma and pain worldwide. Factors that contribute to family violence include social norms and laws, as well as relational modes like anger, control, and entitlement. This workshop will discuss how therapists can identify and address these factors in treatment.

Family Therapy, The Crucial Component in Recovery From Dual Disorders
Constant Mouton - Netherlands

When treating dual disorders (addiction plus another mental illness), early family involvement has been found to improve entry into treatment rates and several other outcomes. The presentation describes the importance of integrating Family Therapy focused on increasing family resilience, into an existing evidence-based treatment model for addiction in the Netherlands.
### Jazzing with the 'Mirrors of Possibility': Co-Creating Magic Moments in Couple Therapy

**Room 10**

@ Peter Robinson - United Kingdom
Tracey Jane Johnston - United Kingdom

The workshop presents the 'Mirrors of Possibility' metaphor, a recently developed relationally reflexive, multi-faceted method for 'playfully jazzing' with systemic issues in couple therapy. The method facilitates re-positioning and the collaborative construction of multiple possibilities, rich descriptions of difference, and the emergence of transformative experiences.

### A Family Therapy Intervention For Couples After Prostate Cancer Surgery

**Room 7**

@ Liz Forbat - United Kingdom

This paper will describe a clinical manual to guide systemic therapy for couples affected by prostate cancer. The paper also reports data from a randomised control trial and feasibility/acceptability data testing the new model.

### Findings Of An Auditory Hallucination Simulation On Families Of Voice Hearers

**Room 7**

@ Martha Mason - USA

Shared are findings from a study which explored the use of a simulated auditory hallucination experience as an effective psychoeducational method to increase family support during client treatment for Schizophrenia. It addresses how important family support is to treatment, and how we can better engage families in treatment efforts.

### Fair Practice: Gender And Tribe Discrimination In The Medical Practice

**Room 8**

Asmaa Alotaiby - USA

Do women face difficulties and lack of support in the workplace compared to men, are they perceived less competent, or less motivated in medical practices. Despite of the significant number of women in medical practices, it is still male dominant and higher positions are lead by men.

### Improvisational Theatre And Family Therapy: Practice And Possibilities

**Room 8**

@ Matthew Selman - United Kingdom

This presentation explores the use of improvisational theatre training exercises in therapeutic work with couples and families. The rationale is described along with current practice and example of exercises.

### Socio-culturally Attuned Family Therapy

**Crombie A Suite**

@ Teresa McDowell - USA
Carmen Knudson-Martin - USA

Presenters share core principles for Socio-culturally Attuned Family Therapy. They explain how this approach can be applied across family therapy models to promote relational equity. They highlight the importance of connecting societal systems and power dynamics and offer a trans-theoretical framework for encouraging transformational, 3rd order change.

### Family Therapy Evolution in Four National Contexts: Our Past, Present and Hopes for Future II

**Crombie B Suite**

@ Tatiana Grebova - USA
Monica McGoldrick - USA
Aniko Pogany - Hungary
Emoke Tarjan - Hungary

We will explore family therapy evolution in Hungary, Russia, Turkey and the USA, looking at where we have come from, where we are now and where we hope to go in the future. We will use Gaudi’s artistic work as an illustration of and inspiration for principles of our profession.

### Power Dynamics In Therapeutic Relationships: Lessons Learned From Immigrant Therapists

**Room 1**

@ Alba Nino - USA

As people, we have different social locations (race, gender, etc.) Consequently, we have experiences of privilege and/or oppression. These affect the power dynamics in therapeutic relationships. We will learn from immigrant therapists’ testimonies how these dynamics manifest clinically, how obstacles can be handled, and how to use our power wisely.

### The Role of Systemic Oppression on Family Dynamics and Therapy

**Room 2**

@ LaVonya Bennett - USA
Kim Stewart - USA

Psychological literature has begun to explore the role of identity-based discrimination and systemic oppression on psychological well-being. However, the implications for this burgeoning research remains underdeveloped in its practical applications in family therapy. This presentation conceptualizes the role of insidious trauma (identity-based trauma) for marginalized communities within family therapy.

### Integrating EMDR and the Metaframeworks perspective to Heal Psychological Trauma in Couples

**Room 3/4**

@ Diana Mille - USA
Anibal Torres Bernal - USA

This presentation provides an innovative and in-depth look into the integration of Eye Movement Desensitization and Reprocessing (EMDR) and a seldom considered and carefully crafted family systems modality, namely the Metaframeworks Perspective, to heal trauma in a systems paradigm.

### Positioning Change - Changing Position

**Room 5**

@ Simon Burton - United Kingdom
Benedicte Schilling - United Kingdom

Without awareness of ourselves as tools for creating change, we can become an obstacle to any change to take place. It is so easy to get stuck and stay stuck. The ability to change our position and maintain good therapeutic relationships can make all the difference.

### Use of Self; Satir Transformational Systemic Therapy

**Room 9**

@ Linda Jane Lucas - USA

Satir Transformational Systemic Therapy Model (STST) uniquely encompasses the intrapersonic and interactive components of therapy. STST therapists practice therapeutic levels of competence, confidence, and congruence. Use of Self of the therapist involves trusting intuition to guide the therapeutic process, recognizing and resolving triggers within the therapist.

### My Faith Matters!

**Room 10**

@ Angela Cherubin - USA

We have been taught to keep faith and spiritual beliefs out of the therapy room. When a client brings up their faith I feel crippled and unable to relate, even though I might resonate with them. How do we include spirituality and faith in the therapy room?

### Individual, Relational and Familial Factors in Change Over Time of Newlyweds’ Adjustment Genealogy and Identity in the Central American and Caribbean Diaspora

**Room 7**

@ Nilufar Kafescioglu - Turkey

This presentation is about a longitudinal study with 252 newlywed couples conducted to understand the associations between their individual, relational, familial factors, and changes in dyadic adjustment over time. The presentation will include discussion of how newlyweds' marital adjustment changes and clinical implications that can be concluded from the findings.

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These presentations have been CE approved.
### invisible wounds: attachment injury as crucible for attachment related issues in couples

**Presenter:** Nikita Oberoi - India  
Qualitative data collected from married individuals dealing with attachment injuries was analysed so as to capture the lived experience of these phenomenon. With a secure attachment bond being the foundation of a healthy marriage and over-all well-being, the need to pay keen attention to attachment-related issues will be expounded.

### Co-creating fifth provinces or islands of support in these times of social crises

**Presenter:** Imelda McCarthy - Ireland  
We are at a time of social, financial and ecological mis-alignment at this point in our experiences of living on our planet. From her own experience, Imelda, over the years, has come to appreciate and know the importance of solidarity and communities of support (Fifth Provinces) professionally and personally. When we were building the field of family therapy this was true and it is more so called for at this time of contraction (of money services, treatmnet possibilities, etc.) and rising inequalities. She will also talk about the importance of systemic reflexivity in coming to know, who we choose to be and what we stand for together with the consequences of our (inter-)actions for our own and our client’s contexts and ecologies. She will also suggest that meditation practices can play a big role in helping us to achieve equanimity in our lives and work.

### Pathfinders – the open path method - collaborative therapy

**Presenter:** Reinhold Schäfer - Denmark  
We come from different parts of the globe having met in Helsinki on Open Dialogue context? What strategies are uniquely indigenous? These and related topics will be explored in this presentation.

**Presenter:** Catherine Thorley - United Kingdom  
“The workshop presents the Open Path Method developed with youngsters (age 15 - 25, psychological vulnerabilities or drug abuse); 1. Subject guided group sessions 2. In-session-collaboration between client, social worker and external consultants by using reflection loops 3. Stepped care setup: social work - therapy Workshop includes reflective participant’s involvement”

### Breakthru approach - turning obstacles into opportunities for teenagers and young adults who learn differently

**Presenter:** Phoebe Long - Malaysia  
This paper offers a practical framework to handle stress and support children and teenagers who “learn differently” using the Breakthru Approach. It is a dynamic collaborative process between parents and individuals who learn differently to unlock the innate ability, turning obstacles into opportunities and enhance the potential for learning.

### Film Festival Scholarship Fund Raiser

**Presenter:** Wendel Ray - USA  
A film festival A “live” look at the birth of Systemic Family Therapy: A festival featuring “live” examples taken directly from the Don D. Jackson Archive Collections  
**Presenter:** Theresa Dronet - USA  
**Cost:** Professionals, $10 ------- Students, $2

### Film Festival

Fleming Auditorium

**Presenter:** Deborah Watson - USA  
The genogram has extended well beyond its origins as a family evaluation tool. As an assessment and intervention it continues to be broadened and expanded. In this interactive workshop participants will learn about the multitude of uses of genograms as an assessment and intervention in different models and contexts.

**Presenter:** Ashley Cosentino - USA  
**Presenter:** Lauren McKenna - USA

**Workshops (45 min.)**

- **Engaging Families in Child Trauma Treatment**  
  **Presenter:** Susan McConnaughy - USA  
  Widely-used, evidence-based child trauma treatment models view the possibilities of engaging parents and families in the child’s recovery in very different ways. Family therapists can draw from these models a variety of useful evidence-based treatment strategies parents and families can use to help their children recover from trauma.

- **Pathfinders – the Open Path Method - Collaborative Therapy**  
  **Presenter:** Reinhold Schäfer - Denmark  
  “The workshop presents the Open Path Method developed with youngsters (age 15 - 25, psychological vulnerabilities or drug abuse); 1. Subject guided group sessions 2. In-session-collaboration between client, social worker and external consultants by using reflection loops 3. Stepped care setup: social work - therapy Workshop includes reflective participant’s involvement”

- **The Ethos and Ethics of Global Family Therapy**  
  **Presenter:** John Miller - China  
  Western originating family therapy has become increasingly popular in Asian contexts. International scholars are discussing the intricacies of exporting complex clinical models to Eastern cultures. What parts can be meaningfully transplanted to another cultural context? What strategies are uniquely indigenous? These and related topics will be explored in this presentation.

- **Open Dialogue in Context**  
  **Presenter:** Nobuhiko Asa - Japan  
  We come from different parts of the globe having met in Helsinki on Open Dialogue training. We aim to give you a flavor of what Open Dialogue is and its application in different contexts. We will also discuss how it has affected us both personally and professionally.

- **STAA Assessment: Sex Therapy with African Americans**  
  **Presenter:** Sarayu Chandrashekar - India  
  **Presenter:** Anike Adekoya - USA  
  **Presenter:** Malavi Madhusudan - India  
  The authors propose a treatment/assessment model that combines narrative therapy, timeline techniques and adapted themes from the Intersystems approach to help MFTs better collaborate with African American couples presenting with sexual concerns in therapy. This model can be adapted for use with clients of the African diaspora worldwide.

- **Clinical Work with Couples Experiencing IPV: Finland, Great Britain, and U.S.**  
  **Presenter:** Sandra Stih - USA  
  **Presenter:** Juha Holma - Finland  
  **Presenter:** Juha Metelinen - Finland  
  In this workshop, we discuss how research from Great Britain, Finland and the U.S. has influenced our work with couples who have experienced partner violence. We highlight the importance of creating safety, building on strengths, and encouraging dialogue among couples. We emphasize the value of international learning and research.
Practicing Evidence Based Treatment In Evidence Based Ways Room 8
@ Thomas Sexton - USA
Systematically monitoring the process and outcomes of treatment become one of most important emerging areas of research and development in Family Therapy. Measurement-feedback systems provide an opportunity to significantly improve the translation of good practices into community settings, improve outcomes and move the field forward.

09:30-10:15 Workshops (45 min.)

The Therapeutic Use Of Digital Arts To Decrease Mental Health Problems Among Latino Youth Crombie A Suite
@ Ana Jimenez - USA
This study examined the nature of a community-based therapeutic arts program in California that utilized Digital Arts to decrease mental health problems of low income Latino Youth. The study aimed to uncover the benefits of this innovative approach and discuss the main themes identified by the participants in this study.

Global Collaborations in Family Therapy Training Crombie B Suite
@ William Boylin - USA
Cross cultural collaboration has become easier as the ability to reach across the globe and connect via technology has improved. Various strategies utilized to develop culturally competent and socially just training opportunities across three training programs in Kenya, Canada and the USA will be discussed.

Clinical Supervision from a Carl Whitaker Perspective: A Supervisor-Supervisee Dialogue Room 1
@ William Boylin - USA
Carl Whitaker’s Symbolic Experiential Family Therapy was a unique contribution to systemically-focused psychotherapy. The presenters, as university faculty, will identify, illustrate and appraise Whitaker’s contribution and its contemporary relevance for clinical supervision. Discussion will include Whitaker’s concepts such as the person-of-the-therapist, the use of creativity and the absurd, and existentialism.

Investigating Systems of Power in Clinical Work: Avoiding Complicity and Lessening Domination Room 2
@ William Hiebert - USA
In this workshop, participants will use a U.S. based sample to understand how parents of children affected by mental illness conceptualize the diseases in their own and family lives, understand how these parents experience ambivalent loss, and construct and enact hope in their own, their families’, and their communities live.

Understanding Functional Neurological Symptom-Disorder From an Integrative Interactional Approach: A Case Study Room 3/4
@ Linda Denniss - New Zealand
A case study will be presented that highlights these limitations and demonstrates how the application of the integrative interactional approach provides new opportunities for therapeutic healing.

Accreditation Process for Marriage and Family Therapy Training Programs Room 5
@ William Hiebert - USA
Members of the International Accreditation Commission for Systemic Therapy Education (IACSTE) will provide information for programs desiring accreditation as well as answer questions from programs already accredited.

Assessing Marital Viability: The True Love Question Room 9
@ Russell Brethauer - USA
This workshop presents model of assessing marital viability based upon the premise that bilateral true love is the key experience in enduring, healthy marriages.

Ambiguous Loss & Families Affected by Mental Illness Room 10
@ Anna Bohlinger - USA
In this workshop, participants will use a U.S. based sample to understand how parents of children affected by mental illness conceptualize the diseases in their own and family lives, understand how these parents experience ambivalent loss, and construct and enact hope in their own, their families’, and their communities live.

Scale Development in the Area of Couple Therapy: The Case of Attachment Injuries Room 8
@ Nikita Oberoi - India
This presentation looks at the issues involved in developing a scale to assess the construct of attachment injuries, in a collectivist society. The need for such a scale, the steps involved, and preliminary findings from the first phase of the study will be discussed.

10:15-10:45 Refreshment Break

10:45-11:30 Workshops (45 min.)

Aging and Mental Health in America: A Study of Brief CBT with Older Adults Crombie A Suite
@ Kimberly Stewart - USA
A patient-randomized clinical trial was conducted at two VA Medical Centers to evaluate the effectiveness and implementation potential of an integrated brief cognitive behavioral therapy in primary care settings. This presentation examines the feasibility of using CBT among older adults and discusses implications for families of aging individuals.

Families and Addictions: Forgiveness as a Powerful Clinical Tool Crombie B Suite
@ Camino Gazzambe Richard - USA
Addictions are complex behaviors that have a profound impact on the individual, family, and society. Forgiveness can transform negative emotions for oneself or others to achieve or sustain recovery. The purpose of the workshop is to offer the clinical underpinnings that can facilitate the implementation of forgiveness in practice.

On the Nature of Difference and Inequality in Therapeutic Practice Room 1
@ Malcolm Robinson - Australia
Malcolm Robinson - Australia
Inequality is one of the major 21st century challenges, manifest in the unequal relationship between the ‘citizen-consumer-client’ and the institutions of the state as they appear in therapeutic practice. BowerNote is a family-systemic protocol for conceptualizing and managing political, problem and psychological inequality in that process.

Change-Focused Therapy (CFT) of Depression & The Concept Of De-Contracting the Contract with Depression Room 2
@ Noga Nabarro (Rubinstein) - Israel
Persistent moderate depression, is definitely a baffuling problems in systemic therapy. Even long term psychiatric drugs treatments fail to terminate them. The presenter will demonstrate her concept of The Contract with Depression and unfold in video the process and CFT techniques of intervening to De-Contract the contract in Family Therapy.

These presentations have been CE approved
**Promoting International Immersion in Marriage and Family Therapy Programs Around the World**

**Room 7**

Presenters will share their experiences conducting international courses as faculty members involved in pre-departure, immersion, and post-travel stages. The presentations will involve developing, conducting, and delivering an international course, and the preparation involved in pre-departure, immersion, and post-travel stages.

**Blinded by Privilege: A Critique on the Multicultural Application of The Satir Model**

**Room 9**

Presenters will share their experiences conducting international courses as faculty members with an international immersion component with MFT students from U.S. universities. Using an ecological framework, participants will learn the main components of social justice within a Satir Model framework.

**Antisocial Personality Disorder: An Interactional Approach**

**Room 10**

The interactional approach assumes that how individuals interact determines the nature and quality of their mental health. Antisocial personality disorder is associated with challenging, rigid, and often harmful patterns of interactions. Therefore, clinical consideration is given to this disorder as well as the treatment considerations from an interactional approach.

**The Use Of Sound Healing To Enhance Family Cohesion**

**Crombie A Suite**

The present qualitative study examined the nature and benefits of Sound Healing at a community-based family wellness program as a therapeutic intervention among youth with special needs and their parents.

**Co-Creating Fifth Provinces with Imelda McCarthy**

**Crombie B Suite**

Following from her keynote address, Imelda will lead a meditation exercise showing how to open ourselves to our basic interconnected Being as an important resource in building Fifth Provinces (communities of support and sanity) in our lives and work.

**How Many?! Working with Polyamorous Client Systems**

**Room 1**

The family unit is changing. More and more couple and family systems are opening their boundaries to include other committed partners. This workshop will discuss various polyamorous systems and how systemic therapists are uniquely suited to work with them. Specific poly-friendly interventions and culturally sensitive strategies will be discussed.

**Different Brain – Same Yearnings**

**Room 2**

With the evolution of therapy, the greatest gift we can offer our clients is change...change in how we facilitate therapy. This workshop will focus on children and families who are impacted by Fetal Alcohol Spectrum Disorder and Autism, and will offer distinctive therapeutic strategies that accommodates unique brain functioning.

**Rituals Of Cleansing And Repossession: An Africentric Approach To Treatment Of Moral Injury**

**Room 3/4**

This paper discusses the types of rituals of cleansing and repossessoin available in African cultural traditions for treating the moral injury of returnee child soldiers in contemporary Africa.

**Family Therapy as a Politics of Practice**

**Room 5**

The paper situates family therapy in the contemporary politics of evidence-based practice. It explores how family therapists can best preserve the uniqueness, spontaneity and creativity of the therapeutic encounter. Dialogic and interactional exercises will invite participants to contribute their own thoughts about family therapy as a politics of practice.

**Solution Focused Brief Therapy: The Art of Useful Responses**

**Room 9**

The Solution Focused Approach should be understood as an eloquent dance between the client responses and the professionals questions. This means, the professionals responsibility is to ask questions that are likely to produce client responses that lead towards change.
Understanding Teen Eating Disorders: Meeting New Demands for Multifaceted Family Interventions

@ Cris Haltom - USA

In the world of complex eating disorders in adolescents, treatment providers are asked to use multifaceted treatment approaches with an emphasis on family support and family interventions. This presentation uses case stories to bring to life factors that inform choosing and using leading evidence-based family treatments for eating disorders.

First-Generation Indian-American Undergraduates’ Grief after Death of Grandparent(s) in India

Ramya Avadhanam - USA

Components during the bereavement process such as loss of expectations, traditions, and culture (Price, 2011) may contribute to mental health challenges for the South Asian population and are often overlooked (Tummala-Narra, 2013). This presentation will include dialogue regarding results from a proposed study presented at IFTA 2016 in Malaga, Spain.

Cross Over Therapy For Siblings Incest

@ Martine Nisse - France
@ Samuel Rassinon - France

Siblings Incest is a common form of incest. For minor’s safety rights and safety context we recommend to create a multi focal setting with two separate family therapy spaces, until it will be possible to invite entire family. Steps of Cross Over Therapy inspired by systemanalytical approaches will be explained.

Sensate Focus With Same-Sex Couples

@ Natasha Finney - USA

Presenters will provide a historical overview of the sensate focus intervention. Presenters will introduce an adaptation of the intervention for the treatment of same sex couples experiencing sexual issues. Presenters will provide a case application highlighting the utilization of sensate focus with a lesbian couple experiencing sexual issues.

Improving The Situation For Children By Strengthening The Quality Of Parents Couple Relationships. Collaboration Between Family Counseling Services And Child Health Centers Provides A Strengthened And Earlier Offer To Parents With Young Children

Marianne Bie - Norway

A pilot project in Norway from 2015-2019 has tried out various forms of cooperation between Family counseling services and Child health centers to improve secure bases for children. The trial shows very positive results.

Going global: Training sensitive Systemic Therapists in an interconnected world

@ Deisy Amorin-Woods - Australia

This presentation addresses the pressing need to respect cultural diversity in an increasingly varied and evolving globalised world. This will look at attending to â€œcultureâ€™ and integrating â€œculturaly sensitive and responsiveâ€™ approaches in the training and development of systemic therapists as it applies to education, clinical supervision and service provision.

How Has L.O.V.E., A Global Leadership Approach, Helped Refugees And Immigrants?

Jacqueline Tome - USA

While working with global executive leaders, Jacqueline Tome created a leadership approach for goal achievement. She has been applying the same concept when working with immigrants and refugees successfully. This interactive workshop will show you how to use the L.O.V.E. model for effective personal and professional goal achievement.

Only Connect: The Body And Mind, Working Across Contexts

@ Claire Dempster - United Kingdom
@ Louise Rocks - United Kingdom

The history of western medicine has frequently divided experiences of body and mind, locating both in culturally specific ways. Claire and Louise will be presenting their work, using case and other examples to demonstrate why a Family Therapy approach helps address this dualism and might lead to better outcomes.

Beyond Victoria Climbié And Baby P: Ecological Alternatives To Child Abuse Referral

@ Alysha Concepcion-Lizard - Puerto Rico
@ Luis Raúl Sánchez-Pérez - Puerto Rico

The community based non-profit organization Familias CAPACES Inc., will present its approach for an empathic, trustworthy and responsible child abuse case referral within the family and community contexts. This approach will be proposed as an alternative to prevent the numbness among the health professionals that could lead to children fatalities.

Brief Strategic Family Therapy: Cognitive, Affective, and Behavioral Change

@ Silvia Kaminsky - USA
@ Olga Hervis - USA
@ Jose Szapocznik - USA

Brief Strategic Family Therapy® (BSFT®) is an empirically validated model for treating youth ages 6–18 presenting with externalizing and/or internalizing symptoms. BSFT® is notable as an evidence-based model specifically designed for diverse cultural populations. This workshop will present its systemic, diagnostic and restructuring elements via didactics and videotaped demonstrations.

The Act of Joining

@ Åsa Ljungqvist  Svantesson - Sweden
@ Gun Drott-Englen - Sweden

It is crucial to be able to make both the baby and the parents, as well as the adolescent and the parents feel confident in therapy. So the act of joining is central all through the therapy. Focus will be on the parallels in the act of joining through childhood and adolescence. Video clips from therapy sessions illustrates our presentation.

14:15-15:00 Workshops (45 min.)

Cross Over Therapy For Siblings Incest

Crombie A Suite

Sensate Focus With Same-Sex Couples

Room 1

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Room 10

Brief Strategic Family Therapy: Cognitive, Affective, and Behavioral Change

Room 7

The Act of Joining

Room 8

15:00-16:00 Closing Refreshment Break

16:00 Congress Ends