

Aberdeen, Scotland March 28-30, 2019

## IFTA 2019 World Family Therapy Congress

### • SYSTEMIC SUPERVISION TRACK •

The Supervision Track in the 2019 World Family Therapy Congress is designed to meet the workshop requirements for those seeking to accrue the hours for the Certified Systemic Supervisor (CSS) credential. These seven workshops and other scattered throughout the program are all eligible for use in pursuing the academic requirements of the CSS certification. *The Supervision Track will take place on Thursday March 28, 2019.*



#### Practice Settings and Contexts of Systemic Clinical Supervision Practice

William Northey (United States)

8:30 - 9:30 (1.0)

Appreciating the varied settings, cultures, and contexts in which systemic supervisors' practice is crucial in the development of the necessary competencies to effective be effective. This opening workshop in the Track will ask participants to examine their unique practice settings and assess the types of skills necessary to be successful.



#### The “Nuts and Bolts” of Clinical Supervision

Jay Burke (United States) Katheryn Whittaker (Cayman Islands)

9:30 - 10:15 (0.75)

Clinical supervision is essential to the development of competent marriage and family therapists. This presentation will discuss the logistical “nuts and bolts” of the supervision process, including contracting, resources, necessary technologies, format, roles, and establishing expectations.

#### Connecting from a Distance: Nuts and Bolts of Online Supervision

Yulia Watters (United States)

10:45 - 11:30 (0.75)

Online based supervision continues to raise questions among practitioners and scholars (Twist, Hertlein, & Hider, 2016). Using the materials from recently conducted qualitative studies, as well as specific examples from the online based supervision practice, the presenter will engage participants in a reflection on best practices in online supervision.



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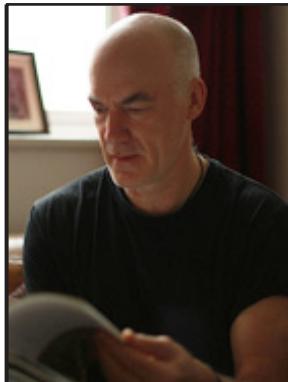


### Evidence-based Clinical Supervision

Thomas Sexton (United States)      Astrid van Dam (Netherlands)

13:30 - 14:30 (1.0)

Current advancements in technology are providing unique opportunity to bring evidence to the process of clinical supervision to improve clinical outcomes and therapist competence. Evidence based supervision allows the voice of the client to be included not just in overarching case plans but in session by session decisions.



### Creative Techniques in Supervision

Martin Gill (United Kingdom)      Hannah Sherbersky (United Kingdom)

14:30 - 15:15 (0.75)

From the collaborative perspectives of systemic and psychodramatic psychotherapy, this workshop presents key example of supervisory action methods and draws on theoretical material from contemporary schools of training. Supervisors will be invited to explore the application of these models to their existing work context.



### Using the Person of the Therapist Training (POTT) Model in Supervision

Alba Nino (United States)      Senem Zeytinoglu Saydam (Turkey)

15:45 - 16:30 (0.75)

In this presentation, we will discuss how the Person of the Therapist Training (POTT) model can be used in supervision. We will describe POTT's premises, and present tools and assignments supervisors can use to help supervisees increase self-awareness, and use the richness of their personal experience in their clinical work.



### Supervising Cross the Professional Life Span

William Northey (United States)      Mark Rivett (United Kingdom)

16:45 - 18:30 (1.75)

Exploration of the different styles, focus, and methods needed to supervise across the professional life cycle concentrating on approaches to supervising newly qualified family therapists and experienced clinicians who may pose new challenges in supervision. Exploration of the processes that occur in these different stages will be explored.