



# **TOYAMA** **JAPAN**

April 8th - 13th  
2024



**International Family  
Therapy Association**



# WELCOME TO THE IFTA CONGRESS

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Dear Colleagues,

Welcome to Toyama, Japan! This is the International Family Therapy Association's 2024 World Family Therapy Congress.

This is another of those rare and wonderful opportunities in which we can renew ourselves and enrich our practice skills in family therapy. The goal for the congress, in a larger sense, is the same as it has been since IFTA was founded in 1987: Advancing family therapy worldwide by promoting research, education, sound practice, and promoting international cooperation. We hope that this Congress facilitates an exchange of knowledge and ideas that support the health and well-being of families and other human systems. The Congress provides magnificent opportunities for face-to-face sharing of ideas and networking with colleagues from various parts of the globe.

The 2024 Congress Committee invites family therapists to explore both new and familiar ways to assist families.

We live simultaneously in "one world" and many worlds. Thus, family therapy is a mutual, interactive process in which we learn new ways from colleagues from many lands. Communicating and networking among over 300 therapists from over 30 countries during this congress will provide professional contacts and information to support the exchange of knowledge and the growth of family therapy in many countries.

We hope you will share and learn about dealing with old, familiar problems and new, unfamiliar challenges we may not have faced previously.

*Desiree Seponski*

Desiree Seponski Ph.D.  
President

## WHAT IS IFTA?

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The International Family Therapy Association was an outgrowth of the East-West Bridging Congress conducted in Prague in 1987 with Virginia Satir and Donald Bloch as the Honorary Vice Presidents. After two years of organizational work including creating a Founding Board of Directors, with Virginia Satir on the Founding Board, IFTA launched its first World Family Therapy Congress in Dublin, Ireland, 1989.

Since then, IFTA has become the professional association for those interested in the field of marriage and family therapy throughout the world. As such, it is the only organization that provides unity for therapists from east to west, respecting traditional approaches and embracing the tradition of tomorrow.



# CONFERENCE CODE OF ETHICS

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World Family Therapy Congresses are a unique meeting place for the world-wide family of family therapists. The Congress Board desires that the experience of this congress be one of the highlights of your year.

As we look forward to another exciting congress, we want to remind everyone that the World Family Therapy Congress is dedicated to providing a harassment-free experience for everyone regardless of factors such as sex, gender identity, and expression, sexual orientation, ability, physical appearance, body size, race, ethnicity, nationality, culture, or religion.

Harassment may take a variety of forms and in a variety of environments, including in-person or online. Attendees asked to stop any harassing behavior are expected to comply immediately. If a participant engages in harassing behavior, the congress organizers may take any action they deem appropriate, from warning the offender to expulsion from the congress. If you are being harassed or notice that someone else is being harassed, please contact a member of conference staff immediately. Their names and pictures are listed in the Congress Program.

Congress staff will be happy to help participants contact hotel/venue security or local law enforcement, provide escorts, or otherwise assist those experiencing harassment to feel safe for the duration of the conference. We value you, your safety and your attendance.

We expect all conference participants to be professional, considerate, respectful and collaborative. Please silence mobile devices during presentations, do not interrupt others who are speaking, and avoid using shared wifi/bandwidth to download large files. **DO NOT RECORD ANY LIVE DEMONSTRATION THERAPY WORKSHOPS.**

We appreciate your help in making the World Family Therapy Congress among very best it can be.

## MISSION STATEMENT

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Adopted December 2005

The cornerstone of every society is the family. With the support of its members, the International Family Therapy Association (IFTA) provides international conferences to promote, strengthen and improve the quality of family therapy, the quality of relationships within families and to promote well being and peace within our world.

IFTA, working in a collaborative spirit with other professionals and organizations around the world who share its mission, also promotes continuing education for family therapy professionals in the development of international quality standards for marriage and family therapists in order that they may better assist families in the communities in which they serve.

## OVER 30 YEARS OF IFTA

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# PLENARY PANEL

## “The Evolution of Family Therapy in Asia”

Sponsored by the Family Process Institute



**Takeshi Tamura**  
M.D., Japan



**Dickinson Lai-yin Chow**  
MBChB, Hong Kong



**Chew-Chung Agnes Wu**  
Ph.D., Taiwan



**Vivana Cheng**  
Ph.D., Hong Kong



**Xudong Zhao**  
M.D., China



**Tai-Young Park**  
Ph.D., Korea

## INTERNATIONAL ACCREDITATION COMMISSION FOR SYSTEMIC THERAPY EDUCATION

Created as semi-autonomous body under the auspices of the International Family Therapy Association (IFTA), the International Accreditation Commission for systemic Therapy Education (IACSTE) focuses on the development and implementation of quality standards for programs around the world that provide systemic therapy education and training. These standards are created to enhance the development of professionals who will be qualified to provide systemic therapy for individuals, couples, and families in the communities in which they live and work. Both Tier 1 (Primary) and Tier 2 (Advanced) sets of standards were created to enhance the development of professionals who will be qualified to provide systemic therapy for individuals, couples, and families in the communities in which they live and work.

**Congress attendees may request a consultation with Commission members here in Toyama. Contact the Registration Desk and ask them to contact Dr. John Lawless for an appointment.**

The Standards and Application for accreditation are available at:  
<http://www.ifta-familytherapy.org/MFTaccreditation.html>

# PROGRAM AT A GLANCE

## Wednesday, April 10, 2024

14:00-17:00 Registration for Congress  
\*No meetings or workshops\*

## Thursday, April 11, 2024

08:00-16:00 Registration Hours  
09:30 Welcome to Japan and the Congress

**- Master of Ceremonies:**

John Lawless, Program Chair

**- Welcome:**

Japan Family Therapy Association

**- Announcements:**

Doug Tschopp, Congress Manager

10:00 Opening - Plenary Panel Presentation

### **“The Evolution of Family Therapy in Asia”**

*This panel is sponsored by the Family Process Institute*

**Master of Ceremonies:**

John Lawless, Program Chair

**Panel Chair:**

Takeshi Tamura, M.D. (Japan)

**Panelists:**

Tai-Young Park, Ph.D., (Korea);  
Dickson Lai-yin Chow, MBChB  
(Hong Kong); Chew-Chung  
Agnes Wu, Ph.D., (Taiwan);  
Vivana Cheng, Ph.D, (Hong  
Kong); Xudong Zhao, M.D.  
(China).

11:15-12:00 Recess break and Networking  
12:00-12:45 Presentations/workshops  
12:45-13:45 Light Lunch  
13:45-14:30 Presentations/workshops  
14:45-15:30 Presentations/workshops  
15:30-16:15 Recess Break  
16:15-17:00 Presentations/workshops

## Friday, April 12, 2024

08:00-16:30 Registration Hours  
08:30-09:15 Presentations/workshops  
09:30-10:15 Presentations/workshops  
10:15-11:00 Recess/Break  
11:00-11:45 Presentations/workshops  
12:00-12:45 Presentations/workshops  
12:45-13:45 Light Lunch  
13:30-14:30 Poster Presentations  
14:45-15:30 Presentations/workshops  
15:30-16:15 Recess Break  
16:15-17:00 Presentations/workshops

## Saturday, April 13, 2024

08:00-14:00 Registration Hours  
08:30-09:15 Presentations/workshops  
09:30-10:15 Presentations/workshops  
10:15-11:00 Recess/Break  
11:00-11:45 Presentations/workshops  
12:00-12:45 Presentations/workshops  
12:45-13:45 Closing Lunch  
13:45-14:30 Presentations/workshops  
14:45-15:30 Presentations/workshops  
15:30-16:15 Closing Recess Break  
16:15-17:00 Presentations/workshops





## SYSTEMIC SUPERVISION TRACK

The Supervision Track in the 2024 World Family Therapy Congress is designed to meet the workshop requirements for those seeking to accrue the hours for the Certified Systemic Supervisor (CSS) credential. These seven workshops and other scattered throughout the program are all eligible for use in pursuing the academic requirements of the CSS certification. The Supervision Track will take place on Friday April 12, 2024.

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### Systemic Supervision in Diverse Settings

Bill Northey

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### Integrative Practice in Systemic Group Supervision: Growing Competence, Confidence and Adaptability

Leonie White & Kate Owen

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### Supporting BIPOC students in Supervision and Promoting Self of the Supervisor Awareness

Dara Winley & Cadmona Hall

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### Systemic Supervision in the National Health Service

Mark Rivett

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### Attending to Issues of Social Justice in Clinical Supervision

April Ilkmen & Deanna Harris-McCoy

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### Creating a Relational Foundation Using Intentional Transparency: MFT Supervision in Diverse Contexts

Jeff Chang

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Bill Northey



Mark Rivett



Leonie White



Kate Owen



Dara Winley



Cadmona Hall



April Ilkmen



Deanna Harris-McCoy



Jeff Chang

## 2024 IFTA CONFERENCE PROGRAM

### Wednesday, April 10, 2024

14:00-17:00

Registration Open

Registration Desk  
located on 3rd floor

### Thursday, April 11, 2024

08:00-16:00

Registration Open

Registration Desk  
located on 3rd floor

09:30-11:15

Opening Ceremony and Plenary Panelists Sponsored by FPI

The Hall

11:15-12:00

Recess break and Networking

12:00-12:45

Presentations/workshops

Room

#### Hostile helpers? A systemic reconsideration of professional relationships with young people caught up in crime

Room 301

*Raphael Cadenhead-United Kingdom*  
*Hilary Dixon-United Kingdom*

This presentation critically examines the significance of the 'trusted relationship' concept in UK youth services, underscoring its often overlooked limitations for practitioners in the criminal justice field. We propose a fresh paradigm for addressing youth violence and criminal exploitation, drawing from key systemic concepts and insights from clinical practice.

45min

#### Integrating Intersectional Identities in Social Justice Supervision

Room 302

*Karen Quek-USA*

The presentation integrates social justice principles within supervision to elicit deeper conversations surrounding the social context and worldview of the therapeutic-supervisory team. Specifically, it explores the intersectional identities of the supervisory-dyad, supervisor self-evaluation, and supervisee processes. It will be didactic and conversational, with guidelines for clinical application

45min

#### Once upon a time there was a little boy who, at night, urinated in every home vase.

Room 304

*Martine Nisse-France*

The boy had a silent older sister and a father who hit him every morning. The mother called the social service. I immediately called a therapist, who quickly cured the boy. The sister immediately fled, leaving me speechless in the face of this unprecedented situation. Palo Alto School HELP!

45min  
Founders

#### Multigenerational Transmission of Trauma Symptoms: Process Factors - Risk and Protective

Room 701

*Randy Braley-USA*

Little research by investigators is to be found, focused on systemic trauma assessment and intervention tools for clinicians. The diagnosis of multigenerational trauma and symptom transmission begins with construction of the family genogram. The genogram is a comprehensive assessment instrument for gathering copious amounts of information in a concise manner.

45min

#### Accommodating the Satir Model Within Context

Room 704

*Jessica Leith-USA*

This presentation examines the cross cultural implementation of the Satir Model, using empirical and clinical support to accommodate many of the primary interventions in the model with clients in various contexts.

45min

#### Co-research: a qualitative study on co-research as quality and evaluation method

Room 705

*Anette Axelsson-Sweden*  
*Charlotte Reich-Sweden*

Ann- The method is developed by Tom Andersen, professor of social psychiatry from northern Norway.

20min  
12:00-12:20

#### Navigating Societal Marginalisation in Therapy : an exploration of the Journey of Unaccompanied Refugee Young People & their Therapist

Room 706

*Máire Stedman-United Kingdom*

Is it possible to construct a narrative across cultures, spiritual belief systems, and life experiences in the context of a culture, which excludes and dehumanises? • The significance of a trusting relationship • Cultural and spiritual influences facilitating or hindering coping efforts • The use we make of particular models for understanding young people's experiences will determine the kind of therapy that we provide

45min

#### How to use Satir model meditation in family counseling

Room 707

*Jane Huang-China*

The use of Satir model meditation in family counseling will help counselors to tap the yearning of the family members, bring about the deeper and more effective changes. This lecture will show you how and let you experience the meditation.

45min  
Mandarin



12:45-13:45	Light Lunch	Basement
13:45-14:30	Presentations/workshops	Room
<b>Socioculturally Attuned Family Therapy: Honoring Culture While Challenging Oppression</b>		Room 301
<i>J. Maria Bermudez-USA</i> <i>Bertranna Muruthi-USA</i>	Equitable and just family therapy requires third order thinking and change. The aim of this workshop is to review socioculturally attuned family therapy as a way to navigate systemic change and manage the tension of honoring cultural values and traditions while interrupting and challenging oppressive relationships and societal systems.	45min
<b>Systemic Meta-Framework for Integrative Practice: Clinical and Teaching Tool</b>		Room 302
<i>Kate Owen-Australia</i> <i>Leonie White-Australia</i>	The QIFT Systemic Meta-Framework for Integrative Practice (White & Owen, 2022) is an innovative map for clinicians to guide individualized integrative psychotherapy drawing on clinician's way of being with clients, systemic alliance, assessment, and formulation informed by a decision-making perspective. Applications to teaching and supervision will be highlighted.	45min
<b>Salvador Minuchin: The Use of Failures to Drive Family Change and Theory Development</b>		Room 304
<i>Yoel Elizur-Israel</i>	Minuchin's approach to collaborative change and the use of therapy failures to stimulate theory development will be demonstrated with video and cases from our co-authored book "Institutionalizing madness: Families, therapy and society". Our long-term follow-ups have implications for family systems therapy during the 21st century.	45min Founders
<b>Perspectives of Religious Leaders on Gender Identity Change Efforts: Ramifications for Therapy</b>		Room 701
<i>Christi McGeorge-USA</i> <i>Katelyn Coburn-USA</i>	Given the religious groundings behind the practice of gender identity change efforts, we explored the beliefs of Christian religious leaders about this practice and their understanding of marginalized gender identities. Nineteen religious leaders from diverse Christian traditions were interviewed. Queer theory-informed thematic analysis was used to analyze the data.	45min
<b>Exploring Reflecting Team Interventions to Enrich Theory of Mind Skills for Deaf Adults</b>		Room 704
<i>Louise Munro-Australia</i> <i>Sigrid Macdonald-Australia</i>	We present a novel intervention for Deaf adults for whom language deprivation has resulted in compromised theory of mind skills. We describe a format where reflecting teams can be used to enrich language and social experience in non-pathologising, culturally affirmative ways for Deaf people and their families	45min
<b>Family Systemic Assessment Method for Substance Users</b>		Room 705
<i>María de Lourdes De la O</i> <i>Chávez-Mexico</i>	The "Family Systemic Assessment Method for Substance Users" is an original design created for the purpose of a Doctoral dissertation research. The Method served two main purposes: to obtain scientific knowledge related to integrative family systemic transgenerational factors associated with substance use; and to obtain an idiographic diagnostic assessment device.	20min 13:45-14:05
<b>Systemic Family therapy in the Queensland Foster Care System: An Integrative practice Model</b>		Room 705
<i>Rachel Jones-Australia</i>	Systemic Family therapy in the Queensland Foster Care System: implementation of Integrative Practice as a purposeful intervention implemented with complex "family" systems (expanding the traditional concept of family to include all relevant stakeholders for a child), to improve the overall wellbeing of children in Queensland out of home care contexts.	20min 14:10-14:30
<b>Helping high school teachers learn about family therapy</b>		Room 706
<i>Chaolu Quan-China</i> <i>Xin Quan-USA</i>	from October of 2022 to June of 2023, with the help of me, six high school teachers learned family therapy. The textbook is Family Therapy by Michael P. Nicholes. The learning methods are self-study and coaching. During the process, Scott Johnson gave us lot of help.	20min 13:45-14:05
<b>Unrealistic expectations: Considerations for the family therapist's role in reunification after trauma perpetrated by adults on their children</b>		Room 706
<i>Shantay Mines-USA</i>	This brief presentation will discuss the ethical, legal, and mental health considerations of trauma reintegration services for youth in the foster care system.	20min 14:10-14:30



<b>Sino-American Family Therapy: Unique Family Dilemmas and Treatment Approaches in the Chinese Context Part 1</b>		Room 707
<i>John Miller-China and Sino-American Family Therapy Institute (SAFTI) students and graduates</i>	Contemporary family therapy originated in Western cultures, and is now being exported throughout China where it has proven to very popular. This presentation will describe some of the common family therapy issues in the Chinese context, as well as unique treatment strategies informed by Chinese cultural values.	45min Mandarin
14:45-15:30	Presentations/workshops	
<b>The Evolution of the Milan Approach</b>		Room 301
<i>Umberta Telfener-Italy Vincenzo de Bustis Ficarola-Italy</i>	The presenters intend to show the main evolution of the Milan Approach after the death of Luigi Boscolo and Gianfranco Cecchin, the two founders. The teachers of the Milan school have continued proposing a second order process with some specific features that will be considered	45min
<b>Black Love, Black Hate: Exploring infidelity and intimacy in Black coupled relationships: Clinical Considerations</b>		Room 302
<i>Carmilla Solomon-USA</i>	Presenter will showcase unique needs for working with black couples coping with infidelity and intimacy. Practical clinical considerations for working with clients' lived experience of systemic racism, client history of incarceration, and socio-economic obstacles of black U.S. clients will be highlighted	45min
<b>Unfolding the Layers of Identity: An Integrative Approach to the Tripartite Personas in Family Therapy</b>		Room 304
<i>Anna Svetchnikov-USA</i>	A journey through the groundbreaking Tripartite Personas Approach in Family Therapy. This integrative theory offers a new lens to view the individual through single, couples, and family personas, leading to a more holistic understanding of self-expression and relationships. Gain practical strategies to incorporate this approach into your therapeutic practice.	45min Founders
<b>An Analysis of the Claims of Six Popular Models in the "Golden Age" of Couple Therapy</b>		Room 701
<i>Adam Fisher-USA Elisabeth Bennet-USA Emma Myers-USA</i>	The popularity of couple therapy has proliferated—a majority of therapists now work with couples. This presentation will provide an overview of six popular models of couple therapy, exploring the "claims" of each approach. An example of an integrative framework for conceptualization and intervention across models will also be provided.	45min
<b>Treating Postpartum Depression in Fathers</b>		Room 704
<i>Brandon Eddy-USA Vaida Kazlauskaitė-USA Sara Jordan-USA</i>	Postpartum depression (PPD) occurs in approximately 10% of fathers and can have devastating consequences for individuals, couples, and families. This presentation will help participants learn to recognize the symptoms of PPD and provide guidance on how to effectively treat fathers who suffer from postpartum depression.	45min
<b>Systemic family therapy approaches for young adults with chronic suicidality in Singapore</b>		Room 705
<i>Ka Man Cheang-Singapore</i>	In this brief presentation, the presenter will illustrate the "entry points" and "effects" of systemic therapy approaches in four adults below 30 years of age (and their families) in Singapore whose chronic suicidality did not remit with mainstream psychiatry treatment.	20min 14:45-15:05
<b>Clinical Considerations for Engaging Family Members in Treatment for Substance Use</b>		Room 705
<i>Jessica Chou-USA</i>	This presentation will examine potential facilitators and barriers to family member involvement in substance use treatment. Preliminary findings from an original mixed methods research study examining outreach techniques among family members for women with opioid use will be presented. Clinical considerations for delivering outreach techniques will be discussed.	20min 15:10-15:30
<b>Sino-American Family Therapy: Unique Family Dilemmas and Treatment Approaches in the Chinese Context Part 2</b>		Room 707
<i>John Miller-China and Sino-American Family Therapy Institute (SAFTI) students and graduates</i>	Contemporary family therapy originated in Western cultures, and is now being exported throughout China where it has proven to very popular. This presentation will describe some of the common family therapy issues in the Chinese context, as well as unique treatment strategies informed by Chinese cultural values.	45min Mandarin

15:30-16:15	Recess Break (big break)	
16:15-17:00	Presentations/workshops	Room
<b>Best Minds: How Allen Ginsberg Made Revolutionary Poetry from Madness</b>		Room 301
<i>Stevan Weine-USA</i>	A revelatory look at how Beat poet Allen Ginsberg transformed experiences of mental illness and madness in his family into some of the most powerful and widely read poems of the twentieth century. Ginsberg let Stevan Weine interview him and gave access to his most private papers including psychiatric records.	45min
<b>Managing Triangles in Clinical Practice: In the Family and in Wider Systems</b>		Room 302
<i>Linda MacKay-Australia</i>	Dr Murray Bowen developed the triangle concept in his seminal work with families 70 years ago. This video case presentation focuses on its direct relevance today in work with couples and families and the importance of the neutrality of the therapist in managing the interlocking triangles that are inevitably mobilised.	45min
<b>An Extra Language</b>		Room 304
<i>Ady van Doornik-Netherlands</i>	As a therapist, you can create an overview and new insights for your clients with the methodology of An Extra Language. It is a powerful tool to give direction to your questions during the therapy process. An Extra Language focuses on visualising the internal and external reality of the client.	45min
<b>Working with the Trauma of Parental Alienation</b>		Room 701
<i>Chip Chimera-United Kingdom</i>	Using Attachment Narrative Therapy which integrates modern attachment theory and systemic narrative practice this presentation demonstrates work with high conflict post separation families in the UK. Current neurobiological understandings of the impact on children's developing brains is integrated. Guidance for intervention is given. A practice example will be discussed.	45min
<b>Expressive Family Therapy Reveals What Words Conceal: Inclusive Systemic Interventions</b>		Room 704
<i>Daniel Sweeney-USA</i>	Despite the importance of systemic family therapy, family members from all developmental levels are often left out of the process. Expressive family therapy is inclusive – it “levels the playing field” for all family members, and developmental levels are honored when all are treated as equal members of the system.	45min
<b>Starting New Dialogue: The Enduring Concepts of Satir's Human Validation Process Model, A Qualitative Study</b>		Room 705
<i>Carson Outler-USA</i> <i>Crystal Marroquin-USA</i>	The purpose of this project is to create a conceptual framework for Satir's Human Validation Process Model. In an effort to understand the more nuanced and enduring concepts, interventions, and techniques of this model, the current study aims to determine what parts of the model transcend its initial utilization.	20min 16:15-16:35 Founders
<b>Motivational Interviewing (MI) as a Framework for Coaching/Providing Feedback to Therapists and Physicians in an Integrated Setting</b>		Room 705
<i>Michael Olson-USA</i>	In a multi-disciplinary learning environment, physician and therapist trainees are faced with the task of “clinical behavior change” that meets specific milestones and competencies. Motivational interviewing (MI) is a framework well suited for supervisory coaching and providing feedback to encourage learner self-efficacy and confidence to change.	20min 16:40-17:00
<b>Chinese culture related issues encountered in social work family treatment</b>		Room 706
<i>Li-yu Song-Taiwan</i>	This study explored the Chinese cultural issues in working with high-risk families. The findings revealed related issues such as the 'face issue', covering family problems, differential association, gender family work division, self-depreciation, authoritarian child discipline, etc. Culture-embedded strategies are needed to serve these families better.	20min 16:15-16:35
<b>Chinese culture related issues encountered in social work family treatment</b>		Room 706
<i>Li-yu Song-Taiwan</i>	This study explored the Chinese cultural issues in working with high-risk families. The findings revealed related issues such as the 'face issue', covering family problems, differential association, gender family work division, self-depreciation, authoritarian child discipline, etc. Culture-embedded strategies are needed to serve these families better.	20min 16:40-17:00 Mandarin

**The application of Bowen family systems theory to difficult cases in schools in Tokyo**

Room 707

*Marie Yoshida-Japan*

This presentation will describe a multi-disciplinary collaboration team called “the children support team”, which utilizes principles from systems theory for assessment and solution-oriented casework to resolve difficult cases at schools in Tokyo. The presenter will show how Bowen family systems theory can be applied in the Japanese context.

45min  
Japanese

## Friday, April 12, 2024

08:00-16:30	Registration Open	Registration Desk located on 3rd floor
8:30 -9:15	Presentations/workshops	Room
<b>1+1=3: Thinking Developmentally in Couples' Communication</b>		Room 301
<i>Fiona O'Farrell-USA</i>	This workshop will address how therapists can address clients' communication discrepancies using the Developmental model developed by Ellyn Bader and Peter Pearson. The presenters will engage in a dialogue about their experience learning and adopting the Developmental Model and how it has shaped their understanding of couples' communication in therapy.	45min
<b>Adolescent trauma treatment in integrated primary care: A modified Delphi study</b>		Room 302
<i>Jessica Stephen Premo-USA</i>	Childhood trauma can have negative health, social, and educational outcomes that extend into adulthood. Approximately 1 in 4 youth experience trauma. Unfortunately, no adolescent trauma interventions have been created for primary care settings (Glowa, Olson, & Johnson, 2016). This modified delphi study was designed to improve the treatment of adolescent trauma.	45min
<b>Systemic Clinical Supervision in Diverse Settings</b>		Room 304
<i>William Northey-USA</i>	This opening workshop for the supervision track participants will consider how the context and setting impact the role, style, and responsibilities of systemic clinical supervisors. Participants will also reflect on the systemic interplay between supervisor, supervisee, clients, and clinical setting and the competencies necessary to be an effective systemic supervisor.	45min Supervision
<b>Community-Based Research Theories and Methods for Social Change</b>		Room 701
<i>Bertranna Muruthi-USA</i> <i>J. Maria Bermudez-USA</i>	Community-based participatory research ensures that research benefits community members to promote effective practice and policy change. The methods and theories of four community-based projects will be presented. Implications will be provided.	45min
<b>Two Sides of the Story: Creating Real Connection between Parents and Teens</b>		Room 704
<i>Kerry Stutzman-USA</i> <i>Palmer Skudneski-USA</i>	Kerry and Palmer's work together was sparked by a devastating and staggering statistic: "40% of youth suicides are preceded by intense conflict with parents." This mother-son duo will share their Family CPR model that was created with the purpose of bettering family system dynamics and improving youth wellness.	45min
<b>Working Alliance Application in Mandated Employment Services</b>		Room 705
<i>George Giuliani-Australia</i>	This presentation will report on Australian mixed method research on the application of Working Alliance theories and practice in mandated Employment Services. Australian contracted employment services and other conservative bureaucracies have emphasized a tough approach toward people experiencing unemployment. This research makes the case for a Relational Case Management model.	20min 8:30-8:50
<b>Relationship Needs Assessment and Help Seeking Behavior for Couples Intervention</b>		Room 705
<i>John Jacob-USA</i>	Research shows that couples often seek professional help several years too late to save their relationship. Non-clinical couple-based assessment may serve as an impetus for moving couples into treatment sooner. This study evaluates use of a couples' interactive needs assessment for increasing motivation to seek couples-based treatment.	20min 8:55-9:15
<b>Couple, Marriage, and Family Therapists inclusion of Black Social Fathers in Family Therapy</b>		Room 706
<i>Kevana Nixon-USA</i>	Its important that couple/marriage and family therapists (C/MFT's) operate from a culturally attuned lens. C/MFT's will expand their understanding of Black families to include Black social fathers in family therapy. This lecture will introduce C/MFT's how to integrate Black social fathers in practice.	45min
<b>POTT as Antiracist Training Framework in Couple and Family Therapy</b>		Room 707
<i>Margaret MacLeod-USA</i> <i>Zain Shamoan-USA</i> <i>Anthony Pennant-USA</i> <i>Jennifer Sampson-USA</i>	Presentation will demonstrate application of Aponte's Person of the Therapist model in training programs as explicitly anti-racist and anti-oppressive way to train new clinicians. Best training practices will be demonstrated to examine third order thinking and change in the early development stages of becoming a therapist.	45min



9:30-10:15	Presentations/workshops	Room
<b>Combatting Hate: Conversations with Clinicians</b>		Room 301
<i>Mudita Rastogi-USA</i> <i>Rosy Kim-USA</i> <i>Sarah Margulis-USA</i>	Hate crimes have surged in the U.S. following global events, affecting individuals and communities alike. Clinicians are central to treating trauma in individual survivors, identifiable community members, and the general public witnessing these events. This workshop will inspire reflection and empowerment to enact third-order change in therapy.	45min
<b>Life Staging® Supervision: applying a systemic, narrative and artistic approach</b>		Room 302
<i>Elisabet Wollsn-Sweden</i>	A group sculpting model/philosophy embracing the embodied knowledge and non-verbal in interaction and relations. Beyond taking for granted ideas, prejudices and theories. Activating knowledge and skills that were always there but often silenced. "When the words are not in the way" what's there to see and hear?	45min
<b>Integrative Practice in Systemic Group Supervision: Growing Competence, Confidence and Adaptability</b>		Room 304
<i>Leonie White-Australia</i> <i>Kate Owen-Australia</i>	An integrative practice framework for systemic group supervision will be presented as a map for navigating the complexity of combining different approaches to cater to clients' diversity, situation, and unique needs. The presentation will include interactive and self-reflective processes regarding group supervision and integrative practice.	45min Supervision
<b>'Refining the Truths We Can Tell Each Other': Multi-Cultural Couples Therapy</b>		Room 701
<i>Cadmona Hall-USA</i> <i>Mali Sicora-USA</i> <i>Michelle Snow-USA</i>	We present an analysis of an experiential couple's therapy session in which the therapist and supervision team join the clients in an open conversation about our dimensions of culture and how systems of oppression impact our lived experiences as women of color.	45min
<b>Practice Makes Progress: Deliberate Practice in Family Therapy</b>		Room 704
<i>Adrian Blow-USA</i>	Supervisors play a critical role in practitioner development and supporting family therapy practice yet often receive little training to hone their supervision craft. This workshop will help supervisors, new or experienced, learn strategies to help themselves (help others) gain important systemic family therapy skills through Deliberate Practice learning activities.	45min
<b>Evaluation of an Affirmative Approach to Working with Incarcerated Sexual and Gender Minorities.</b>		Room 705
<i>Castolina Haro-USA</i>	Incarcerated sexual and gender minority (SGM) individuals have a higher prevalence of mental health issues than their heterosexual counterparts. Utilizing the Minority Stress Model with an affirmative approach in group therapy can provide essential insight into experiences of SGM and best practices to support this population's mental health needs.	20min 9:55-10:15
<b>"I don't even have time to catch my breath": Parental perspectives of the CPS parenting education programs in Taiwan</b>		Room 706
<i>Wan-Juo Cheng-Taiwan</i>	This qualitative study aims to investigate perspectives of the parents mandated to the CPS parenting education program due to uses of corporal punishment to their children. The results indicate that parental reluctance to engage in the program may be explained by disjunctures between parents' actual practices and middle-class parenting.	45min English/Mandarin
<b>Working with African American Families</b>		Room 707
<i>Tiara Fennell-USA</i>	Given the historical racial trauma experienced by African Americans in the United States, engagement in mental health care systems has been complicated for this population. The systemic interventions to be presented intend to promote engagement and alliance-building between therapists and African American families.	45min
10:15-11:00	Recess Break	
11:00-11:45	Presentations/workshops	Room
<b>Global Events: Navigating difficult conversations among educators and trainees</b>		Room 301
<i>Mudita Rastogi-USA</i>	War, politics, and even court rulings are extremely divisive and stir deep emotions for us. Educators and students find themselves holding strong views that are challenging to exchange in a training setting. Participants will be invited to reflect on and share their best practices and strategies around navigating difficult conversations.	45min

<b>El baile del amor: The cross-cultural dance of post-pandemic love</b>		Room 302
<i>Deisy Amorin-Woods-Australia</i>	Couples communicate in a variety of ways due to diverse factors. While this is relevant to all couples, this issue becomes more complex for couples who originate from differing cultural and linguistic backgrounds. This presentation will explore factors influencing communication between partners from different cultures and languages.	45min
<b>Supporting BIPOC students in Supervision and Promoting Self of the Supervisor Awareness</b>		Room 304
<i>Dara Winley-USA</i> <i>Cadmona Hall-USA</i>	This presentation will provide insight on unique approaches needed for supervision support of BIPOC students and their success in the MFT program and field. The support received is directly connected to self-of-the-supervisor awareness and development and this presentation will provide recommendations to support culturally responsive supervision.	45min Supervision
<b>How to use Satir model meditation in family counseling</b>		Room 701
<i>Jane Huang-China</i>	The use of Satir model meditation in family counseling will help counselors to tap the yearning of the family members, bring about the deeper and more effective changes. This lecture will show you how and let you experience the meditation.	45min
<b>Impact of Job Loss on Personal Identity and Family Life: A Phenomenological Study</b>		Room 704
<i>Sebastian Perumbilly-USA</i>	This presentation explores the experience of job loss and its impact on workers' personal identity and family life. Using an Interpretive Phenomenological lens, this qualitative research project explores seven themes associated with the experience of job loss for individuals and families. The discussion focuses on clinical implications for family therapy.	45min
<b>Effective techniques using body and touch in psychotherapy to promote holistic health</b>		Room 705
<i>Jacqueline de Abreu-USA</i>	Most psychotherapeutic approaches and modalities, including family therapy, are based on verbal communication. The importance of body interventions and touch are minimized, despite being scientifically proven. They play an enormous role in healing emotional wounds. Learn five, multiculturally appropriate, effective interventions using body and touch for holistic healing results.	20min 11:00-11:20
<b>Inclusion, Boundaries, and Grief: Working with LGBTQA+ Clients Experiencing Homelessness</b>		Room 705
<i>Eugene Holowacz-USA</i>	The themes of inclusion, boundaries, and grief have been prevalent in my experience with working with homeless clients who are part of the LGBTQA+ community. My clients have reported that their fear of losing people keeps them in stressful relationships and friendships. This presentation discusses how to explore these topics.	20min 11:25-11:45
<b>Sino-American Family Therapy: Unique Family Dilemmas and Treatment Approaches in the Chinese Context Part 1</b>		Room 706
<i>John Miller-China and Sino-American Family Therapy Institute (SAFTI) students and graduates</i>	Contemporary family therapy originated in Western cultures, and is now being exported throughout China where it has proven to be very popular. This presentation will describe some of the common family therapy issues in the Chinese context, as well as unique treatment strategies informed by Chinese cultural values.	45min
<b>What's coming up for me – a call for the need of person-of-the-therapist in supervision</b>		Room 707
<i>Emily Emerson-USA</i>	Person-of-the-therapist training programs (POTT) have shown through multiple studies to increase student self-awareness and management of therapist anxiety in clinical work. This presentation is a call to action for increased integration of POTT into clinical supervision and examination of the benefits it can provide through supervision.	45min
12:00-12:45	Presentations/workshops	Room
<b>Cultivating the "Person of the Educator": A Cornerstone for Enhanced Faculty Training</b>		Room 301
<i>Jennifer Sampson-USA</i> <i>Margaret MacLeod-USA</i> <i>Anthony Pennant-USA</i> <i>Fiona O'Farrell-USA</i>	Explore the integral role of training faculty using "Person of the Educator" principles to sculpt future therapists. Highlight psychological safety, the right to fail, and a growth mindset	45min

<b>Motivating Couples for Meaningful Change: SFT and ACT Fusion</b>		Room 302
<i>Billie Tyler-USA</i>	Explore the interactional methodologies central to the integration of Solution Focused Therapy (SFT) and Acceptance and Commitment Therapy (ACT) for client transformation. Acquire practical techniques, conflict resolution skills, and value-oriented strategies within diverse couple dynamics. Expand your therapeutic tool kit through this workshop.	45min
<b>Supervising systemic practice within the NHS: pragmatic and contextual practices</b>		Room 304
<i>Mark Rivett-United Kingdom</i>	This presentation, within the Supervision Strand, will explore the complexities of supervising systemic and family therapy practice within a publicly funded health service: the National Health Service in the UK.	45min Supervision
<b>Multidynamic Relational Therapy</b>		Room 701
<i>Anthony Pennant-USA</i>	This presentation will introduce a practical model of therapy known as Multidynamic Relational Therapy used to treat relationships that are reflective of the diversity of identities. This framework provides clinicians with clear interventions to create flexibility in relationships which will help address issues of power, intimacy, and societal expectations.	45min
<b>Embracing the Elephant in the Room: Broaching Techniques for Taboo Topics</b>		Room 704
<i>Alexis Pizzulo-USA</i>	People seek therapy to grapple with the most uncomfortable aspects of their lives. Yet, when faced with the opportunity to discuss these topics directly, many therapists shy away out of apprehension or fear. This presentation explores methods and benefits of broaching taboo topics, with special attention to clients experiencing homelessness.	45min
<b>Integrated Behavioral Health and Reduction of Provider Burnout</b>		Room 705
<i>Michele Smith-USA</i> <i>Hideki Wakabayashi-Japan</i>	Research around integrated behavioral health has historically focused on the benefits to patients and reduction of health care utilization. Recently, a benefit to physicians and other providers is being studied. This presentation highlights the potential protection for both physicians and therapists working in an integrated program.	20min 12:00-12:20
<b>The Process of Couples Healing from Infidelity: A Grounded Theory</b>		Room 705
<i>Stephen Fife-USA</i>	This presentation highlights the results of a grounded theory study on the process of healing from infidelity. We developed a process model of healing that includes four stages: revelation of infidelity, initial reactions, stabilizing the relationship, and revitalizing the relationship. We will discuss the clinical implications and guidelines for therapists.	20min 12:25-12:45
<b>Sino-American Family Therapy: Unique Family Dilemmas and Treatment Approaches in the Chinese Context Part 2</b>		Room 706
<i>John Miller-China and Sino-American Family Therapy Institute (SAFTI) students and graduates</i>	Contemporary family therapy originated in Western cultures, and is now being exported throughout China where it has proven to very popular. This presentation will describe some of the common family therapy issues in the Chinese context, as well as unique treatment strategies informed by Chinese cultural values.	45min
12:45-13:45	Light Lunch	Basement
13:30-14:30	Poster presentations	Basement
<b>Introducing an innovative family science undergraduate course: USAD? Coping with Stress, Anxiety, and Depression</b>		P1
<i>Adam Hedelund-USA</i> <i>Nicole Gerber-USA</i>	The U SAD course, which our poster will introduce and describe, expands and strengthens family science education by making mental health skills accessible to college students via an undergraduate family science class. Our poster will detail this innovative family science course, and outline next steps for empirical evaluation.	
<b>Improving the Mental Health of College Students in Language Immersion Residence Programs</b>		P2
<i>Adam Fisher-USA</i> <i>Emma Myers-USA</i>	While living together in close systems akin to families—and speaking only their second language—students in language immersion residences may experience isolation and anxiety. This study examines wellbeing in these programs (Japanese, Chinese, and Korean). Meditation groups were conducted for each residence, with results showing mixed outcomes on wellbeing.	

<b>The psychotherapy-family therapy-social work: Reintegrating juvenile delinquent into society</b>		P3
<i>Ohara Takaharu-Japan</i>	Psychotherapy, family therapy and social work are connected.	Japanese
<b>Can attachment buffer the risk of aggression for incels?</b>		P4
<i>Iliana Anaya-USA</i>	Incels, are individuals who feel angry about their inability to form romantic relationships. Not all incels are violent, but some have committed acts of extreme violence. Attachment Theory is important to the study because it recognizes the theory of affect regulation and its impact on interpersonal relationships.	
<b>Family Systems DBT a New Family Therapy Model</b>		P5
<i>Matthew Metcalf-USA</i>	Dialectical Behavioral Therapy has been well documented in its ability to treat those with intense emotions. Family Systems Dialectical Behavioral therapy steps away from treating a single client and targets the family systems behaviors instead. DBT and family Systems therapy complement each other very well for families with intense emotions.	
<b>The Initial Validation of the Power in Couple Relationships Scale</b>		P6
<i>Crystal Marroquin-USA</i>	This study aimed to create and validate the Power in Couple Relationships Scale (PCRS). The implication for clinicians is that the PCRS can be used to help bring necessary awareness of power discrepancies to both clinicians and clients which can, in turn, lead to more equal relationships.	
<b>Parent-child interaction classrooms that require therapeutic guidance -through parent-child interaction</b>		P7
<i>Chiemi Chiba-Japan</i>	Although measures are being taken by the government to support people with severe disabilities, it has been discovered that mothers are actually struggling to raise their children.The results showed that support from peers who share the same worries about loneliness and anxiety about the future differed from normal childcare .	
<b>Validation of the City Birth Trauma Scale within the Black Female Birthing Community</b>		P8
<i>Briana Roberts-USA</i> <i>SydneDion Lampkin-USA</i>	Perinatal PTSD affects 3-4% of women in the US, with potentially higher rates seen in Black women. The City Birth Trauma Scale, a widely used measure, is questioned for validity within non-white American populations. This study aims to assess its efficacy with Black American women.	
<b>Examining Self-Care: Context, Culture, and Socially Just Considerations</b>		P9
<i>Desiree Seponski-USA</i> <i>J. Maria Bermudez-USA</i> <i>Bertranna Muruthi-USA</i>	This poster explores approaches to self-care when working with diverse families and promoting socially just systemic therapy. Domains of self-care are identified, examples are provided, and barriers including inequitable burdens, exacerbated distress, and lack of resources (time, money, safe spaces, culturally responsive methods) are identified.	
<b>Symptoms of Emotional Regulation Rupture in Adult Sexual Assault Survivors and Trauma Recovery in Family Therapy</b>		P10
<i>Sung-Hsien Sun-Taiwan</i>	This study, based on attachment theory, conducted qualitative interviews with five Taiwanese counselor to identify seven symptoms of emotional regulation rupture in adult survivors of sexual assault. Finally, it illustrates, through a practical case, how to rebuild attachment relationships in family therapy to facilitate the trauma recovery process.	English and Mandarin
<b>Tongues of Love: EFT as a Framework for Enhancing Bilingual Couple Communication</b>		P11
<i>Hitiura Anihia-USA</i>	Nearly 68 million individuals in the U.S. speak a non-English language at home, highlighting bilingualism's impact on relationships. Bilingual couples seek therapy for communication improvement. Language proficiency affects emotion expression and communication dynamics. We propose Emotionally Focused Therapy to address language complexities and meet relationship needs.	
<b>Blank Space in Session? Shake it Off with Person-of-the-Therapist</b>		P12
<i>Emily Emerson-USA</i>	Utilizing person-of-the-therapist concepts, specifically the utilization of self, I highlight how therapeutic use of her lyrics can open the door for clients looking to speak now.	



<b>Spirituality as a protective factor for mental health in emerging adults</b>	P13
<i>Olivia Crouch-USA</i>	Spirituality and religion serve as a protective factor for positive mental health in emerging adults (ages 18-25). When paired with mindfulness and self-compassion, the research shows those who identify as both religious and spiritual have a decrease in depressive symptoms and an increase in life satisfaction.
<b>Addressing Microaggressions &amp; Ableism within the Therapy Setting: A Clinical Guideline</b>	P14
<i>Ashley Collet-USA</i>	Learning how to identify and address microaggressions related to ableism in the therapy room to decrease negative outcomes for clients. Education, self of the therapist work, and supervision are ways to enable therapists to provide a culturally sensitive environment that is safe for clients of all abilities.
<b>Good Grief: A Review of Eastern and Western Cultural Responses to Death and Dying</b>	P15
<i>Sydney Crane-USA</i> <i>Abigail Satterfield-USA</i>	The present study explored the unique and diverse experiential grief responses to death and dying and the contextual factors influencing the responses across cultures. The content analysis reviewed Eastern and Western cases of families' bereavement responses to the loss of a loved one.
<b>The Impact of Generational Trauma on Hispanic Families</b>	P16
<i>Megara Escobedo-USA</i>	Generational trauma is a major source of emotional, psychological, and physical suffering in Hispanic families, perpetuated by unaddressed wounds, parenting approaches, and cultural narratives. Mental health professionals, informed about the economic, cultural, and familial factors within Hispanic families, can improve their practices to help break the cycle of familial trauma.
<b>Microanalysis of Face-to-Face Dialogue: A close Look at Formulations</b>	P17
<i>Sara Jordan-USA</i> <i>Vaida Kazlauskaitė-USA</i>	Using microanalysis of face-to-face dialogue (MFD) to examine what type of words providers/therapist summarize from clients/patients in interviews. Formulations (summaries of clients/patients) are studied using a rigorous process method (MFD) with high inter-analyst reliability. Results will be shared.
<b>Intercultural Couple Case Example: Promoting Culturally Relevant Therapeutic Relationships</b>	P18
<i>Brittany Masangkay-USA</i> <i>Melissa Yzaguirre-USA</i>	This poster will highlight a systemic family therapist's role in fostering a positive therapeutic relationship when working with an interracial couple. A case example will be used to illustrate effective culturally relevant practices that can be utilized in treatment to promote positive therapeutic alliances when working with intercultural couples.
<b>Screening and Treating Pediatric Obsessive-Compulsive Disorder Through a Relational Lens</b>	P19
<i>Claudia Hindo-USA</i> <i>Sarah Margulis-USA</i>	Early diagnosis and appropriate treatments can reduce pediatric obsessive-compulsive disorder-related symptoms, relieving individuals of significant distress. Early detection combined with treatments involving a child's family helps to identify and understand obsessions in ways that can reduce or resolve compulsions and may prevent exacerbation of symptoms into adulthood.
<b>Love Across Cultures: Narrative Interventions for Asian-Hispanic Relationships.</b>	P20
<i>Amy Lin-USA</i> <i>Karla Rica Picco-USA</i> <i>Megara Escobedo-USA</i>	This presentation aims to enhance the existing body of research on interracial marriage, particularly focusing on Asian-Hispanic couples. It delves into stressors impacting their relational satisfaction and examines how narrative therapy can provide valuable tools for successful cross-cultural relationship navigation.
<b>Exploring Family Dynamics of Bisexual Women in Heterosexual Relationships: A Literature Review</b>	P21
<i>Jane Livingston-USA</i>	The literature review and research explore experiences of bisexual women in heterosexual relationships, illuminating the intersection of sexuality, family dynamics, and identity. Through narrative analysis, we aim to uncover their complex lives, offering insights into challenges and contributions to family systems.
<b>Master's Level Clinician Training in Microanalysis</b>	P22
<i>Hollie Allen-USA</i>	This poster will provide an overview of student training in Microanalysis (MFD). The poster will include a description of the methodology, an overview of the 16-week training course, and the clinical applications as well as applications in other disciplines.

<b>The role OBGYNs have in perinatal mood disorders in moms of color</b>		P23
<i>Darlyn Magana-USA</i>	The thesis research study is investigating the practices that OBGYNs are implementing to ensure moms of color are receiving the necessary education, screening, and treatment for perinatal mood disorders. In addition, researchers are assessing what strategies are being used to increase trust in the healthcare system.	
<b>Are the Kids Alright? Helping Children Thrive Through Divorce Using Narrative Therapy</b>		P24
<i>Allison Bonner-USA</i>	This poster presents relevant research demonstrating that children can thrive despite parental divorce. Previous research indicates potential protective factors for children of divorce, including skills that can lead to positive mental health outcomes in adult life. Potential narrative therapy interventions illustrate how clinicians can help clients develop these skills.	
<b>The Impact of D-Day: A DQA on Assessing Infidelity Discovery Response</b>		P25
<i>Jennah Hanson-Daley-USA Kathryn Wagner-USA</i>	Discovering infidelity can lead to distress for non-participating partners. The Impact of Event Scale-Revised has been used to assess for PTSD-like symptoms in this population. Using deductive qualitative analysis, we evaluate its appropriateness and suggest adaptations to better assess the trauma response from infidelity discovery.	
<b>Disability Dynamics: Examining Sibling Relationships Where Disability is Present</b>		P26
<i>Giselle Monterrosa-USA Bailey Faerber-USA</i>	This poster emphasizes the impacts of having a sibling with a disability on non-disabled siblings, stressing the importance for systemic therapy. Utilizing secondary data, we investigated emotional challenges, potential shame, and the shift of non-disabled siblings to caregiving roles. Concluding with therapeutic interventions promoting resilience within the family.	
<b>The Association Between Adult Attachment Orientations and the Phenomenological Properties of Autobiographical Memory: Examining Actor-Partner Effects</b>		P27
<i>Bahar Filiz-Turkey</i>	Explore links between adult attachment orientations and autobiographical memories in romantic relationships. With 108 couples, the study investigates the association, revealing patterns in emotional intensity and sharing. Findings, using the Actor-Partner Interdependence Model, shed light on direct partner effects, offering insights for clinical applications and advancing Attachment Theory.	
<b>A Case Study on Family Therapy for a Korean Adolescent Experiencing Bullying</b>		P28
<i>Tai-Young Park-Korea (Rep. of)</i>	This study aims to examine the experiences of an adolescent who had suffered from peer victimization in the context of family conflict, and to explore the effective family therapy intervention strategies for resolving family conflict and peer victimization issues.	
<b>Identifying with an Animal, SFBT Intervention for Families</b>		P29
<i>Neeah Lofton-USA</i>	This poster demonstrates how family unit clients can envision themselves as their desired animals during therapy. The therapist uses Solution Focused Brief Therapy (SFBT) interventions to help clients become more of the characteristics associated with their chosen animal.	
14:45-15:30	Presentations/workshops	
<b>The Single Story Reset Workshop</b>		Room 301 45min
<i>Jacqueline Mack-Harris-USA Aisha Swan-USA Keisha McLean-USA</i>	The Workshop invites participants to embark on a transformative journey of self-discovery. They will craft personal timelines, exploring life events and emotions. Guided by trauma-informed techniques, they'll delve deep, asking mindful questions, fostering healing, and embracing growth. An empowering experience of self-awareness and resilience.	
<b>An Integrative Interactional Approach to Functional Neurological Symptom Disorder: A Case Study</b>		Room 302 45min
<i>Linda Dennis-New Zealand</i>	The prevailing approach to functional neurological symptom disorder (conversion disorder), consistent with the assumptions of the medical model, draws on a reductionist paradigm, which is of limited value to the family therapist. A case study will demonstrate how applying the integrative interactional approach provides new opportunities for treatment and support.	

<b>Attending to Issues of Social Justice in Clinical Supervision</b>		Room 304
<i>April Nisan Ilkmen-USA</i> <i>De-Anna Harris-McKoy-USA</i>	It is crucial to search for cultural remedies for families' problems rather than trying to impose therapeutic regularities that are strange to the family. This presentation will focus on how the supervision of marriage and family therapists can better attend to issues of social justice present in diverse clients' lives.	45min Supervision
<b>Internationalizing Clinical Education in Couple and Family Therapy: Faculty Perspectives</b>		Room 701
<i>Sebastian Perumbilly-USA</i> <i>Tatiana Melendez-Rhodes-USA</i>	This presentation explores the benefits and challenges of internationalization of clinical education in systemically-focused couple and family therapy programs. The presenters are faculty with bicultural background with the experience of teaching internationally-focused clinical courses. The discussion will focus on pedagogical and supervisory strategies for internationally-focused clinical education.	45min
<b>The National Center for Social Studies (NCSS) in Saudi Arabia: Contribution for Family Counseling Research and Publication</b>		Room 704
<i>Nasser Aloud-Saudi Arabia</i>	This presentation provides an overview of the National Center for Social Studies (NCSS) in Saudi Arabia. It seeks to review its pivotal role in promoting scientific research and publication in the field of family counseling in the Kingdom of Saudi Arabia.	45min
<b>Bonding and boundaries: stepfathers adapting to blended family life in Malta</b>		Room 705
<i>Sue Vella-Malta</i>	This presentation captures the findings of a qualitative study on blended families in Malta, from the stepfathers' perspectives. Their accounts, captured through narrative analysis, counter Mediterranean patriarchal stereotypes in their respondents' sensitivity to bonding with their stepchild; reflective boundary management; and shared responsibility for the quality of the couple relationship.	20min 14:45-15:05
<b>Family, Schools and Communities Engaged Together: Supporting Mental Health In Sierra Leone</b>		Room 705
<i>Zephon Lister-USA</i>	The Family, Schools and Communities Engaged Together program, is a task-shifting, family-centered, school-based intervention implemented in Sierra Leone. Overall, participants reported improvement in family functioning and mental health. Findings suggest using non-specialists within a school-based context may be useful in scaling-up mental health support.	20min 15:10-15:30
<b>Helping Ariel notice other stories</b>		Room 706
<i>Keith Oulton-UK</i>	This presentation shows how a Narrative lens and collaborative working allowed Ariel, (who experienced childhood sexual abuse) notice other stories of self and take action through reflection and writing create new empowered self with skills and agency.	45min
<b>The Body Remembers What the Mind Forgets:A Model For Quantum Healing of Cultural Trauma</b>		Room 707
<i>Norma Lord-USA</i>	Explore beyond Bowen and the theory of generational transmission to "A Model of Quantum Healing of Trauma" that explores genetic memory and the necessary processes needed to bring about healing and change to individuals, families and groups.	45min
15:30-16:15	Recess Break	
16:15-17:00	Presentations/workshops	Room
<b>Two Homes -Two Lives Who should the children live with</b>		Room 301
<i>Margaret Hodge-Australia</i> <i>Lilia Szarski-Australia</i>	Does practice change when working with court ordered families. What role does a court order place? What challenges and strategies are focused on children, in warring families. How the practice of court ordered therapy changes formulation, hypothesis and judgements about the parents and to support the children's best interests.	45min
<b>"My Dad Told Me to Move Out": Overcoming Thematic Barriers with Families of Adolescents who Run Away or Are Told to Leave Home</b>		Room 302
<i>Natasha Slesnick-USA</i> <i>Caleb Cuthbertson-USA</i>	In the 1876 novel Tom Sawyer, Huckleberry Finn's father locks Huck in the cabin, leaves and beats him when he returns. Huck leaves home because "he is tired of his confinement and fears the beatings will worsen." In this workshop, we will address themes told by modern-day runaways.	45min

<b>Creating a Relational Foundation Using Intentional Transparency: MFT Supervision in Diverse Contexts</b>		Room 304
<i>Jeff Chang-Canada</i>	MFT supervision requires supervisees to discuss clinical mistakes, ethical dilemmas, countertransference, and insecurities, under their supervisor's live or videorecorded evaluative gaze. Jeff will describe an onboarding process characterized by supervisor transparency to invite supervisees to reciprocate their supervisor's transparency and create a context for a productive supervisory relationship.	45min Supervision
<b>Reflecting Team Supervision: From the Mirrored Room to the Digital Zoom</b>		Room 701
<i>Leonie White-Australia</i> <i>Louise Munro-Australia</i>	We present an innovative transition to online reflecting team work, demonstrating logistics of online delivery. We describe a process that maintains the intent of reflecting teams, linking practice-to-theory and highlighting advantages. Participants will be offered a creative reflective team experience without rooms, mirrors, or face-to-face contact.	45min
<b>Medical Family Therapy and Alcohol and Drug Treatment</b>		Room 704
<i>Kristy Soloski-USA</i>	Alcohol and drug use can be discovered by an MFT working in general practice. The presenter will describe research-informed practices, provide case examples, and highlight core MedFT competencies essential to effective clinical conduct. Training will include education on diagnostics, drug classifications and effects, and level of care recommendations.	45min
<b>The Continuum of Control and Freedom in Intimate Relationships: A Grounded Theory</b>		Room 705
<i>Jason Whiting-USA</i>	Although coercion and violence are damaging, it is not always clear what types of behaviors are controlling in relationships. This study analyzed the accounts of partners to explore the continuum of behaviors that range from non-controlling, to influencing, to controlling. Implications for clinical interventions for control will be discussed.	20min 16:15-16:35
<b>How blended families who identify as 'doing well' demonstrate resilience in difficult times</b>		Room 705
<i>Angela Abela-Malta</i>	This presentation is about blended families who consider themselves as 'doing well'. In all seven heterosexual couples, 26 family members were interviewed. The study explores how resilience manifests itself in the stories of the various family members. Thematic narrative analyses capture the richness and complexity of the stories.	20min 16:40-17:00
<b>The Application of Korean Integrative Family Therapy Model on Five Korean Sexless Couples</b>		Room 706
<i>Tai-Young Park-Korea (Rep. of)</i>	This study explores the factors that contributed to the sexless problems of five Korean male clients who experienced sex as pressure which led to sexual dysfunction. The study examines the therapeutic intervention and effectiveness of Korean Integrative Family Therapy Model.	45min
<b>First Session Magic: Use of Genograms to Deepen Family Assessment and Therapy</b>		Room 707
<i>Anna Bohlinger-USA</i>	In this presentation, participants will learn about a method for structuring first family sessions using a genogram and observational analysis to develop systems grounded hypotheses for family dynamics, functions, and patterns. Particular attention will be paid to use of structured family assessment in short term settings, such as partial hospitalization programs.	45min



**Saturday, April 13, 2024**

08:00-14:00	Registration Open	Registration Desk located on 3rd floor
8:30 -9:15	Presentations/workshops	Room
<b>Integrative Culinary Therapy</b>		Room 301
<i>Racine Henry-USA</i>	This workshop will be an experiential session to introduce clinicians to Integrative Culinary Therapy, an innovative approach to couples therapy which encourages cultural intimacy through cooking.	45min
<b>Social Justice from Start to Finish: Rethinking Systemic Family Therapy Diversity Training</b>		Room 302
<i>Melissa Yzaguirre-USA Chi-Fang Tseng-USA</i>	This interactive workshop is designed for educators, supervisors, and trainers worldwide committed to advancing inclusive diversity training application. It provides an overview of essential concepts related to social justice and diversity curriculum models. Presenters will engage participants in experiential learning activities, applicable to systemic family therapy diversity education and training.	45min
<b>Social Trauma through the Prism of the Cultural Context</b>		Room 304
<i>Tatiana Glebova-USA</i>	Complex interrelationship between the cultural context and consequences of social trauma as well as after-trauma healing will be explored using the theoretical framework (the Model of Impact of Sociocultural Trauma on Relational Well-being) and artwork metaphors.	45min
<b>What we miss: The necessity of self of the therapist work with high-conflict divorce cases</b>		Room 701
<i>Rachel Miller-USA</i>	Estimates suggest that most high-conflict custody cases have a history of domestic violence. These families are commonly referred to therapy without disclosure of their history, leaving therapists susceptible to causing additional harm. This workshop explores this complex topic and provides an opportunity for self of the therapist work.	45min
<b>“Deliberate Practice” Theory with Sex Therapy (Part 1 of 2)</b>		Room 704
<i>Sheila Addison-USA Daniel Stillwell-USA</i>	Sex therapy interventions require nuanced, skillful application to address diverse and sensitive concerns. Deliberate Practice – targeted skills improvement through iterative practice with immediate feedback – can significantly enhance clinical work. This workshop will overlay the principles of DP with sex therapy models from around the world.	45min
<b>Neurofeedback and systemic psychophysiology</b>		Room 705
<i>Katheryn Whittaker-Cayman Islands</i>	Neurofeedback and systemic psychophysiology has begun to find its way in family therapy specifically in the US and is now making its way globally. Research has shown positive outcomes when Neurofeedback is applied to just one family member- This in turn has shown to increase positive family interaction.	20min 8:55-9:15
<b>Meta-analysis Study of the Effectiveness of Marriage and Relationship Education Programs</b>		Room 706
<i>Manijeh Daneshpour-USA</i>	Marriage and Relationship Education (MRE) programs aim to help couples acquire essential skills for building and maintaining healthy relationships and marriages. This meta-analysis explored the effectiveness of MRE programs focusing on diverse populations. It explored the impact and whether these programs genuinely contribute to forming and sustaining healthy relationships.	45min
<b>From Crisis to Control: Reversing the Distress of one-Dimensional Fertility in an African Family</b>		Room 707
<i>Augustine Nwoye-South Africa</i>	This presentation describes one instance in which an African couple’s culturally-instigated distress could not be successfully addressed by drawing solely from the Euro-American family therapy tradition. The discussion highlights six steps taken to draw from the fertility awareness principles of reproductive medicine to control the distress.	45min
9:30-10:15	Presentations/workshops	Room
<b>Managing Difference from an Identity Lens</b>		Room 301
<i>Sar Surmick-USA</i>	Identity Theory gives a lens to explore the fundamental question of, “Who are you?” and manage the common experience of, “You’re not who I thought”. Whether this difference is encountered in the family, couple, or individual, Identity theory provides the therapeutic tools to navigate our complex systems of being.	45min

<b>Is this self-care? When avoidance disguises as self-care and what we can do about it</b>		Room 302
<i>Alba Nino-USA</i>	Self-care is crucial for therapists. However, self-caring activities can turn into avoidance coping, momentarily reducing anxiety but ultimately maintaining it. In this presentation, we'll examine self-care practices, their effectiveness, and alternatives. Suggestions for shifting to being self-caring and unconventional self-care practices will be offered.	45min
<b>The Quality of Sexual Communication as a Predictor of Satisfaction in Couple Relationships</b>		Room 304
<i>Lilian Saage-Estonia</i>	"Effective sexual communication is pivotal for relationship satisfaction. While struggling couples often focus on sexuality, thriving ones balance it with various forms of intimacy. Specialists' comfort in addressing this topic is crucial, and the way professionals navigate these discussions is equally vital."	45min
<b>Attachment characteristics in primary and competing relationships</b>		Room 701
<i>Elena Chebotareva-Russian Federation</i>	The study involved 75 respondents, married and having affairs outside their marriages. A comparison of attachment to a spouse and a lover was conducted. In general, in relationships with the primary partner more secure attachment styles are manifested, while relationships with a competing partner are more tense and contradictory.	45min
<b>"Deliberate Practice" Skill-Building with Sex Therapy (Part 2 of 2)</b>		Room 704
<i>Daniel Stillwell-USA Sheila Addison-USA</i>	Sex therapy interventions require nuanced, skillful application to address clients' diverse and sensitive concerns. Deliberate Practice – targeted skills improvement through iterative practice with immediate feedback – can significantly enhance clinical work. This workshop will provide attendees with a brief experience of the application of DP to sex therapy skills.	45min
<b>The role of parental accommodation in childhood anxiety</b>		Room 705
<i>Mandi Melendez-USA</i>	Parental accommodation is a notable feature of anxiety in children, as parents enable the child to avoid anxiety-inducing stimuli and provide positive external reinforcement in the form of attention and support. Family therapists may support the family with a focus on regulation and distress tolerance.	20min 9:30-9:50
<b>Hidden Challenges of Ulcerative Colitis and Its Systemic Impacts</b>		Room 705
<i>Audrey Perez-USA</i>	This presentation delves into the hidden challenges of Ulcerative Colitis (UC) individuals. It emphasizes its impact on family systems, from stigma to re-narrating family roles. Further research is essential to highlight the lived experiences and real-life challenges to mitigate the adverse effects and improve their quality of life.	20min 9:55-10:15
<b>Accessing and Supporting a Child's Grief: Theraplay® to Cope with a Cancer Diagnosis</b>		Room 706
<i>Anita Mehta-Canada Sarah Burley-Canada</i>	A chronic illness diagnosis destabilizes the family system. Managing a child's reaction to a parent's cancer diagnosis is often distressing for the whole family. Interventions related to play can be helpful for family therapists to assess, understand and offer support to the child(ren) and other family members.	45min
<b>Issues in Translating Western Family Therapy Literature into Chinese</b>		Room 707
<i>Xin Quan-USA Chaolu Quan-China</i>	Appropriate translation of Western literature on Family Therapy into Chinese is critical for ensuring quality family therapy training in China. This study reviewed the Chinese version of several prevalent Western publications on Family Therapy to help clarify the common issues related to translating Western literature for Chinese family therapy trainees.	45min
10:15-11:00	Recess Break	
11:00-11:45	Presentations/workshops	Room
<b>Let's Talk About Sex Esteem®: Key Systemic Sex Therapy Skills Couples Therapists Can Integrate into Assessments</b>		Room 301
<i>Sari Cooper-USA</i>	Many general couples' therapists are unprepared when hearing the sexual dysfunction, erotic, kink, pornography and non-monogamy presenting issues with which modern partners of all ages are grappling. Certified Sex Therapist Sari Cooper offers an assessment utilizing a systemic bio-psychosocial-spiritual model for therapists increasing their professional Sex Esteem®.	45min

<b>Tapping into our local wisdoms for emotional and relational healing</b>		Room 302
<i>Alba Nino-USA</i> <i>Momoko Takeda-USA</i>	We will expand the definition of “therapeutic” to include practices rooted in cultural traditions. Participants will embrace their local wisdom as resources to help individuals and families heal and thrive. To counteract colonizing tendencies in MFT dissemination, we will discuss how to adopt MFT practices while embracing our cultural richness.	45min
<b>The application of Bowen family systems theory to difficult cases in schools in Tokyo</b>		Room 304
<i>Marie Yoshida-Japan</i>	This presentation will describe a multi-disciplinary collaboration team called “the children support team”, which utilizes principles from systems theory for assessment and solution-oriented casework to resolve difficult cases at schools in Tokyo. The presenter will show how Bowen family systems theory can be applied in the Japanese context.	45min
<b>Permission seeking practice 2024 – From a UK and Japanese’s perspective</b>		Room 701
<i>Karen Burgess-United Kingdom</i> <i>Yuriko Morino - Japan</i>	We worked in a team at Child Mental Health Services in London (2004). From this work, the concepts of “Permission Seeking Practice” was born. It has a focus on power differences, and encourages the family to take charge. This practice influence’s our current work in Japan and the UK	45min
<b>Is Understanding Each Other Always An Advantage For Couples?</b>		Room 704
<i>Valeria Ugazio-Italy</i>	The implication of a study (Ugazio, Guarnieri & Anselmi, 2024) inspired by the Semantic Polarities Theory and the Shared Reality Theory will be discussed. Conducted with 20 couples, it confirms that the higher the semantic cohesion, the lower the couple conflict. However, a surprising result opens up intriguing therapeutic perspectives.	45min
<b>Initiating the dialogue between infant mental health and family therapy: A qualitative inquiry &amp; recommendations</b>		Room 705
<i>Eliza Hartley-Australia</i>	This qualitative study explored infant-family mental health experts’ perspectives and experiences regarding the inclusion of infants in the family therapy setting.	20min 11:25-11:45
<b>Incorporating Resilience Models in Clinical Training and Supervision</b>		Room 706
<i>Christie Eppler-USA</i>	Resilience is the ability to cope with and overcome adversity, to find purpose in challenges and change, and to prepare for the future by focusing on interconnections and personal strengths. This presentation will explore how concepts from resilience frameworks can be incorporated in clinical training and supervision.	45min
<b>Rest Assured: A mnemonic approach to suicide intervention training</b>		Room 707
<i>Hailey Arellano-USA</i>	With suicide rates steadily increasing, licensing boards have mandated suicide intervention training for mental health practitioners. This presentation highlights the systemic nature of suicide intervention, emphasizing the impact of practitioner process on client outcomes. REST ASSURED is a mnemonic training resource for clinicians in higher education and clinical practice.	45min
12:00-12:45	Presentations/workshops	Room
<b>IACSTE Accreditation Process</b>		Room 301
<i>John Lawless-USA</i> <i>William Heibert-USA</i>	Members of the International Accreditation Commission for Systemic Therapy Education (IACSTE) will provide information for programs desiring accreditation as well as answer questions from programs already accredited.	45min
<b>Walk-in Together: A Pilot Study of a Walk-In Online Family Therapy Intervention</b>		Room 302
<i>Eliza Hartley-Australia</i>	We developed a service, ‘Walk-in Together’, for families to access a once-off, online family therapy session that happens on the day they ask for it. Our pilot study findings revealed families found this service helpful in managing the presenting challenge or planning what further support they might need.	20min 12:00- 12:20

<b>Using the Familiar in Unfamiliar places</b>		Room 302
<i>Karen Story-Australia</i>	The Bouverie Walk-In Together telehealth family therapy service's important role in advancing the availability of accessible- evidence informed brief mental health care, integrating the Centre's advanced research of telehealth to family therapy, with the philosophy of walk-in methodologies, has radically transformed our service model.	20min 12:25- 12:45
<b>Screen Use &amp; Its Impact on the Family System</b>		Room 304
<i>Amanda Owen-USA</i> <i>Nicole Massey-Hastings-USA</i>	This workshop will address the impact of screen use on the family system. Factors influencing screen use and family functioning will be explored. This workshop will explore clinical interventions, the importance of strengthening parental sensitivity to the child's experience, and models of boundary setting and skill development.	45min
<b>Parental Alienation: A systemic perspective on navigating dilemmas and complexities</b>		Room 701
<i>Roberta Farrugia Debono-Malta</i>	Parental alienation is a complex concept. This presentation discusses its manifestation and potential misuse. It presents evidence-based interventions for mild to moderate alienation, delves into the controversy surrounding treatment for severe alienation. It offers recommendations to assist systemic practitioners navigate dilemmas in intervening with families facing alienation issues.	45min
<b>The educator-student relationship as a teaching tool: Isomorphism in educational settings</b>		Room 704
<i>Kelly Shearer-USA</i>	This presentation explores how relational teaching can be used as an isomorphic process for training MFT students in relational skills essential to clinical practice. Five components of relational teaching- roles, responsivity, reflexivity, regulation, and repair - will be discussed with implications and suggestions for educational practice.	45min
<b>Mother2Mother Peer Mentorship Program: Reflections and Lessons Learned</b>		Room 705
<i>Kayce Shepard-USA</i>	Mother-2-Mother is an 8-week peer mentorship program that uses a combination of structured mentorship and group discussions, to support character building, financial literacy, and workforce preparation. This presentation reflects on the experience of developing the M2M program and lessons learned since its inception.	20min 12:00-12:20
<b>Psychopathology in Nullity of Marriage Cases: what can the Relational-Symbolic Model contribute with?</b>		Room 705
<i>Ricardo Peixoto-Portugal</i> <i>Fabrizia Raguso-Portugal</i>	Are classical Psychopathology and Psychiatry fit to detect relational and developmental causes in marriage nullity? The Relational-Symbolic Perspective offers a valuable contribution, allowing to detect and understand relational and developmental issues of the couple. We aim to understand the contribution of a relational approach in such cases.	20min 12:25-12:45
<b>Parental guidance at the integration programme in Norway</b>		Room 706
<i>Elfrid Krossbakken-Norway</i>	Our presentation focus on social policy, regarding the obligatory parental support classes in the introduction programme in Norway and cost/benefits of such a commitment. We will also present the ongoing study, The national study Supported Parenting Interventions for Families with Refugee Background, to highlights some findings.	45min
<b>Working with the Families of Trans Youth</b>		Room 707
<i>Sar Surmick-USA</i>	The number of Trans Youth is growing quickly. When a young person transitions, the whole family transitions with them. As Family Therapists it's imperative we're able to work with these families. Join us for discussion, techniques, concerns, and a robust Q&A session.	45min
12:45-13:45	Closing Lunch	Basement
13:45-14:30	Presentations/workshops	Room
<b>Exploring the Relationship between Common Factors of Change and Chronic-Illness-Related Distress in Women with Chronic Illness in Teletherapy</b>		Room 301
<i>Afarin Rajaei-USA</i>	This study examines the efficacy of teletherapy in reducing distress in women with chronic illnesses. Utilizing quantitative methods with 200 participants, it assesses the relationship between therapeutic factors and illness-related distress through the Common Factors of Change Scale and a modified Impact of Events Scale. Multiple regression analysis applied.	45min

<b>Relational Ethics, Power, and Gender</b>		Room 302
<i>Manijeh Daneshpour-USA</i>	This presentation focuses on the intersection of gender, power, and social justice within the global context. Social justice and men's and women's issues from biological, sociological, contextual, and ecological perspectives will be examined. It will cover global social justice for systemic therapy, training, and supervision.	45min
<b>Hua-Wu-Shi-Family Therapy in Practice</b>		Room 304
<i>Chew-Chung Wu-Taiwan Hong-shiow Yeh-Taiwan Joo-siang Tan-Malaysia Ya-ling Huang-Taiwan</i>	The presentation will introduce the case-based training process of Hua-Wu-Shi family therapy, a novel approach Dr. Chew-Chung Agnes Wu developed by incorporating Satir's theory and skills with consideration of Chinese cultural background in practice. It will be conducted by video presentation, speech, and group discussion.	45min
<b>Experiences of ambiguous loss among family members of dementia patients in Japan: Cross-cultural similarities and differences</b>		Room 701
<i>Tomoko Ogasawara-Japan</i>	This presentation demonstrates how and to what extent family members of dementia patients may experience "ambiguous loss" in the Japanese context, applying theories and of Pauline Boss (2015). The findings include cultural similarities and uniqueness drawn from a large-scale internet survey with a small interview study in Japan.	45min
<b>What's up doc? How Work Stress Impacts Physician Relationships</b>		Room 705
<i>Kathryn Wagner-USA</i>	One doctor dies by suicide in the US every day, the highest suicide rate among any profession (Anderson, 2019). Physician couple relationships can serve as a protective factor to physician psychological distress. Qualitative content analysis is used to understand the unique experiences in physician relationships in the U.S.	20min 13:45-14:05
<b>How to work with families after adolescent attempted suicide</b>		Room 705
<i>Juha Metelinen-Finland</i>	The family intervention model is developed from the ASSIP model and using Attachment Based Family Therapy Theory. The key factors are working with high risk, safety, and attachments. We believe that the parents and family are a very important safety net for the youth.	20min 14:10-14:30
<b>Creating a Socially Just Therapeutic Space</b>		Room 706
<i>Mialauni Griggs-USA</i>	Breaching the topic of social justice issues in the therapy room with clients can induce feelings of discomfort for clinicians. However, as systemic therapists, we have a responsibility to our clients to hold their authentic, lived experience or else we risk perpetuating a deafening silence around complex social issues.	45min
<b>The Effects of Infidelity on the Sexual Relationship</b>		Room 707
<i>Tina Timm-USA</i>	The effects of infidelity on the sexual relationship of the couple are often a neglected part of affair recovery. This presentation reviews four common clinical presentations of the possible effects of an affair on the sexual relationship of a couple. Case studies, assessment questions, and brief intervention suggestions are included.	45min
14:45-15:30	Presentations/workshops	
<b>The German Research and Care Network CHIMPS-NET (Children of Mentally Ill Parents)</b>		Room 301
<i>Theresa Paumen-Germany Silke Wiegand-Grefe-Germany</i>	CHIMPS-NET, a Germany-wide research and care network, has been implementing and evaluating four new forms of care (three face-to-face, one online) for families with mentally ill parents since 2020. Findings on both the families' burdens and their expectations of a family-based intervention are presented.	45min
<b>The Stuck Case - a process for increasing students' clinical flexibility</b>		Room 302
<i>Robyn Elliott-Australia Sandy Jackson-Australia</i>	This presentation describes a process utilising students' "stuck" points in clinical work to change, in vivo, patterns, adaptive in their families of origin, but which now limit their therapeutic flexibility. Thematic analysis of essays representing the impact of this process and the development of the therapist self is provided.	45min



<b>Sculpturing Techniques in Hua-Wu-Shi Family Therapy</b>		Room 304
<i>Chew-Chung Wu-Taiwan</i> <i>Hong-shiow Yeh-Taiwan</i> <i>Joo-siang Tan-Malaysia</i> <i>Ya-ling Huang-Taiwan</i>	Hua-Wu-Shi family therapy is a novel approach Dr. Chew-Chung Wu developed by incorporating Virginia Satir's theory and skills with consideration of Chinese cultural background in practice. The workshop will invite audience participating in role playing to experience sculpturing techniques in Hua-Wu-Shi family therapy.	45min
<b>Cultural and Relational Beliefs in Meaning Making for Psychological Distress Within the African Canadian Diaspora</b>		Room 701
<i>Buuma Maisha-Canada</i>	The communication will discuss our research participants' perceptions of psychological distress, including perceptions that would likely limit awareness and normalization of the distress viewed as a supernatural, abnormal, or simply unknown phenomenon. An integrative approach showcasing cultural, relational, and spiritual perspectives is recommended for therapy with the studied population.	45min
<b>Considerations and Recommendations For Working with Interpreters in Psychotherapeutic Settings</b>		Room 705
<i>Verenice Torres-USA</i>	In today's diverse society, therapists can find themselves working with clients who do not speak their primary language. Yet, working with interpreters in psychotherapeutic settings is not often part of their clinical training. This presentation will highlight some challenges and best practices related to delivering therapy with an interpreter.	20min 14:45-15:05
<b>The Association Between Adult Attachment Orientations and the Phenomenological Properties of Autobiographical Memory: Examining Actor-Partner Effects</b>		Room 705
<i>Bahar Filiz-Turkey</i>	This research investigates the connection between adult attachment orientations and characteristics of romantic relationship-related autobiographical memories. Analyzing 108 couples, results reveal links between attachment anxiety and emotional aspects of negative memories. Attachment avoidance correlates with distancing in positive memories. APIM unveils that males' anxiety influencing females' positive memory sharing.	20min 15:10-15:30
<b>Reducing trainee's shame in gatekeeping and remediation: Applying Aponte's POTT framework</b>		Room 706
<i>Rebecca Kenyon-USA</i> <i>Kelly Shearer-USA</i>	Couple and Family Therapy supervisors and educators often struggle in their gatekeeping roles to support trainees' vulnerabilities while ensuring core competencies are met. This workshop will apply the Person of the Therapist Training philosophy as a means to mitigate trainee shame and increase effectiveness in the remediation process for gatekeeping.	45min
<b>Relational Responses to Shame: Moving Towards Acts of Resistance and Restoration</b>		Room 707
<i>Sharon Sng-Singapore</i>	The presentation uses a case study method to describe the clinical principles in resisting the effects of shame on a person's emotions, behaviours and relationships. It highlights narrative ideas and the transforming interpersonal patterns (TIPs) that invites more healing interpersonal patterns and restoration for the survivors of interpersonal violence.	45min
15:30-16:15	Closing Recess Break	
16:15-17:00	Presentations/workshops	Room
<b>Getting Published in Family Therapy Journals: Pitfalls and Possibilities</b>		Room 301
<i>Todd Edwards-USA</i> <i>Afarin Rajaei-USA</i>	Do you have innovative ideas that you want to share with the family therapy community? Does the world of academic journals seem mysterious? Join the Editor of the International Journal of Systemic Therapy to learn about ways to navigate the publication process and translate your work into a published article.	45min
<b>Trauma and the Body: Somatic Approaches to Working with Wounded Couples and Families</b>		Room 302
<i>Jake Johnson-USA</i>	This workshop will define provide a systemic definition of trauma and note how it can impact our bodies. It will then explore how embodied trauma impacts one's intimate relationships. Various somatic approaches for treating the effects of trauma in our bodies and relationships will also be offered.	45min

<b>RUPP Training Family Therapy and Systemic Practice</b>		Room 304
<i>Sovandara Kao-Cambodia</i>	This presentation will discuss the development and application of family therapy in Cambodia, including the development of one of the first university based training programs in the country. Cultural issues relevant to therapy will be discussed.	45min
<b>Changing Needs of Families Upon Foster Care Involvement: Vulnerabilities &amp; Resilience</b>		Room 705
<i>Lenore McWey-USA</i> <i>Carson Outler-USA</i>	There are approximately 500,000 U.S. children in foster care and their parents are often required to participate in therapy after system involvement. We will reveal study results showing how families' needs change after foster care system involvement and what these changes mean for the therapists working with them.	20min 16:40-17:00
<b>Cohabitation of Lesbians and Gay Men</b>		Room 706
<i>Cole Bankston-USA</i>	Lesbian comedian Lea DeLaria jokes that on the second date, a lesbian brings a U-Haul, humorously suggesting rapid relationship progression. This stereotype, popular amongst lesbians, prompts questions about gender dynamics. Despite its humor, it sparks discussions on relationships, communication, and societal expectations, offering insights into gender roles and perceptions.	20min 16:15-16:35
<b>"They just don't understand": Walking alongside people with autism and their families in the counselling session</b>		Room 706
<i>Jo Stephens-Australia</i>	Counsellors are privileged to work with autistic children and their families, as they discover their unique qualities and attributes. Upon diagnosis, families can be presented with deficit-based medical-model language from clinicians, which is detrimental to their wellbeing. A narrative therapeutic approach can promote positive change, connection and belonging.	20min 16:40-17:00
<b>Mental Health Counselors and DBT Skills Groups in Acute Inpatient Settings</b>		Room 707
<i>Melanie Agustin-USA</i>	Dialectical Behavior Therapy is an evidenced-based psychotherapy anchoring acute inpatient programming. Designed by psychologists, patients develop/practice coping skills to manage presenting symptoms. Counselors co-facilitate group linking skills with Positive Behavior Interventions and Supports. Programming strengthens collaboration with family caregivers, creating a transition of learned skills to home.	45min

# IFTA BOARD OF DIRECTORS

IFTA is the professional association for those interested in the field of marriage and family therapy throughout the world. As such, it is the only organization that provides unity for therapists from east to west, respecting traditional approaches and embracing the tradition of tomorrow.



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# **BENEFITS OF MEMBERSHIP**

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## **JOURNAL OF FAMILY PSYCHOTHERAPY**

As a member of IFTA you will receive a subscription to the Journal of Family Psychotherapy. This is the official journal of IFTA and is sent to you electronically as part of your membership fee and is available online..

## **INTERNATIONAL CONNECTION**

The online International Connection newsletter provides you with updates about the organization and additional articles written by members worldwide.

## **FAMILY THERAPY E-NEWS**

A Members Only Research E-News Forum is sent quarterly highlighting research in marriage and family therapy.

## **WORLD FAMILY THERAPY CONGRESSES**

A special World Congress discounted registration fee is available every year for members attending the annual World Family Therapy Congress. Networking is one of the highlights of an IFTA Congress; many 2014 Congress attendees said, 'the best networking congress ever!'

## **IFTA MEMBERSHIP DIRECTORY**

An IFTA Member Directory is available to members only by request.

## **IFTA and IFTA CONGRESS WEB SITES**

IFTA maintains a web site that contains information on upcoming World Family Therapy Congresses, Association information, news, and occasional articles.

# **TYPES OF MEMBERSHIP**

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## **INDIVIDUAL MEMBERSHIP**

This membership is for the professional mental health practitioner. Whether you are in a private practice, work for an agency, or would just like to learn more about family therapy from an international perspective. Memberships are available for one, 3 or 5-years with a discount for multiple year memberships.

## **STUDENT MEMBERSHIP**

Student members are currently enrolled in programs leading to a graduate degree or post-graduate certificate in marriage and family therapy or a related mental health field.

## **GROUP MEMBERSHIP**

A group membership allows family therapy clinics or hospitals or academic departments to become a member of IFTA. This membership allows up to 3 professionals to be included in the group at a discount.

## **LIFETIME MEMBERSHIP**

This one time fee of \$1000 provides membership benefits as long as the member desires.

## **BECOMING A MEMBER**

You may become a member of IFTA by credit card through the IFTA web site application: <https://www.ifta-familytherapy.com/application/> You may also contact the Secretariat for a fax application form.

# ACCESS



## Venue: Toyama Prefectural Hall

Toyama Station      Approx. 15-min on foot  
 Toyama Airport      Approx. 25-min by bus

## Tokyo

Shinkansen      Approx. 2-hr  
 Airplane      Approx. 1-hr

## Osaka/ Kyoto

Shinkansen+Express      Approx. 3-hr

## Nagoya

Express/ Highway Bus      Approx. 4-hr

## Sapporo

Airplane      Approx. 1.5-hr

Toyama City Travel Guide



Toyama Pref. Travel Guide



Toyama City Restaurant Guide

(Search for "Around Toyama Station" or "Central Toyama City")





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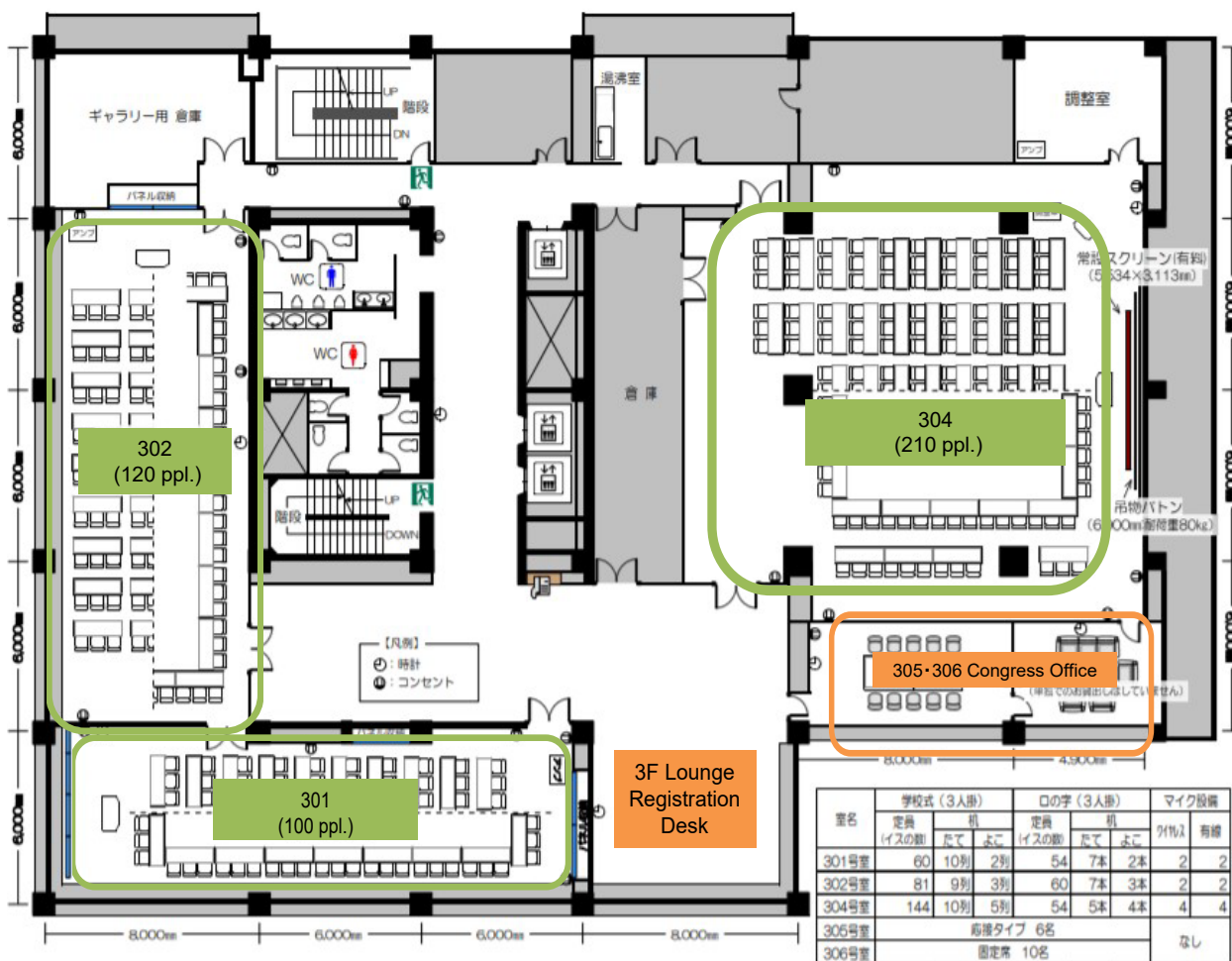
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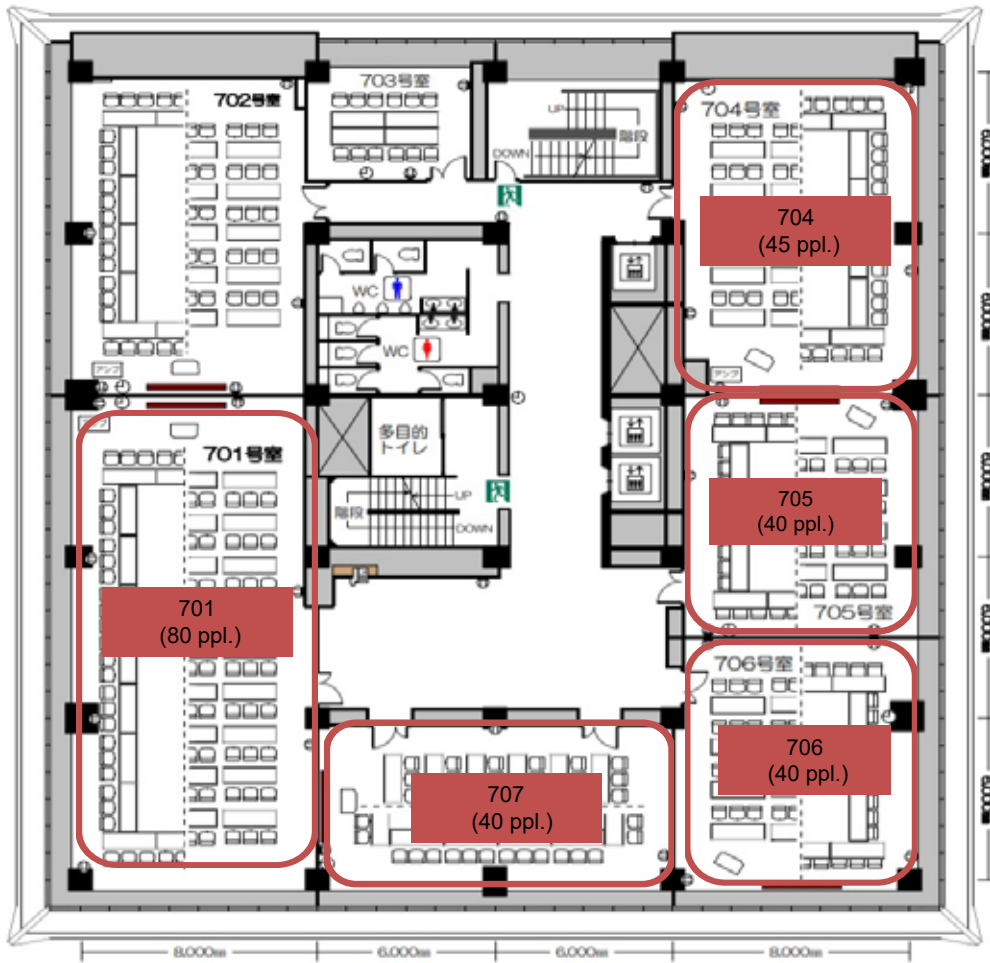


# MAP OF MEETING ROOMS

## 3rd Floor



# 7th Floor



# AFTA

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**Our conferences are “structured for dialogue and intimacy, something you cannot find at other conferences. AFTA feels like home.”**

The 46<sup>th</sup> Annual Meeting and Open Conference will provide compassionate support, novel understandings, and effective skills to people who suffer so that they may survive and thrive in a challenging world. This conference is designed to provide a Big Tent for our field of systemic, contextual thinkers, researchers, educators, and practitioners.

### **Plenary Speakers include:**

- Katie Heiden-Rootes, PhD
- Howard Markman, PhD
- Froma Walsh, MSW, PhD
- Sky Redhawk, Tribal Member, Apache and Lakota Nations, Indigenous Flute Player, and Storyteller

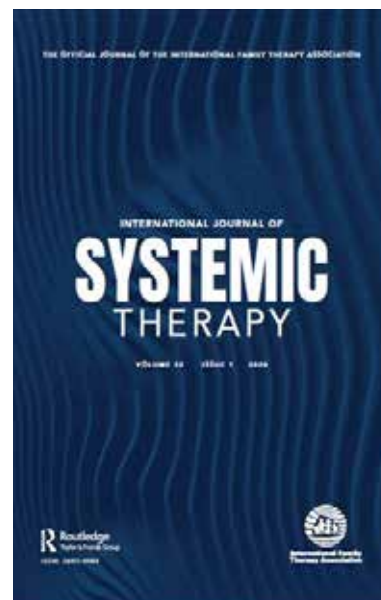
## **IFTA'S NEW JOURNAL**

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The Journal is a unique, peer-reviewed journal designed for practicing clinicians as well as academics that offers empirical studies, treatment reports, theoretical discussion, and strategies in clinical practice from family psychotherapy scholars from around the world. The Journal offers empirical studies, program reports, strategies in clinical practice, and theoretical discussions and essays. Additional specialty sections include Family Therapy Around the World, Intervention Interchange, Family Therapy and Mental Health, and Media Reviews. The Journal also regularly publishes special issues on various topics guest-edited by experts in diverse areas of family psychotherapy. The Journal is editorially and administratively managed by IFTA, and published by Taylor & Francis.

The Journal Editor is Todd Edward, Ph.D., from the University of San Diego, CA. Look for his workshop.

A free subscription to the Journal is part of membership in IFTA. For more information, contact the IFTA General Secretary: [wjhiebert@aol.com](mailto:wjhiebert@aol.com).



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## **CONGRESS LOYALTY DISCOUNT REGISTRATION RATE**

If you are attending this 2024 World Family Therapy Congress, you are able to register for the 2025 World Congress in Aberdeen, Scotland at a Loyalty Discount Rate that will be sent to you within 4 weeks of the end of this Congress.



2025 World Family Therapy Congress  
**Aberdeen, Scotland**  
March 26-29, 2025



The 2025 World Family Therapy Congress of the International Family Therapy Association will be held in Aberdeen, Scotland. We invite you to join colleagues from around the world at the P+J Live Conference Facility and the Hilton and Aloft Hotels.

Like all IFTA Congresses, it will feature many approaches to a variety of problems and ways of coping with them. The congress aims to help heal hurting couples and families in various cultures.

**Call for Proposals:** OPEN NOW UNTIL September 30th

Proposals are sought for the in the following categories:

Brief Presentation (20 minutes)

Lectures/workshops (45 minutes)

Poster Session

**Students**

Students must send proof of student status (scan of student ID) to [info@ifta-congress.org](mailto:info@ifta-congress.org) to receive a Promo code in order to register as a student.

**The Official Language**

of the meeting is English. All abstract submissions must be in English.

**Proposal Information:**

<http://ifta-congress.org/docs/GeneralGuidelines.pdf>

**Submit a Proposal:**

[www.ifta-conference.org](http://www.ifta-conference.org)

