



March 24th-29th 2025

Aberdeen Scotland



**International Family
Therapy Association**



WELCOME TO THE IFTA CONGRESS

Dear Colleagues,

Welcome to Aberdeen, Scotland! This is the International Family Therapy Association's 2025 World Family Therapy Congress.

This is another of those rare and wonderful opportunities in which we can renew ourselves and enrich our practice skills in family therapy. The goal for the Congress, in a larger sense, is the same as it has been since IFTA was founded in 1987: Advancing family therapy worldwide by promoting research, education, sound practice, and promoting international cooperation. We hope that this Congress facilitates an exchange of knowledge and ideas that support the health and well-being of families and other human systems. The Congress provides magnificent opportunities for face-to-face sharing of ideas and networking with colleagues from various parts of the globe.

The 2025 Congress Committee invites family therapists to explore both new and familiar ways to assist families.

We live simultaneously in "one world" and many worlds. Thus, family therapy is a mutual, interactive process in which we learn new ways from colleagues from many lands. Communicating and networking among therapists from over 30 countries during this Congress will provide professional contacts and information to support the exchange of knowledge and the growth of family therapy in many countries.

We hope you will share and learn about dealing with old, familiar problems and new, unfamiliar challenges we may not have faced previously.

Jake Johnson

Jake Johnson Ph.D.

President

WHAT IS IFTA?

The International Family Therapy Association was an outgrowth of the East-West Bridging Congress conducted in Prague in 1987 with Virginia Satir and Donald Bloch as the Honorary Vice Presidents. After two years of organizational work including creating a Founding Board of Directors, with Virginia Satir on the Founding Board, IFTA launched its first World Family Therapy Congress in Dublin, Ireland, 1989.

Since then, IFTA has become the professional association for those interested in the field of marriage and family therapy throughout the world. As such, it is the only organization that provides unity for therapists from east to west, respecting traditional approaches and embracing the tradition of tomorrow.

CONFERENCE CODE OF ETHICS

World Family Therapy Congresses are a unique meeting place for the world-wide family of family therapists. The Congress Board desires that the experience of this Congress be one of the highlights of your year.

As we look forward to another exciting congress, we want to remind everyone that the World Family Therapy Congress is dedicated to providing a harassment-free experience for everyone regardless of factors such as sex, gender identity, and expression, sexual orientation, ability, physical appearance, body size, race, ethnicity, nationality, culture, or religion.

Harassment may take a variety of forms and in a variety of environments, including in-person or online. Attendees asked to stop any harassing behavior are expected to comply immediately. If a participant engages in harassing behavior, the congress organizers may take any action they deem appropriate, from warning the offender to expulsion from the congress. If you are being harassed or notice that someone else is being harassed, please contact a conference staff member immediately. Their names and pictures are listed in the Congress Program.

Congress staff will be happy to help participants contact hotel/venue security or local law enforcement, provide escorts, or otherwise assist those experiencing harassment to feel safe for the duration of the conference. We value you, your safety and your attendance.

We expect all conference participants to be professional, considerate, respectful and collaborative. Please silence mobile devices during presentations, do not interrupt others who are speaking, and avoid using shared wifi/bandwidth to download large files. **DO NOT RECORD ANY LIVE DEMONSTRATION THERAPY WORKSHOPS.**

We appreciate your help in making the World Family Therapy Congress the very best it can be.

MISSION STATEMENT

Adopted December 2005

The cornerstone of every society is the family. With the support of its members, the International Family Therapy Association (IFTA) provides international conferences to promote, strengthen and improve the quality of family therapy, the quality of relationships within families and to promote well being and peace within our world.

IFTA, working in a collaborative spirit with other professionals and organizations around the world who share its mission, also promotes continuing education for family therapy professionals in the development of international quality standards for marriage and family therapists in order that they may better assist families in the communities in which they serve.

IFTA: CELEBRATING 30+ YEARS

The International Family Therapy Association was an outgrowth of the East-West Bridging Congress conducted in Prague in 1987 with Virginia Satir and Donald Bloch as the Honorary Vice Presidents. After two years of organizational work including creating a Founding Board of Directors, with Virginia Satir on the Founding Board, IFTA launched its first World Family Therapy Congress in Dublin, Ireland, 1989.

PLENARY PANEL

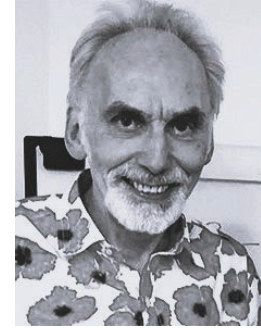
Sponsored by the Family Process Institute



Hannah Sherbersky, Ph.D
CEO, Association for Family
Therapy and Systemic Practice,
UK
And
Associate Professor at the
University of Exeter



Renee Singh
Founding Director of the
London Intercultural Couples
Centre
And
Consultant, Family and Couples
Systemic Psychotherapist



John Burnham
Former Director of Systemic
Training, Parkview Clinic,
Birmingham Women and Chil-
dren's Hospital. Now the lead
for the Supervision Training
Course

BENEFITS OF MEMBERSHIP

JOURNAL OF FAMILY PSYCHOTHERAPY

As a member of IFTA you will receive a subscription to the Journal of Family Psychotherapy. This is the official journal of IFTA and is sent to you electronically as part of your membership fee and is available online.

INTERNATIONAL CONNECTION

The online International Connection newsletter provides you with updates about the organization and additional articles written by members worldwide.

FAMILY THERAPY E-NEWS

A Members Only Research E-News Forum is sent quarterly highlighting research in marriage and family therapy.

WORLD FAMILY THERAPY CONGRESSES

A special World Congress discounted registration fee is available every year for members attending the annual World Family Therapy Congress. Networking is one of the highlights of an IFTA Congress; many Congress attendees say, "the best networking congress ever!"

IFTA MEMBERSHIP DIRECTORY

An IFTA Member Directory is available to members only by request.

IFTA and IFTA CONGRESS WEB SITES

IFTA maintains a web site that contains information on upcoming World Family Therapy Congresses, Association information, news, and occasional articles.

Wednesday, March 26, 2025

14:00-17:00 Registration for Congress
No meetings or workshops

Thursday, March 27, 2025

08:00-16:00 Registration Hours

9:30 Opening Plenary: Sponsored by the



-Master of Ceremonies:

Jake Johnson, IFTA President

-Welcome to Scotland:

Markus Grindat

-Welcome to the UK:

Hannah Sherbersky

-Announcements:

Doug Tschopp, Congress Manager

-Introductions:

Jake Johnson

11:15-12:00 Recess break and
Networking

12:00-12:45 Presentations/workshops

12:45-13:45 Light Lunch

13:45-14:30 Cultural Exhibition

14:45-15:30 Presentations/workshops

15:30-16:15 Recess Break

16:15-17:00 Presentations/workshops

Friday, March 28, 2025

08:00-16:30 Registration Hours

08:30-09:15 Presentations/workshops

09:30-10:15 Presentations/workshops

10:15-11:00 Recess Break

11:00-11:45 Presentations/workshops

12:00-12:45 Presentations/workshops

12:45-13:45 Light Lunch

13:30-14:30 Poster Presentations

14:45-15:30 Presentations/workshops

15:30-16:15 Recess Break

16:15-17:00 Presentations/workshops

Saturday, March 29, 2025

08:00-14:00 Registration Hours

08:30-09:15 Presentations/workshops

09:30-10:15 Presentations/workshops

10:15-11:00 Recess Break

11:00-11:45 Presentations/workshops

12:00-12:45 Presentations/workshops

12:45-13:45 Light Lunch

13:45-14:30 Presentations/workshops

14:45-15:30 Presentations/workshops

15:30-16:15 Closing Break

-Master of Ceremonies:

Jake Johnson, IFTA President

Welcome to Bergen, Norway

Aberdeen, Scotland March 27-29

IFTA 2025 World Family Therapy Congress

SYSTEMIC SUPERVISION TRACK

The Supervision Track at the 2025 World Family Therapy Congress meets the workshop requirements for IFTA's Certified Systemic Supervisor (CSS) credential. These six workshops (and others scattered throughout the program) fulfill the academic requirements of the CSS. The Supervision Track will take place on Friday March 28, 2025, beginning at 8:30 through 17:00.

1. Mark Rivett (UK)

Supervising Layers of Paradox:

Systemic Supervision with Peer Mentors (08:30-09:15)

2. Anthony Pennant (USA)

Neuro-Affirming Systemic Supervision (09:30-10:15)

3. Marianne Le Coyte Grinne (UK)

Supervising in the Metaverse and Beyond (11:00-Noon)*

4. Bill Northey (USA) and Marianne Le Coyte Grinne (UK)

Going Meta in Supervision: A Dialog (12:00-12:45)

5. Alyssa Young (USA) and Shanika Torres (USA)

Systemic Approach to Culturally Attuned Supervision (14:45-15:30)

6. Bill Northey and Mark Rivett (UK)

Supervising Difference: A Moderated Discussion (16:15-17:00)

*Note there will be no break after this session.



Mark Rivett



Bill Northey



Shanika Torres

2025 IFTA CONFERENCE PROGRAM

Wednesday, March 26, 2025		
14:00-17:00	Registration Open	Registration Desk located on the 1st floor
Thursday, March 27, 2025		
08:00-16:00	Registration Open	Registration Desk located on the 1st floor
09:30-11:15	Opening Ceremony and Plenary Panelists (CE)	Suite 1C
11:15-12:00	Recess Break and Networking	Suite 1A & 1B
12:00-12:45	Presentations/workshops	Room
A Theory of the Invisible Ink of the Psychology and Danger of Skin Whitening Practices		Meeting Room 1
<i>Augustine Nwoye-South Africa</i>	Skin whitening is one of the most prevalent and dangerous methods of body alteration used all over the world. Unfortunately, very few people are aware of the deadly health consequences that go with it. A theory of the invisible ink of the dangers that accompany its practice is offered.	45min
Getting Published in Family Therapy Journals: Pitfalls and Possibilities		Meeting Room 2
<i>Todd Edwards-USA</i> <i>Afarin Rajaei-USA</i>	Do you have innovative ideas that you want to share with the family therapy community? Does the world of academic journals seem mysterious? Join the Editors of the International Journal of Systemic Therapy to learn about ways to navigate the publication process and translate your work into a published article.	45min
MDFT; a comprehensive familytherapy for adolescents and their families		Meeting Room 3
<i>Sylvia Cool-Netherlands</i>	We will explore the theory and clinical work in MDFT. You will experience the way MDFT works for adolescents with behavioral problems and their families. The workshop will be interactive: theory, modelling, roleplay will be used to give the learners an experience they can use in their daily practises.	45min CE
Client Way of Being: Facilitating I-thou Relational Stances Externally and Internally		Meeting Room 4A
<i>Douglas McPhee-USA</i> <i>Dave Robinson-USA</i>	A therapist's way of being may be the foundation of therapeutic effectiveness (Fife et al., 2014). In this presentation, we propose and illustrate how contextual therapy and IFS can be used to help clients facilitate and enhance I-thou ways of being externally (interpersonal) and internally (intrapsychic).	45min
Embrace Inclusivity: Christian Leaders' Perspectives on Refusing Therapy to Trans & Nonbinary Folx		Meeting Room 4B
<i>Christi McGeorge-USA</i>	Based on personal religious beliefs, some therapists refuse to work with transgender and nonbinary clients. This qualitative study focused on Christian religious leaders' insights for therapists who consistently refer transgender and nonbinary clients to assist therapists in being able to provide affirmative and inclusive services for trans and nonbinary folx.	45min
Provider Training to Help Parents with Cancer Communicate with their Children		Meeting Room 5
<i>Vaida Kazlauskaite-USA</i> <i>Brandon Eddy-USA</i> <i>Sara Jordan-USA</i>	This quantitative study focused on extend of training mental and medical health providers receive to assist parents with cancer in their communication efforts with their school- aged children. Role perception was also measured to assess whether provides believe it is part of their job description to help in this foci.	45min
Gaining Awareness of Fetal Alcohol Spectrum Disorders		Meeting Room 6
<i>Chris Troutt-USA</i>	Fetal Alcohol Spectrum Disorders are on the rise. As practitioners it's our duty to gain better understanding on how this organic brain damage effects a person's life and outcomes. This presentation will allow those in attendance to gain awareness and understanding of prenatal exposure to alcohol and drugs.	45min

Impact of Parental Loss on Hong Kong youth: A Qualitative Study with AI-Generated Music		Meeting Room 7A
<i>Wing Man Chi-Hong Kong (China, SAR)</i>	This study examines the impact of bereavement on adolescent self-development in Hong Kong, revealing unpredictable effects of grief despite anticipated loss. It highlights how bereavement could enhance family cohesion and personal growth, and innovatively employs AI-generated musical narratives to express participants' stories, offering new insights into grief processing.	20min 12:00-12:20
Discovering the Vibrancy of Parent-Child Connections: Experiences of Hearing Children of Deaf Adults (CODAs) in Hong Kong and Their Influence on Intimate Relationships		Meeting Room 7A
<i>Man Yim Hoi-Hong Kong (China, SAR)</i>	This study delves into the life narratives of CODAs to unpack how their upbringing in families with deaf parents shapes their romantic relationship development. Through family systems perspective, study highlights findings on how unresolved emotional attachments within the family of origin influence CODA's journey toward achieving differentiation of self.	20min 12:25-12:45
12:45-13:45	Light Lunch	Suite 1A & 1B
13:45-14:30	Cultural Exhibition	Suite 1A & 1B
14:45-15:30	Presentations/workshops	Room
Autism in the Workplace: An Exploration of Small Changes That Make a Big Difference		Meeting Room 1
<i>Tony Issenmann-USA</i> <i>Christopher Blankenship-USA</i>	One in every 36 people are on the autism spectrum; however, the world's workplaces are seldomly designed to support them and take advantage of their skills. This presentation explores how clinicians and professionals can build systems that allow autistic individuals to participate in the workforce and thrive in communities.	45min
Digital Echoes in a Pandemic Era: Impact of Instagram and TikTok on Mental Health Post-COVID-19		Meeting Room 2
<i>Afarin Rajaei-USA</i>	This study explores how Instagram and TikTok have influenced mental health post-COVID-19, addressing both positive and negative outcomes.	45min
Love and Money: Developing an interdisciplinary curriculum in financial therapy		Meeting Room 3
<i>Jennifer Gonyea-USA</i> <i>Megan Ford-USA</i> <i>Kristy Archuleta-USA</i>	This session describes goals, benefits, and challenges of developing an interdisciplinary financial therapy university training program. In a world where finances are a major source of stress for individuals, couples, and families, this program bridges clinical and curriculum cross-training efforts for couple and family therapy and financial planning students.	45min
Reimagining Childhood – Incorporating a Neurodiverse lens on child development		Meeting Room 4A
<i>Anthony Pennant-USA</i>	This presentation will highlight how the current understanding of child development fails to acknowledge how the diversity of neuro-presentation and neuro-expression in behavior impact child development. This presentation will illustrate an updated version of child and human development while presenting recommendations for systemic clinicians.	45min
Haunted Love: The Impact of childhood sexual trauma on couple dynamics		Meeting Room 4B
<i>Ileana Ungureanu-USA</i>	Childhood sexual assault can have significant individual, developmental consequences and impact relationships in adulthood. In this workshop, we will look at both aspects, focusing on the impact on couple dynamics, when at least one partner experienced sexual trauma in childhood. Principles of couples' treatment will be addressed.	45min
Therapy that Works: A Unifying Framework for Family Therapy		Meeting Room 5
<i>Diane Gehart-USA</i>	The Therapy that Works Unifying Framework is a comprehensive, evidence-informed framework that synthesizes the field's theoretical and research knowledge base. This framework provides a streamlined system for doing therapy that can be used with every client and seamlessly integrated with the practitioner's preferred theory.	45min CE
Systemic work with the KOSKI model - A new systemic approach		Meeting Room 6
<i>Thomas Persson-Sweden</i>	Do our clients, even children, have a systemic understanding? If so, how do we get access to it and use it in systemic practice? The model maps the client's systemic understanding of the current problems and develops the continued systemic work with openness and collaboration.	45min

A Qualitative Study on Couple-Therapy Needs of Adults After Natural Disaster Trauma		Meeting Room 7A
<i>Ayşegül Bakır-Turkey</i>	This study focused on couples' relationships after natural disasters. It explored the individual and relational experiences, traumatic symptoms, and mental health needs of couples after natural disasters. It proposed a short-term couple-therapy-based intervention program model to address these needs.	20min 14:45-15:05
When Laws Conflict with Ethical Guidelines: Gender-Affirming Care for Transgender Youth		Meeting Room 7A
<i>Savannah Honarbakht-USA</i>	In our session, we will discuss recent legislation that prohibits marriage and family therapists from providing affirmative care to LGBTQIA+ clients, specifically transgender youth. We provide guidelines for creating an ethical decision making process in navigating laws that interfere with standards of MFT practice as outlined by AAMFT.	20min 15:10-15:30
15:30-16:15	Recess Break and Networking	Suite 1A & 1B
16:15-17:00	Presentations/workshops	Room
"Place, Work, Folk": What can Family Therapists Learn from Sir Patrick Geddes?		Meeting Room 1
<i>Marsha Vaughn-USA</i> <i>Brendan Yukins-USA</i>	Aberdeenshire native Patrick Geddes transformed urban planning by accounting for the interdependence of people and also their behavioral "flow" with their environment; in other words, thinking systemically. This session applies Geddes's principles to families' interactions with their natural environment and relevant therapy interventions, maximizing the availability of local resources.	45min
Femicide, family and forensic psychology		Meeting Room 2
<i>Hector Label-Argentina</i>	Based on the description of a femicide case, the differences between the interventions of forensic psychology as an auxiliary discipline of law and a systemic perspective will be analyzed. I will focus on the sequences of interaction, the processes of repetition and change, and the coordination of actions.	45min
Remembering Insoo Kim Berg and Steve de Shazer: Solution Focused Brief Therapy		Meeting Room 3
<i>Kevin Garrett-USA</i>	This workshop will highlight the history, work, and contributions of two key pioneers to the development of Solution Focused Brief Therapy (SFBT) -- Insoo Kim Berg and Steve de Shazer. An overview and discussion of this important theoretical model, including interventions used in SFBT, will also be presented in this workshop.	45min
Navigating Grief and Stigma: Challenges Facing African American Survivors of Suicide Loss		Meeting Room 4A
<i>Tiffany Hall-USA</i>	This presentation explores the cultural and social challenges many African American suicide loss survivors face such as stigma, mental health barriers, and religious influence. It emphasizes the role of family and community in healing, highlighting the need for culturally sensitive interventions to support open discussions, shared grief, and community resilience.	45min
Psychology of Motherhood from a Theory to Practice		Meeting Room 4B
<i>Nihan Tezer-Turkey</i>	This session focuses on psychological facets that can intensify motherhood challenges, highlighting the individual, couple, and contextual factors that mothers experiencing from a systematic perspective. The impact of contemporary technological contextual factors on mothers' psychological well-being, cultural differences; and the supportive roles of family therapists will be discussed.	45min
Unlocking the Intrapsychic Chain in Boundary Setting: Working with Difficult Emotions and Cognitions		Meeting Room 5
<i>Özge Alkanat-Turkey</i>	In this presentation, a step-by-step intervention method for working with mixed emotions and conflicting cognitions in the boundary-setting process will be explained. The details of the process will be supported with case examples.	45min

Realigning Priorities in Marriage and Family Therapy: Mission-Driven Success and Excellence		Meeting Room 6
<i>Anibal Torres-USA</i>	This session explores the impact of realigning priorities in marriage and family therapy education and practice to reflect the field's core mission. By focusing on mission over outcomes and prioritizing culture over strategy, programs can enhance client success, rebuild trust, and foster greater excellence, productivity, and sustainability.	45min CE
Re-initiating Interpersonal Touch and Touch Desire in Family Education: An Exploratory Study on Interpersonal Impacts from Women Avoiding Touch in Hong Kong		Meeting Room 7A
<i>Ng Sze Ki-Hong Kong (China, SAR)</i>	In Hong Kong, physical touch is uncommon, even among couples. Inadequate physical contact may pose a threat to relationships, especially intimate ones. Indeed, women with touch avoidance crave it. Hence, body touch educational program should be promoted to enrich relationship intimacy.	20min 16:15-16:35
Existential Loss in the Digital Age: The Impact of Virtual Intimacy, Celebrity Friendships and other Non-Traditional Attachments on Mental Health and Relationships		Meeting Room 7A
<i>Stephanie Gilak-USA</i>	Existential loss in the digital age can drive many to form non-traditional attachments (NTAs), such as cyber-social and parasocial connections. Mapping NTAs onto genograms can identify ambiguous gains. Clinical discussion explores proactive coping from existential loss and important self-of-therapist issues related to NTAs.	20min 16:40-17:00

08:00-16:30	Registration Open	Registration Desk located on 1st floor
8:30 -9:15	Presentations/workshops	Room
Supervising layers of paradox: systemic supervision with Peer Mentors'		Meeting Room 1
<i>Mark Rivett-United Kingdom</i>	This presentation will explore the complexities of supervising Peer Mentors within mental health teams. We will argue that a systemic perspective has much to offer in this task.	45min Supervision
The Living Web of Socio-Spirituality as a Spiritually Attuned Approach to Social Justice		Meeting Room 3
<i>Suzanne Coyle-USA</i>	The Living Web of Socio-Spirituality is an integrative model that blends pastoral theology, relational systemic therapy, and narrative practice. It recognizes the need to connect social justice to spirituality as a robust foundation for psychotherapy. Its integrative method is informed by pastoral theology, relational systemic therapy, and narrative practice.	45min CE
Co-design strategies to adapting family systems intervention to meet the unique treatment needs among women involved in the sex trade, who report opioid use		Meeting Room 4A
<i>Aaron Murnan-USA</i>	Family interventions demonstrate promise for women engaged in sex trading; however, are rarely considered within their treatment. This presentation integrates preliminary data from a community-partnered project seeking to adapt a family intervention to be incorporated into an existing court treatment program to better address the needs of this population.	45min
Generalized Anxiety Disorder in Perinatal Women: A Systemic and Cultural Perspective		Meeting Room 4B
<i>Claire Farrell-USA</i> <i>Mudita Rastogi-USA</i>	Perinatal Generalized Anxiety Disorder is universally associated with numerous adverse outcomes for mothers and children, yet there is a significant gap in research in surrounding assessment and intervention for this population that is systemic, effective, nuanced, and culturally sound.	45min
Exploring how Playback Theatre enhance self-compassion and self-efficacy among underprivileged child caregivers		Meeting Room 5
<i>Siu Yu Cheng-Hong Kong (China, SAR)</i>	Underprivileged child caregivers prioritize family duties over self-compassion, which results in emotional distress and burnout. By employing Playback Theater as an intervention approach, this study aims to investigate the transformative capacity of intervention in enhancing self-compassion and self-efficacy among caregivers.	45min
Reflective Group Supervision: Expanding Therapists' Reflective Capacities and Use of Self		Meeting Room 6
<i>Christine Reynolds-USA</i>	The presentation will highlight the transformative process of Reflective Group Supervision. In these collaborative groups, participants deepen their self-awareness and expand their abilities in the use of self. This intersubjective experience increases participants' reflective capacity and cultural humility through a space of shared vulnerability, emotional attunement, and compassion.	45min
Couple Therapy and Divorce in Pakistani and Islamic Contexts		Meeting Room 7A
<i>Shazia Imran-USA</i>	Couple Therapy can help address challenges in Pakistani and Muslim families where divorce is heavily stigmatized. By incorporating Islamic values and addressing family pressures, therapy can facilitate conflict resolution and, when needed, guide couples through the divorce process.	20min 8:30-8:50
Photovoice methodology: Researching marginalized populations that make a difference		Meeting Room 7A
<i>Paul Springer-USA</i>	Photovoice is a powerful participatory action research method that integrates photography and storytelling to empower marginalized populations. This method fosters participant empowerment, promotes dialogue, and supports social change. This approach is particularly useful for family therapy researchers when engaging vulnerable populations such as refugees, immigrants, and youth.	20min 8:55-9:15

Self of the Ethicist: A Systemic-Relational Model of Ethics		Meeting Room 7B
<i>Kay Bradford-USA</i>	We propose a pyramidal model of ethics. Seeing the humanity in others (and training thusly) is the foundation. This view then guides the use of ethical principles, at the model's mid-level. Finally, laws and codes of ethics are operationalized at the top of the pyramid.	20min 8:30-8:50
The professional Training Program "Tidlig Inn" - an Early Intervention program aiming the child's first 1000 days		Meeting Room 7B
<i>Marianne Zetterstrøm Gulliksen-Norway Gro Vatne Brean-Norway</i>	"Tidlig Inn" focuses on the crucial first 1000 days. It aims to make staff confident in identifying emerging problems and offering adequate help to parents who struggle with complex problems. It's publicly funded and owned by the Norwegian Directorate of Health and the Directorate for Children, Youth and Family Affairs.	20min 8:55-9:15
9:30-10:15	Presentations/workshops	Room
Neuro-Affirming Systemic Supervision		Meeting Room 1
<i>Anthony Pennant-USA</i>	This workshop brings to light the needed and timely topic of creating an affirmative environment for neurodiverse trainees receiving systemic supervision.	45min Supervision
The Stigma of Choice: Experiences of Childfree Individuals and Couples		Meeting Room 2
<i>Nikita Oberoi-India</i>	In a pronatalist society, voluntarily childfree adults face stigma - particularly women who defy the motherhood mandate. As the childfree population grows, this narrative review explores their decision-making processes and social consequences. The presentation highlights their unique challenges and offers recommendations for therapists to support childfree individuals and couples.	45min
Translating the Psychotherapeutic to the Psychoeducational for Divorcing Parents		Meeting Room 3
<i>Matthew Brosi-USA Ronald Cox-USA</i>	Calls persist for developers of psychoeducational programs to highlight their change mechanisms and reduce intervention timeframes. This workshop uses the Co-Parenting for Resilience program to illustrate how psychotherapeutic strategies and techniques can be translated into a brief psychoeducational format to promote intra and interpersonal behavior change within family systems.	45min
Educating Therapists in Trauma-Informed Care: Self-of-the-Therapist Issues Using the ACEs		Meeting Room 4A
<i>Jennifer Pemberton-USA Dana Stone-USA</i>	A comprehensive approach to educating therapists in trauma-informed care will be discussed and linked to self-of-the-therapist development. The ACEs will be used to increase therapist awareness of how their experiences may impact therapy. Self-care strategies for vicarious trauma and compassion fatigue will be addressed.	45min CE
Clinical Considerations in Couple Therapy with South Asian Men: Bridging Scholarship and Practice		Meeting Room 4B
<i>Neil Venketramen-USA Mudita Rastogi-USA</i>	This presentation examines culturally sensitive systemic therapy for South Asian couples, focusing on therapeutic challenges with South Asian males and their impact on couple therapy outcomes. Utilizing a comprehensive literature search, it highlights key concerns, interventions, and clinician perceptions, offering insights into barriers to treatment for this population.	45min
Work-Family Spillover, Family Functioning, and Life Satisfaction of Pastors		Meeting Room 5
<i>Marcos Rosa-USA</i>	Pastors, in general, have been given little or not enough attention to the relationship between ministry work and their personal and family lives. This study shed light on the effects of pastors' professional stress on their personal, marital, and familial lives.	45min
In memory of Fatma Torun Reid		Meeting Room 6
<i>Özge Alkanat-Turkey</i>	This special workshop is to honor and remember the life and contributions of Fatma Torun Reid, a former president of the International Family Therapy Association (IFTA), who passed away in 2024. Participants will be encouraged to share personal experiences and insights from their work with Fatma.	45min

Transforming Behavioral Health Education: Addressing and Overcoming Oppressive Practices		Meeting Room 7A
<i>Ariel Jones-USA</i> <i>Katie Heiden Rootes-USA</i>	Session describes the creation and assessment of the Integrated Behavioral Health Fellowship. The fellowship aims to educate/train students in anti-racist and LGBTQ-affirming clinical practices for youth and families. The outcomes highlight the impact of immersive training experiences on self-efficacy and desire to work with diverse clientele.	20min 9:30-9:50
Coparenting Experiences in the Context of Shared Custody: Perceived Challenges, Adopted Strategies, and Their Clinical Implications in Puerto Rico.		Meeting Room 7A
<i>Angela Rodrigues-Puerto Rico</i>	This study explores coparenting within shared custody in Puerto Rico, focusing on challenges, strategies, and clinical implications. Using systemic theory, it examines how family structures affect emotional well-being. Qualitative methods, including interviews and collages, capture experiences to inform policies and interventions for a supportive, equitable environment for families.	20min 9:55-10:15
Infant Sleep Patterns and Cosleeping: Impact on Coparenting and Marital Satisfaction		Meeting Room 7B
<i>Alda Portugal-Portugal</i> <i>Ana Paula Relvas-Portugal</i>	The transition to parenthood can challenge marital satisfaction as coparenting relationships form, influenced by infant sleep patterns and cosleeping arrangements. Reviewing 13 studies, we found disrupted sleep and cosleeping may decrease marital satisfaction and coparenting quality. Further research is needed to guide interventions for healthier family dynamics.	20min 9:30-9:50
Learning Disconnected: Linking Problematic Internet Use, Parent-Child Communication and Academics		Meeting Room 7B
<i>Alda Portugal-Portugal</i> <i>Ana Paula Relvas-Portugal</i>	Emerging adulthood requires adapting parent-child communication as academic performance and ICT use intersect. This study examines ICT use and its impact on academic performance and communication in 201 university students. Problematic internet use relates to poorer communication with parents, especially fathers, highlighting relational and academic risks	20min 9:55-10:15
10:15-11:00	Recess Break and Networking	Suite 1A & 1B
11:00-11:45	Presentations/workshops	Room
Supervising in the Metaverse and Beyond		Meeting Room 1
<i>Marianne Le Coyte Grinne-United Kingdom</i>	This presentation explores the transformative potential of integrating metaverse, web3, and AI technologies into systemic psychotherapy supervision and practice. Delving into the imperative for therapists to become "digitally native," the session addresses ethical considerations in AI deployment, the therapeutic utility of avatars and strategies to ensure relevance in a rapidly evolving digital landscape.	45min Supervision
Self Actualizing with Neurodiversity		Meeting Room 2
<i>Jessica Leith-USA</i>	This lecture examines Satir's core concepts as tools to promote self actualization and vulnerability in individuals on the autism spectrum while attending to the incongruence experience of being their authentic selves in a neurotypical world in order to have fulfilling relationships.	45min
Unwrapping the Lollipop: Introducing sex communication to youth		Meeting Room 3
<i>Agnieszka Tulowiecka-USA</i> <i>Shannon Dermer-USA</i>	Sex talks are important in developing healthy sexuality. Some barriers to these talks are feelings of anxiety, shame, and lack of knowledge. The focus of this presentation is to offer effective strategies for helping families discuss the topic of sex and to assist therapists' self-exploration on their comfort level.	45min
Affirming Connections: A Study of Therapeutic Outcomes for Queer Couples		Meeting Room 4A
<i>Reihaneh Mahdavishahri-USA</i> <i>Jennifer Patterson-USA</i>	The presenters will discuss their survey study examining current approaches in treating queer couples. With 100 heterosexual and 100 queer participants, this study investigated the relationship between mental health, family of origin, therapeutic alliance and therapeutic outcomes. The study highlights the need for affirming and systemic approaches for LGBTQIA+ populations.	45min

Life of an Afghan Refugee Woman in the US: A review of the phenomenon of displacement		Meeting Room 4B
<i>Umaimah Maryam-USA</i> <i>Adam Jones-USA</i>	This session reviews a phenomenological study that aims to explore how Afghan refugee women comprehend their experience of displacement. It discusses the process of Afghan families navigating the isolation, loneliness, cultural and language barriers, and other challenges associated with coming to the US.	45min CE
Practice Makes Real: Rethinking Client Simulations in Therapy Education		Meeting Room 5
<i>Jason Martin-USA</i>	Family Therapy education relies on training programs to provide students with safe and effective rehearsals of therapeutic skills before practicing with actual clients. This workshop will address different methods of simulation, from traditional role plays to uses of artificial intelligence, to examine the present and future of student therapist rehearsal.	45min
Family Reflecting Process in Physician Education		Meeting Room 6
<i>Barbara Hernandez-USA</i>	Reflecting teams are a useful tool to help families who become “stuck” in therapy. This methodology has been adapted for physician trainees as they learn how to interact with families after a patient death in medical simulations. A video demonstrates this intervention led by family therapists.	45min
Let’s Work Together: A Case for Collaboration between Black Churches and Mental Health Professionals		Meeting Room 7A
<i>Samanda Bryant Hagan-USA</i>	This presentation highlights a research study that explores the mental health help-seeking attitudes and preferences of Black church-going adults in the U.S. through a sociocultural lens. Findings illuminate the clinical, cultural, and social value of interprofessional collaborations. Programming strategies and considerations for effective care models are discussed.	20min 11:00-11:20
Embodied Learning: Best Practices for Teaching Family Therapy in Experiential Ways		Meeting Room 7A
<i>Danielle Vriend-Fluit-Canada</i>	Embodiment is critical to the flourishing of tomorrow’s family therapists and effective therapy. How do we teach therapists-in-training systemically in ways that are embodied? Responding to the call for increased embodiment in therapist training, this workshop offers educators concrete practices to incorporate embodied learning ethically and effectively.	20min 11:25-11:45
“We’ve been burned before”: Helping clients heal from past negative therapy experiences		Meeting Room 7B
<i>Megan Allcock-USA</i>	This presentation will examine the impact of negative therapy experiences on families’ future decisions to participate in therapy. It will discuss ways clinicians can assist clients in processing and healing from past negative therapy experiences and develop a strong therapeutic alliance with all family members.	20min 11:00-11:20
Family-based Intervention on Adolescents with Scoliosis: Parents’/Caregivers’ Perspectives		Meeting Room 7B
<i>Mei-chun Cheung-Hong Kong (China, SAR)</i>	This study explored the perspectives of parents/caregivers on the effectiveness of family-based intervention for adolescents with scoliosis in improving their brace compliance and strengthening parent-child relationships. Positive effects were identified, advocating for the importance of clinical social workers in multidisciplinary teams to manage adolescents with scoliosis.	20min 11:25-11:45
12:00-12:45	Presentations/workshops	Room
Going Meta in Supervision: A Dialog		Meeting Room 1
<i>William Northey-USA</i> <i>Marianne Le Coyte Grinne-United Kingdom</i>	In this interactive session, we will explore the implications of AI, Web3, and the metaverse for systemic supervision. These advancing technologies are already impacting clients and clinical practice and as supervisors, we need to position ourselves to understand such effects better and consider the practical and ethical challenges.	45min Supervision
Unravelling Autism and Psychosis: An Integrative Interactional Approach in Therapy		Meeting Room 2
<i>Adél Ras-Coetzee-New Zealand</i> <i>Warwick Phipps-South Africa</i>	This case-based presentation explores how the Integrative Interactional Approach can be applied to a complex case of adult autism with psychosis. We will illustrate key therapeutic strategies that address communication, relational dynamics, and the unique challenges of working systemically with neurodivergent clients.	45min CE

Healing Family Trauma through Restorative Justice and Narrative Family Therapy: A Path to Reconciliation and Peacemaking in Church and Social Systems		Meeting Room 3
<i>Alfredo (Freddy) Ocampo-USA</i>	This lecture presentation explores how Restorative Justice and Narrative Family Therapy practices can support healing from systemic trauma in religious institutions. By integrating pastoral experiences and Couple and Family Therapy training, I offer practical insights into fostering reconciliation and repairing trust within church and family systems affected by abuse.	45min
Reflexive Leadership: Leading through Self and Systems		Meeting Room 4A
<i>Jennifer Sampson-USA</i>	This presentation introduces the Person of the Leader framework, blending systemic therapy, self-reflection, and decolonization practices to empower leaders in creating just, liberated organizations.	45min
Sharpening Systemic Skills: Teaching and Learning with the FSIS Framework		Meeting Room 4B
<i>Adam Jones-USA</i>	This workshop focuses on the Facilitative Systemic Intervention Skills (FSIS) measure, designed to assess systemic therapists' skills. The FSIS evaluates therapists who complete a task - responding to simulated couples and families with relational interventions. Attendees will learn how FSIS aids therapist training and feedback, fostering self-reflection and skill improvement.	45min
From Theory to Practice: Utilizing Systemic Theory as a Roadmap for Effective Therapy		Meeting Room 5
<i>Cindy McIntire-USA</i>	This presentation clearly explains systemic theory, emphasizing its role in shaping effective therapeutic practices. Learn how to apply systemic theory as a practical guide, turning theoretical concepts into actionable tools for guiding therapy.	45min
Mental Health Professionals' Experiences of Spirituality in Their Therapeutic Practice		Meeting Room 6
<i>Chandra Sekhar Potnuru-USA</i>	This paper examines ways in which mental health practitioners' incorporation of spirituality improve therapeutic outcomes. Participants will comprehend the significance that spirituality plays in healing and acquire strategies for incorporating spiritual conversations into treatment. Offers insights and actionable solutions for practitioners to improve their spiritually integrated therapy approach.	45min
Couple relationship and Buddhism among Israelis influenced by Buddhism		Meeting Room 7A
<i>Yotam Lavie-Israel</i>	This qualitative study, based on in-depth interviews, examines how Buddhist principles and practice reshape perspectives and couple dynamics, alleviating tensions often associated with modern Western couplehood. It offers valuable insights by presenting a different script for couple relationships, resulting in higher relational satisfaction and sustainability.	20min 12:00-12:20
SEL as Part of the System of Wellness		Meeting Room 7A
<i>Alli Cipra -USA</i>	Social and emotional learning (SEL) is a lifelong process that begins in childhood and is paramount for positive development. Because of the necessity and benefit of SEL skills throughout the life course, it is recommended to employ SEL instruction in family sessions.	20min 12:25-12:45
Enriching Male-Focused Romantic Competence in Relationship Education: Insights from Male Participants in Pick-Up Artists (PUA) Learning in Hong Kong		Meeting Room 7B
<i>Sin Ting Lam-Hong Kong (China, SAR)</i>	In the absence of a relationship manual, males experiencing relationship difficulties seek guidance from the Pick-Up Artists community, despite ethical dilemma. Essential relational needs like intimacy and attachment are overlooked. A male-focused romantic competence educational program is proposed to foster the development of an authentic and satisfying relationship.	20min 12:00-12:20
Strength-based and Chinese culture-embedded social work family treatment		Meeting Room 7B
<i>Li-yu Song-Taiwan</i>	The presenter will show a Strength-based Chinese culture-embedded social work family treatment model. The model is based on four theoretical principles: The strengths perspective, Chinese culture (family orientation, relational orientation, authoritative orientation, and other orientation), the Golden Mean (moderate), and the five elements (wood, fire, earth, gold, water).	20min 12:25-12:45

12:45-13:45	Light Lunch	Suite 1A & 1B
13:30-14:30	Poster Presentations	Suite 1A & 1B
Culturally Adapted Family Therapy for Intergenerational Trauma in Iran: A Mixed-Methods Study		P1
<i>Afarin Rajaei-USA</i> <i>Parva Nouri-USA</i>	This study examines culturally adapted Couple and Family Therapy (CFT) for addressing intergenerational trauma in Iran. Using mixed methods, it highlights therapeutic approaches, cultural adaptations, and effective practices to mitigate trauma across generations, offering insights for therapists and policymakers in developing culturally sensitive interventions for Iranian families.	
Acculturation, Parenting, and Parent-Child Relationships Among Liberian Refugees		P2
<i>Sarah Griffes-USA</i> <i>Aysoltan Maxudov-Turkey</i> <i>Yaochong Huang-China</i>	Refugee families navigate unique adjustment stressors and demands. This phenomenological needs assessment sought to understand how Liberian refugees' parenting experiences and parent-child relationships changed post-resettlement. Cultural influences, parenting strategies, and parenting supports were identified as themes. Study results have implications on prevention and intervention efforts to support families.	
Mental health Stigma in Muslim and Pakistani Families		P3
<i>Shazia Imran-USA</i>	Address the cultural and religious stigma surrounding mental health in Pakistan and broader Muslim communities, and how it impacts family therapy.	
Marriage and Family Therapists in Medical Settings: An Interpretative Phenomenological Analysis		P4
<i>Sydney Crane-USA</i> <i>Abigail Satterfield-USA</i>	The poster presents findings from our IPA study, which explored the clinical experiences of marriage and family therapists in various medical settings. This study aims to advance our understanding of the training guidelines and curriculum development necessary to advance our field.	
Faith & Friction: Exploring the Link Between Religious Disagreements and Marital Stability		P5
<i>Amy Lin-USA</i>	This clinical study explores the relationship between religious disagreements and discussions of separation in couples. Using data from 2,223 couples and the Revised Dyadic Adjustment Scale, the study found a statistically significant correlation, indicating a measurable relationship between religious disagreements and the likelihood of discussing separation.	
Defining Empathy Using Microanalysis of Doctor-Patient Interactions		P6
<i>Hollie Allen-USA</i>	This poster will provide an overview of the research conducted to identify the behaviors displayed by the practitioner when providing empathetic medical communication to/with patients (and their families). The poster will include a description of microanalysis, methods, results, further applications, and conclusions of the research.	
The Use of Touch in Virginia Satir's Human Validation Process Model		P7
<i>Crystal Marroquin-USA</i> <i>Carson</i> <i>Outler-USA</i>	The aim of the current study was to explore how therapists who utilize Virginia Satir's Human Validation Process Model use and perceive touch as a therapeutic intervention. A reflexive thematic analysis was conducted to offer an evolved conceptualization of this intervention to meet the needs of modern-day clients.	
The Mediating Role of Informal Support for Parents Impacted by the Child Welfare System		P8
<i>Carson Outler-USA</i> <i>Lenore McWey-USA</i>	This poster will highlight findings from a study that examined the relationship between hardships and stress, along with the mediating role of informal support for parents impacted by the child welfare system. Drawing from a longitudinal study, our sample includes 112 parents who recently entered the child welfare system.	
Parents' safety nets, child welfare system involvement, and child outcomes		P9
<i>Lenore McWey-USA</i>	Child maltreatment is a serious problem. Strong support networks, or safety nets, are protective factors; however, we know less about the safety nets of families already involved with the child welfare system. This presentation will reveal results showing families' needs, outcomes, and the implications of these findings for the therapists.	

Exploring Client Adverse Childhood Experiences and Therapeutic Outcomes	P10
<i>Dylann Lowery-USA</i> <i>Lenore McWey-USA</i>	Adverse Childhood Experiences (ACEs) can affect intra- and interpersonal contexts, and manifest as mental health symptoms, physical health symptoms, or insecurity in romantic relationships. This poster presentation will show results of a study testing associations between a client's adverse childhood experiences (ACEs), therapeutic outcomes, and dropout.
The Occurrence of and Recovery from Depression of a Chinese International Student in South Korea: A Family Therapy Case Study	P11
<i>Tai-Young Park-Korea</i> <i>Yangjin Park-USA</i>	Using a family therapy case study, this study uncovered the factors associated with a Chinese international student in South Korea and the process of recovering from depression.
A Case Study of Family Therapy for an Adult Child with Obsessive-Compulsive Disorder	P12
<i>Tai-Young Park-Korea</i> <i>Yangjin Park-USA</i>	This is a family therapy case analysis for an Adult Child with Obsessive-Compulsive Disorder.
The Role of Empathy in Clinical Supervision	P13
<i>Barbara Simonic-Slovenia</i> <i>Tanja Valenta-Slovenia</i>	The supervisory relationship includes the perspectives of supervisor, supervisee, and client, with empathy as a crucial skill. Empathy fosters respectful connections, helping supervisors relate to supervisees and understand clients through parallel processes. A pilot study confirmed empathy's role in enhancing supervisee satisfaction and supervision effectiveness.
Psychotherapeutic Approaches to Fostering Cognitive Empathy in Adolescents Using VR in Schools	P14
<i>Tanja Valenta-Slovenia</i> <i>Barbara Simonič-Slovenia</i> <i>Saša Poljak-Slovenia</i>	This study explores virtual reality (VR) to enhance cognitive empathy and motivation in adolescents within schools. Integrating psychotherapeutic and systemic approaches, it addresses adolescents' developmental needs and includes qualitative and quantitative research on VR's ethical and developmental impacts. Solutions support safe, effective VR use, fostering empathic, educational growth.
Conversational Artificial Intelligence as a New Ethical Entity in Psychotherapy	P15
<i>Saša Poljak Lukek-Slovenia</i>	Conversational Artificial Intelligence (CAI) in psychotherapy brings ethical challenges, requiring its recognition as a third entity alongside therapists and clients. The poster presents the proposal for an extension of the ethical standards and responsibilities for psychotherapists and represents a new psychotherapeutic frame including CAI as a third partner.
KinkTok: What Do People Learn About Kink from TikTok	P16
<i>Victoria Angulo-USA</i> <i>Brandi Jacks-USA</i> <i>Keiana Chino-USA</i>	This poster will summarize our content analysis on kink-related education and behaviors from TikTok. The poster will include a description of methods, results, and implications for practitioners.
Perceived Benefits and Challenges of Family Member Involvement in Women's Opioid Treatment	P17
<i>Jessica Chou-USA</i>	This presentation explores perceived benefits and challenges of involving family members in women's opioid use treatment. Qualitative findings highlight experiences with family involvement in outpatient treatment, reasons for non-involvement, and perceived benefits and challenges of family member involvement. Clinical considerations for engaging family members will be discussed.
Couple/Marriage and Family Therapists Training for Families Impacted by Racial Trauma	P18
<i>Deepa Sai Avula-USA</i> <i>Jessica Chou-USA</i>	The poster utilizes original research to examine educational training and workforce development among couple/marital family therapists (C/MFT) for individuals and families impacted by racial trauma. The learner will identify gaps in C/MFT racial trauma training and educational considerations for working with people impacted by racial trauma.

The Differences in Perceived Therapeutic Change by Clients in Couple Therapy		P19
<i>Arzu Coskun-Turkey</i> <i>Selenga Gurmen-Turkey</i>	The current study explores the differences in perceived therapeutic change by females and males during the 16-week therapy process in couple therapy by examining change interviews conducted every four sessions. Thematic analysis of change interviews was conducted using the MAXQDA software program.	
The Critical Relational Model: A meta-theory for socially just clinical supervision		P20
<i>Priscila Llamasa-USA</i>	This poster presents the Critical Relational Model (CRM), a dynamic supervisory model informed by critical theories, critical pedagogy, a relational approach, and an anti-oppressive and decolonizing framework. The CRM is an innovative systemic approach to supervision that promotes socially just clinical practice by encouraging third-order thinking and critical practical engagement with sociocultural experiences.	
Trauma Coping Self Efficacy and Depression Symptoms in Couples during the COVID-19 Pandemic: A Longitudinal Cross-Lagged Model		P21
<i>Emma Allen-USA</i>	Using a longitudinal dyadic cross-lagged model, this study was designed to understand bi-directional associations between trauma self-efficacy coping and depression in the early months of COVID-19 (April 2020, July 2020, October 2020, and December 2021).	
Links Between Parents' Validation of Emotions, Teen Emotion Regulation, and Reflective Functioning		P22
<i>Arika Moody-USA</i>	This poster utilizes original research to examine associations between risk factors for adolescent suicide (emotion regulation, adolescent reflective functioning) and the emotional quality of the family environment, characterized by parental invalidation/validation of youth emotions. The learner will identify individual and family-level risk and protective factors for youth suicide.	
South Asian Americans and Healthcare Access: Survey Results on Barriers and Facilitators		P23
<i>Sebastian Perumbilly-USA</i>	There is a significant paucity of literature on the prevalence of mental health (MH) problems and utilization of services among South Asian Americans (SAAs). With a culturally sensitive and anonymous nationwide survey, this study identifies MH problems and proposes ways to overcome barriers and enhance facilitators to improve service utilization.	
Integration The Newborn Behavioral Observations system (NBO) with elements of Relational Family Therapy (RFT)		P24
<i>Metka Skubic-Slovenia</i>	The Newborn Behavioural Observations System is an instrument for observing newborns and was developed for clinical use. The birth of a child signifies the creation of a family system in which the concepts and mechanisms on which Relational Family Therapy is based are reflected on systemic, interpersonal and intrapsychic level.	

14:45-15:30	Presentations/workshops	Room
Systemic Approach to Culturally Attuned Supervision		Meeting Room 1
<i>Alyssa Young-USA</i> <i>Shanika Torres-USA</i>	This presentation will dive into the history of supervision in the mental health field. It will provide content of the history of lack of cultural awareness when supervising minority students and postgraduate supervisees. The workshop will work with the audience to learn new tools to provide culturally attuned supervision.	45min Supervision
Evolution of Virginia Satir		Meeting Room 2
<i>Darya Haitoglou-Greece</i>	This presentation explores the evolution of Virginia Satir's groundbreaking family therapy models. From her early systemic insights to modern applications in diverse therapeutic contexts, we will examine how Satir's legacy continues to shape fields like family therapy, trauma healing, and communication-based interventions.	45min

The Application of Korean Integrative Family Therapy Model on Three Multicultural Couples Experiencing Marital Conflict in South Korea: Three Korean Husbands and Japanese, Chinese, Cambodian Wives		Meeting Room 3
<i>Tai-Young Park-Korea</i> <i>Yangjin Park-USA</i>	This study explores the factors that contributed to the conflict of three multicultural couples, and examines therapeutic intervention and effectiveness of Korean Integrative Family Therapy Model.	45min
How Imagination can invite future change. A socio-neurobiological narrative of change.		Meeting Room 4A
<i>Jon Winek-USA</i>	A postmodern, four stage model of psychotherapy is presented (Winek 2023) so participants can identify client's state of mind providing insight into how a client's brain is activated. Through active listening and inviting clients to access their imagination, clients are invited to develop new self-narration and mantras.	45min
Gender and Generation: Why Family Therapy Has Ignored the Axis of Gender?		Meeting Room 4B
<i>Manijeh Daneshpour-USA</i>	This presentation explores how family therapy has often overlooked gender dynamics across generations, impacting treatment outcomes. By examining the influence of gender roles and expectations, we aim to highlight the importance of integrating gender-sensitive approaches into family therapy.	45min
Relationship Dynamics in Custodial Grandfamilies: Considerations for Family Therapists		Meeting Room 5
<i>Megan Dolbin-MacNab-USA</i>	Grandfamilies, or families in which grandparents are raising grandchildren, experience complex intergenerational relationships. This presentation focuses on exploring those relationship dynamics and family therapy approaches uniquely suited for grandfamilies. Recommendations related to assessing grandfamilies, navigating legal/ethical issues, and providing culturally attuned and trauma-informed therapy will also be provided.	45min
Sex on the Brain		Meeting Room 6
<i>Anita Mehta-Canda</i> <i>Sarah Burley-Canda</i>	This presentation will discuss working with neurodivergency within systems. The challenges of assessing and understanding intimacy and sexuality will be explored. We emphasize the importance of integrating sexuality and psycho-sexual education into couple/family therapy. Clinical cases will illustrate evidence-based recommendations for navigating challenges to support optimal outcomes.	45min
A measure for reasons for lack of marital differentiation		Meeting Room 7A
<i>Arie Cohen-Israel</i>	The purpose of the present study is to review the various questionnaires for measuring differentiation in marital relationships and to offer a questionnaire for measuring reasons for not being authentic towards spouses among couples. A study based on 121 married couples partially validated the scale's internal and external validity.	20min 14:45-15:05
Love in the age of rage: The impact of disinformation and conspiracy theories on couple relationships		Meeting Room 7A
<i>Kara Fletcher-Canada</i>	This presentation will consider how disinformation and political polarization have impacted couple relationships since the beginning of the COVID-19 pandemic in 2020. We will describe results from interviews with affected partners, and a scoping review of existing literature on the impact of conspiracy theories and disinformation on interpersonal relationships.	20min 15:10-15:30
Global Perspectives on Childhood Trauma: Integrating Cultural Competence in Family Therapy		Meeting Room 7B
<i>Jacqueline Fonseca de Abreu-Brazil/USA</i> <i>Dasha Abreu Tome-Brazil/USA</i>	This presentation explores childhood trauma through a global lens, delivered by a mother-daughter duo from different cultures! Discover how integrating cultural competence can transform family therapy practices, fostering deeper connections and more effective healing tools for diverse populations. Don't miss this great opportunity to enhance your skills!	20min 14:45-15:05 CE
Defining anger and aggression: A qualitative comparison of youth experiences		Meeting Room 7B
<i>Tatjana Farley-USA</i>	While anger and aggression are among the most clinically pressing symptoms of those with complex trauma histories, limited research exists from the youths' perspective about definitions and differentiation. This phenomenological qualitative study with semi-structured interviews addresses experiences of youth with a comparative sample at low-risk and high-risk.	20min 15:10-15:30 CE

15:30-16:15	Recess Break and Networking	Suite 1A & 1B
16:15-17:00	Presentations/workshops	Room
Supervising Difference: A Moderated Discussion		Meeting Room 1
<i>William Northey-USA</i> <i>Mark Rivett-United Kingdom</i>	In this closing workshop for the supervision track, we will consider how the differences that permeate the systemic supervision experience inform practice internationally. This interactive session will allow participants to explore the impact of the ideas presented will influence their supervisory practice and dive deeper into the ideas posed.	45min
Applying attachment theory to teaching and supervision pedagogy		Meeting Room 2
<i>Wendy Cortes-USA</i>	The use of attachment theory is expanding as its value is recognized as the basis for high quality human interactions, especially learning. This presentation explores how attachment theory provides a foundation for teaching and supervision. Participants will consider how attachment theory integrates with their personal teaching or supervision pedagogy.	45min
"Oh, Who Invited You?" - Exploring Narratives of Smell and Identity within Systemic Practice.		Meeting Room 3
<i>Shakira Nkanang-United Kingdom</i>	This workshop examines intricate family dynamics stemming from bodily smell issues that result in conflict, misunderstanding, and avoidance. The poem <i>Invitations</i> serves as a reflective centerpiece, highlighting key aspects of the systemic therapeutic journey and the role of smell in shaping relationships and emotional experiences.	45min CE
Using Cognitive Behavioral Therapy (CBT) Techniques to Train Exceptional Athletes to Elite Success and Research Their Family Support Systems		Meeting Room 4A
<i>Mary Christine Ward-USA</i>	This presentation analyzes using Cognitive Behavioral Therapy techniques to coach exceptional athletes to exemplary performances. A qualitative research project is included examining how family behaviors impact athletes. Mary Ward, gymnastics coach (50 years), and therapist (30 years), combines both roles to explore navigation of the pressures of competition.	45min
Symptoms of Ambiguous Loss Across Multiple Populations and Ages		Meeting Room 4B
<i>Meghan Roetto-USA</i> <i>Elaine Willerton-USA</i>	Ambiguous loss is the loss of someone who is not dead but not present. Ambiguous loss can affect multiple populations, and its symptoms can be life-altering. Preliminary research results will explore the symptoms of ambiguous loss across different populations and ages. This presentation will examine assessment, interventions, and theories.	45min
Body-based experientials in Couples Therapy – insights from a Dance/Movement Therapist		Meeting Room 5
<i>Deepa Sai Avula-USA</i>	This presentation introduces a dance/movement therapy framework for working with couples. Through didactic sharing and experientials, the participants will explore some ways to utilize body-based methods when working with couples to aid relational connection, co-regulation, and conflict management.	45min
Person of the Therapist Across the Career Stages		Meeting Room 6
<i>Margaret MacLeod-USA</i> <i>Zain Shamoon-USA</i> <i>Jennifer Sampson-USA</i>	The POTT model's evolution through different MFT career stages. First, we'll review Aponte's (2009) work, next, examine self-reflection and needs across the span of the career, and end with activity to help clinicians adapt their practices to meet their own and their clients' needs over time.	45min
Meeting U.S. Rural Mental Health Needs of LGBTQ+ Youth and Families: Using Community Engagement Studios		Meeting Room 7A
<i>Kristen Benson-USA</i>	This presentation will describe the use of a public health model where providers of LGBTQ+ children in the Southeast United States participated in Community Engagement Studios to inform the development of an LGBTQ+ youth and family specialty clinic within a university family therapy training center.	20min 16:15-16:35

Group Emotional Regulation Interventions for Children and Adolescents: A Decade in Review		Meeting Room 7A
<i>Chrystal McDowell-USA</i> <i>Dylann Lowery-USA</i>	This systematic review of 35 studies explored the effectiveness of cognitive-behavioral, mindfulness, and skills-based group interventions in improving emotional regulation for children and adolescents. While positive outcomes were noted, methodological inconsistencies emerged. Future research should explore systemic interventions with parental involvement to enhance generalization and long-term impact.	20min 16:40-17:00
Cross-Cultural Couple Relationship Flourishing: Implications for Prevention, Intervention, and Measurement		Meeting Room 7B
<i>Sarah Griffes-USA</i>	Couple relationship prevention, intervention, and measurement often lack cultural adaptation or sensitivity due to the lack of knowledge about differences between and within cultures. The study of couple relationship flourishing could shed light on couples' cultural expectations for fulfilling relationships and inform both research and practice.	20min 16:15-16:35
Black Youth Suicidality: Increasing Our Understanding of Culture, Context, and Identity		Meeting Room 7B
<i>Leslie Anderson-USA</i>	This presentation will highlight the increasing concerns for the mental health of Black American youth, particularly the alarming rise of suicide. There is an urgent need for theories and approaches that adequately acknowledge the influence of culture, context, and identity for this population, which is needed to combat this issue.	20min 16:40-17:00

08:00-14:00	Registration Open	Registration Desk located on 1st floor
8:30 -9:15	Presentations/workshops	Room
Cross-Gender Case Examination Activity in Supervision		Meeting Room 1
<i>Kristy Soloski-USA</i> <i>Emma Allen-USA</i>	This interactive supervision experience helps supervisees examine how gender roles and biases affect their therapeutic work. Through case coding and self-reflection, they explore power dynamics, gender norms, and implicit biases. Participants will gain awareness of their gender-related assumptions, enhancing sensitivity to gender dynamics within cross-gender therapeutic relationships.	45min
Trustworthiness: Psychotherapy and the Challenges of Relational Fairness and Justice		Meeting Room 2
<i>Manijeh Daneshpour-USA</i>	Building Trust & Fairness: This presentation explores relational ethics to empower couples in reclaiming responsibility and accountability. Discover clinical strategies for nurturing trust through fair exchanges, reciprocity, and balanced give-and-take.	45min CE
The Family Ecology and Spirituality		Meeting Room 3
<i>Randy Braley-USA</i>	Parents provide instruction for the development of their children's existential identity. This instruction takes place through the dialectic of parental beliefs regarding spirituality and the exploration of their children's developing belief system. Responsibility for the nurturance of holistic health is incumbent upon the parent or care provider.	45min
The Disproportionate Woman: Changing Perception through Relational Thinking		Meeting Room 4A
<i>Martha Laughlin-USA</i> <i>Kate Warner-USA</i>	Some clients seek therapy for seemingly unchangeable things. Through detailed discussion of a client who perceives her body as disproportionate, the presenters discuss therapeutic work with a woman who is unhappy with her body type. The lecture workshop explores the way therapists can work with client belief and perception.	45min
Integrative Culinary Therapy		Meeting Room 4B
<i>Racine Henry-USA</i>	The results from a pilot study to lend evidence based support to the Integrative Culinary Therapy model will be shared. Video data from the sessions will be played, as well.	45min
Assessing Sexual Functioning with Couples (part 1 of 2)		Meeting Room 5
<i>Sheila Addison-USA</i>	The fields of couple therapy and sex therapy are often treated as separate, but contemporary couple therapists know the sexual relationship is valuable for understanding clients' dysfunctional patterns, developmental challenges, and gridlocked issues. This workshop will discuss when directly assessing sexual functioning may be important, and provide suggested assessment tools.	45min
Examining the Impact of Historical Trauma on African American Romantic Attachment		Meeting Room 6
<i>Mialauni Griggs-USA</i>	The formation of African American families in the United States have been institutionally disrupted by the prolonged historical trauma of chattel slavery. This presentation will discuss the impact of racial socialization and identity concept on romantic attachment and emotion regulation in African Americans.	45min
The Impact of Family Cut-Offs on Older Parents: A Bowen Family Systems Perspective		Meeting Room 7A
<i>Karen Zurlo-USA</i>	Family cut-offs, characterized by emotional disengagement or physical separation, are under-explored in the context of aging. Using Bowen's theory as a framework, the presentation examines how older adults manage family cut-offs and the impact these dynamics have on individual well-being and the family system.	20min 8:30-8:50

Prevention for parents of youths - from daily manager to consultant		Meeting Room 7A
<i>Ragnhild Risholm-Norway</i>	Innovation of a universal preventive program for parents with young people. Adapting a method based on systemic and humanistic therapy, already implemented by many service providers. Consulting with clinicians about what works and what is needed, and applied elemental research on parenting programs to create a new sustainable preventive approach.	20min 8:55-9:15
"Avoiding the Broken Family Law System: The Key to Creating a Better Way for Families to Transition"		Meeting Room 7B
<i>Regina DeAngelis-USA</i>	The traditional legal divorce process increases family conflict and stress, causing emotional and financial trauma with lasting negative effects on communities. Shifting this paradigm by empowering families to avoid adversarial legal systems through expert support, education, and guidance helps to preserve relationships, strengthen co-parenting, and build healthier communities.	20min 8:30-8:50
9:30-10:15	Presentations/workshops	Room
Using A Person of the Therapist Model to Increase Engagement with Human Sexuality Education		Meeting Room 1
<i>Sar Surmick-USA</i>	People have a hard time talking about sex. For the therapist, the Person of the Therapist Model builds a more personal understanding, retention, and connection with the material. This workshop will explore POTT concepts and discuss how to apply them working with students and clients.	45min
Utilizing schemas as a window into therapists' signature themes in clinical training		Meeting Room 2
<i>Rebecca Kenyon-USA</i>	This workshop explores how the Young Schema Questionnaire (YSQ) informs the identification of one's signature theme, as described in the Person of the Therapist Training (POTT) Model. By examining insights from the YSQ, supervisees will better understand how their signature theme shapes the therapeutic process.	45min
Eliciting Psychotherapeutic Change Using Experiential and Emotional Techniques		Meeting Room 3
<i>Aida Jimenez-Puetro Rico</i>	This workshop promotes an emotion-based approach to enhance the emotional, physical, and psychological well-being of individuals attending couples therapy. Techniques used to process emotions and generate therapeutic changes will be presented. Participants will engage in experiential exercises to facilitate therapeutic change.	45min CE
Practicing curiosity: Helping students embrace uncertainty and value difference		Meeting Room 4A
<i>Kathy Warner-USA</i> <i>Martha Laughin-USA</i>	Beliefs cannot be mandated, yet core to the work of teaching family therapists is fostering the ability to and connect across differences. We present an engaging experiential activity for teaching family therapists to embrace differences. This activity fosters curiosity, embraces diversity, and helps students find comfort in multiplicity.	45min
The application of a technological approach in the training of couple and family therapists		Meeting Room 4B
<i>Tatiana Melendez-Rhodes-USA</i>	This presentation aims to describe the use of mixed reality simulation therapy in a couple and family therapy program. The presenter will discuss the pedagogical components, as well as the benefits and challenges of using this technological tool. The presenter will offer recommendations for the successful implementation of this tool.	45min
Deliberate Practice for Sexual Assessment with Couples (part 2 of 2)		Meeting Room 5
<i>Sheila Addison-USA</i>	The sexual relationship is valuable for understanding couples' dysfunctional patterns, developmental challenges, and gridlocked issues. Deliberate Practice, iterative skill practice with immediate feedback, can enhance clinical skills needed for sexual assessment. This workshop will provide attendees with a brief experience of the application of DP to sex assessment skills.	45min
'How Indigenous Are You? Re-connecting with Everything, Everywhere, All at Once.'		Meeting Room 6
<i>Tracey Jane Johnston-United Kingdom</i> <i>Peter Robinson-United Kingdom</i>	Whilst there are differences, our view is that Systemic Psychotherapy has much in common with the Kinship (Indigenous Worldview) and perhaps together they can forge better ways forward. Our aim in this experiential workshop is to explore how we might expand and deepen these connections.	45min

Building the Therapeutic Alliance in Online Couple Therapy: An Observational Analysis		Meeting Room 7A
<i>Esin Eryuksel-Turkey</i> <i>M. Selenga Gurmen-Turkey</i>	The current study explores how therapeutic alliance is formed in couple sessions by behaviors of both clients and therapists and makes meaning of what facilitates alliance in an online therapy context. Observational analysis of session recordings was conducted using the System for Observing Family Therapy Alliances (SOFTA).	20min 9:30-9:50
The Silent Struggle: Helping Clients Confront Menopause, Sexuality, and the Healing Power of Touch		Meeting Room 7A
<i>Jacqueline Fonseca de Abreu-Brazil/</i> <i>USA</i>	Join us as we explore "The Silent Struggle," a deep dive into the challenges women face during menopause. Discover effective strategies for family therapists to facilitate conversations about sexuality and the transformative power of touch, fostering connection and healing for clients navigating this significant life transition.	20min 9:55-10:15
10:15-11:00	Recess Break and Networking	Suite 1A & 1B
11:00-11:45	Presentations/workshops	Room
Sexual Communication in Sexually Diverse Couples		Meeting Room 1
<i>Rebecca Lucero Jones-USA</i> <i>Danielle Vines-USA</i> <i>Mia Sanchez-USA</i> <i>Savannah Honarbakht-USA</i>	Our presentation focuses on sexual communication patterns among gender and sexual minorities and includes couples who identify as non-monogamous. To date, most sexual communication research studies have focused on heterosexual couples. In our presentation, we highlight important variables that predict sexual and relational satisfaction as well as qualitative findings.	45min
The CARE-FAM-NET in Germany - Results of the health economic evaluation of an psychodynamic family oriented intervention		Meeting Room 3
<i>Silke Wiegand-Grefe-Germany</i>	Parents of children with rare diseases experience greater mental health challenges. To address the psychological gap, the study examines the cost-benefit analysis to assess the effectiveness of two family interventions in a multicenter, randomized controlled trial.	45min CE
Embodying Systemic Wisdom: Honoring the Roots of Family Therapy to Foster the Emerging Generation		Meeting Room 4A
<i>Jana McCloud-USA</i>	Inviting family therapists to more deeply inhabit their roles as functional wise elders - through reflective and experiential practices, we explore the foundational roots of the family therapy movement to nourish our systemic wisdom, tend our way-of-being, cultivate relational resilience, and fortify ourselves as we nurture the emerging generation.	45min
MI CVLTVRE: A cross-cultural systemic approach		Meeting Room 4B
<i>Deisy Amorin-Woods-Australia</i>	This presentation explores 'MI CVLTVRE' approach & its clinical applications when working with people from different cultures. It originated from the pervasive tendency using irrelevant western approaches across all cultural groups. Through a humble, curious and attuned stance MI CVLTVRE is respectful, and responsive to the person's specific cultural-dimension.	45min
Sexual Health, Trauma and Families within the I/DD Community		Meeting Room 5
<i>William Hutter-USA</i>	This workshop explores sexual education and sexual trauma with the intellectual/developmentally disabled community engaging parents, guardians and providers in the teaching of relationships and sexuality.	45min
Differential Diagnosis: Sexual dissatisfaction, low sexual desire, or sexual boredom?		Meeting Room 6
<i>Leonor de Oliveira-Portugal</i> <i>Jennifer Connor-USA</i>	This workshop will explore conceptualizations of sexual dissatisfaction, low sexual desire, and sexual boredom, including individual, sexual, and relationships factors. Scientific research, theory, and case studies will be combined to facilitate differential diagnosis and intervention.	45min
Increasing Parental Collaboration and Engagement in treatment		Meeting Room 7A
<i>Vivian Kannemeyer-USA</i>	Increasing parental collaboration and engagement in adolescents and children's treatment is necessary to improve positive outcomes, decrease premature termination, and reduce drop-out rates. Parental collaboration is crucial in providing emotional support, building trust, strengthening family bonds, facilitating change, monitoring progress, modeling behaviors, offering consistency and structure to treatment.	20min 11:00-11:20

Intragenerational support for gender-questioning and trans youth: centering the sibling subsystem in Affirmative Systemic Therapy		Meeting Room 7A
<i>Marjorie Rabiau-Canada</i> <i>Anaïs Cadieux Van Vliet-Canada</i>	Affirmative systemic therapy is an emerging trend in family therapy for accompanying families with a gender questioning or trans child. Simultaneously, research consistently calls for increased attention to the sibling subsystem. The presenters will discuss the importance of the inclusion of siblings of gender diverse young people in family therapy.	20min 11:25-11:45
12:00-12:45	Presentations/workshops	Room
Confronting Relative Deprivation: Towards Revaluing and Transformation in Therapy		Meeting Room 1
<i>Wendell Scanterbury-USA</i>	Utilizing a socioculturally attuned lens, this workshop focuses on valuing the minimized in clients' internal and relational functioning. The role of Relative Deprivation as internalized stigma will be explored to examine its operation in activating and perpetuating minimizing, and engage intervention that facilitates revaluing. A case example will facilitate demonstration.	45min
Self-of-the-Supervisor: When Therapist Trainees Lose a Client to Suicide		Meeting Room 2
<i>Joanna Mendez-Pounds-USA</i>	Beyond considerations of ethical protocols, there are limited discussions on supervisor's response for when a trainee loses a client to suicide. Through a literature review and a case study, this presentation offers recommendations for how to navigate this situation that impacts both the student therapist and the supervisor.	45min
Exploring Dimensions of Individuation in Couple Therapy: Integrating Jungian Perspectives		Meeting Room 3
<i>Sebastian Perumbilly-USA</i>	This presentation explores innovative ways to facilitate couple therapy by integrating Jungian perspectives on individuation. The goal is to enrich the personal growth of the members of a couple system while preserving their connection to each other. The presentation will clarify distinctions and interrelationships across individuation, differentiation, and identity formation.	45min CE
The position of the therapist's video guidance		Meeting Room 4A
<i>Odd Kenneth Hillesund-Norway</i> <i>Bård Bertelsen-Norway</i>	This workshop will describe a video supervision method developed for skills training with students. The method provides students with a framework and structure for linking theoretical knowledge and practical skills. It facilitates socialization into professional interaction by requiring students to engage with each other's work through observation and dialogue.	45min
Supervision across the seas: A review of cross-cultural and remote supervision		Meeting Room 4B
<i>Katheryn Whittaker-Cayman Islands</i> <i>Deisy Amorin-Woods-Australia</i>	Cross-cultural supervision involves the supervisor and supervisee originating from different cultural backgrounds. Working cross-culturally is complex, presenting several challenges for the supervisor and the supervisee, impacting the supervisory process. This workshop explores the professional experience of two systemic therapists through a cross-cultural and remote lens.	45min
Teaching Systemic Principles in Applied Behavior Analysis When Working with Autism		Meeting Room 5
<i>Janessa Dominguez-USA</i>	Applied Behavior Analysis (ABA) is one of the most common therapies for individuals with autism. Often, these individuals and families have many components to navigate. While ABA focuses on implementing behavioral principles to work towards desired goals, additional emphasis on systems can help to enhance service delivery, collaboration, and rapport.	45min
Arranged Marriages and Sexual Satisfaction in India: A Multi-contextual Perspective		Meeting Room 6
<i>Malavi Madhusudan-India</i>	This presentation will cover issues, contexts, interventions and case studies around sexual satisfaction in arranged marriages in heterosexual Indian couples. Interactive discussions and aids for therapist to help work with this population will further be included.	45min

Post-war Family Therapy for Kosovar Mothers Who Experienced Conflict-Based Sexual Violence		Meeting Room 7A
<i>Christina Seery-Ireland</i> <i>Shr-Jie Sharlenna Wang-Denmark</i>	A waitlist-controlled trial of family therapy facilitated by the Kosovar Rehabilitation Centre for Torture Victims for Kosovar mothers who experienced conflict-related sexual violence and their children in postwar times found mother-rated family functioning improved for the intervention group, suggesting the effectiveness of family therapy for this group.	20min 12:00-12:20
Entangled and Embodied: A Poetical Exploration of Trauma Disclosure in MFT		Meeting Room 7A
<i>Amber Kelley-USA</i>	This workshop will describe the findings of a qualitative study of pre-licensed MFTs during client trauma disclosure. Poems underscoring the embodied experiences of MFTs developed via poetical analysis and guided by agential realism will be presented. Participants will engage in poetic exploration and discuss implications for supervision and training.	20min 12:25-12:45
12:45-13:45	Light Lunch	Suite 1A & 1B
13:45-14:30	Presentations/workshops	Room
Family Play Genogram		Meeting Room 1
<i>Jill Forsberg-USA</i>	The genogram is an essential tool for Family Therapists. The process of creating a genogram isn't always fun or interesting for kids and teens. This experiential workshop will give you tools to make the genogram fun, relatable and meaningful to you and to the families you work with.	45min
Working with Trans and Gender Expansive Families		Meeting Room 2
<i>Katie Heiden-Rootes-USA</i>	The presentation integrates clinical and research experience with trans and gender expansive youth and their families for offering a systemic conceptualization of trans youth mental health. Three key ideas will be offered for family therapy intervention related to big adult feelings, parental humility, and becoming a professional for trans lives.	45min
Exploring Virginia Satir's Approach: Strengths, Challenges, and Relevance in Modern Therapy		Meeting Room 3
<i>Scott Chrobak-USA</i>	An honest exploration of Virginia Satir's way of being and working with people, and the promises and potential pitfalls of her style in the modern therapeutic arena.	45min
Neurodiversity-Affirming Systemic Therapy		Meeting Room 4A
<i>Katherine Graves-USA</i>	Botha & Chapman(2023) state neurodiversity-informed therapy is by definition relational and systemic, yet family therapists have struggled to integrate neurodiversity-affirming principles into systemic work. This workshop will present a checklist for neurodiversity-affirming practice and encourage a discussion of how systematic family therapy and neurodiversity intersect.	45min
Revitalize and Thrive: A Caregiver Retreat Program		Meeting Room 4B
<i>Rebecca Koltz-USA</i> <i>Daniel Koltz-USA</i>	Caregivers play a crucial role in supporting the well-being of individuals who require assistance due to age, illness, or disability. Despite their essential contributions, caregivers face physical, emotional, and mental stress. The presenters will share their experiences establishing an experiential-based caregiver retreat program for rural caregivers.	45min
the Parent Hope Project - a family systems intervention		Meeting Room 5
<i>Jenny Brown-Australia</i>	This workshop introduces the Parent Hope Project manualised intervention for parents with a struggling child or young person. It will describe the presenter's research with parents in CAMHS in Sydney, Australia, and how Bowen family systems theory helped shape this clinical process.	45min CE
Examining Substance Use Disorder Treatment Language: A Delphi Study		Meeting Room 7A
<i>Rebecca Lucero Jones-USA</i> <i>Madeline Mitchell-USA</i> <i>Umamah Maryam-USA</i>	In recent years, professionals who study and work with those who experience a substance use disorder have called for more sensitive language in the description and treatment of SUDs. Our presentation highlights a study that has surveyed experts in the field highlighting areas of consensus and disagreement regarding treatment language.	20min 13:45-14:05

The Role of Social Support in Parents' Psychological Disorders after Child's Bone Marrow Transplantation		Meeting Room 7A
<i>Aysel Ozercan-Turkey</i> <i>Nihan Tezer-Turkey</i>	Bone marrow transplantation (BMT) is a serious health problem imposing significant financial and moral burdens on families that may lead anxiety, depression, and post-traumatic stress disorder for parents. This study aims to identify the key factors influencing anxiety, depression, and PTSD levels of the parents, after child's BMT.	20min 14:10-14:30
14:45-15:30	Presentations/workshops	Room
'A sense of home and belonging; the place we come from and are search for...'		Meeting Room 1
<i>Hannah Sherbersky-United Kingdom</i>	Home can be a sanctuary, belonging, a secure base, a state of being. My doctoral research explored notions of home within an adolescent psychiatric hospital. This workshop explores how these ideas impact on other clinical considerations such as identity, migration, exile, homelessness, as well as our own relationship to home.	45min
The Racial Socialization Family Therapy Model: Dynamic Dialogues and Black Families		Meeting Room 2
<i>Leslie Anderson-USA</i>	This presentation will elucidate the intricate process of racial socialization that often occurs in Black American families. The presenter will explain how racial socialization can also be integrated into therapy and support critical dialogues about race with Black individuals and families.	45min
Assisting children and families with Cancer, Death, and Grief through psychoeducation and coping strategies		Meeting Room 3
<i>Feryn Heath-USA</i>	Cancer, Death, and Grief. Resource providing children with coping strategies in the form of a children's book with an included therapeutic workbook to be utilized by clinicians in grief work with children and families.	45min CE
Metacognition in MFT Education: Fueling Growth through Reflective Practice and Feedback		Meeting Room 4A
<i>Elaine Willerton Acosta-USA</i> <i>Brandon Lyons-USA</i>	Metacognitive tools effectively boost student engagement and performance. We implemented end-of-course assessments for both students and faculty, analyzing score discrepancies. This workshop will cover the tool itself, its benefits for students, and key study findings.	45min
Guardians of Solitude: Rilke and the Poetry of Partnering		Meeting Room 4B
<i>Anthony Mielke-USA</i> <i>John Cilek-USA</i> <i>Sarah Roberts-USA</i>	This presentation will integrate couple's therapy theory with a selection from Letter to a Young Poet (Rilke, 1929) on marriage to explore the use of poetic expression within couple's therapy. Themes of common humanity, paradox, eros, and wholeness will be examined while engaging with Rilke's poetic imagination.	45min
Arranged Marriage and Contemporary Therapy		Meeting Room 7A
<i>Nathan Feder-USA</i> <i>Shruti Poulsen-USA</i>	This presentation explores therapists' perceptions of arranged marriage, highlighting the gap in research on this longstanding cultural practice. It examines understandings, misperceptions, and the need for deeper insight into arranged marriages, which is crucial for effectively working with diverse couples in contemporary therapeutic settings.	20min 14:45-15:05
Supervision in Couple and Family Therapy: Becoming a Reflective Practitioner-		Meeting Room 7A
<i>Estera Boldut-Canada</i>	This presentation will focus on the role of the supervisor in helping supervisees become reflective practitioners and the necessary groundwork for self-of-the-therapist supervision. It will offer practical tools for supervisors to help their supervisees know, access and use different aspects of self in their clinical work.	20min 15:10-15:30
15:30-16:15	Closing Break and Networking	Suite 1A & 1B

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IFTA is the professional association for those interested in marriage and family therapy throughout the world. As such, it is the only organization that provides unity for therapists from east to west, respecting traditional approaches and embracing the tradition of tomorrow.



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CONGRESS LOYALTY DISCOUNT REGISTRATION RATE

If you are attending this 2025 World Family Therapy Congress, you are able to register for the 2026 World Congress in Bergen, Norway at a Loyalty Discount Rate that will be announced at the Thursday morning plenary.

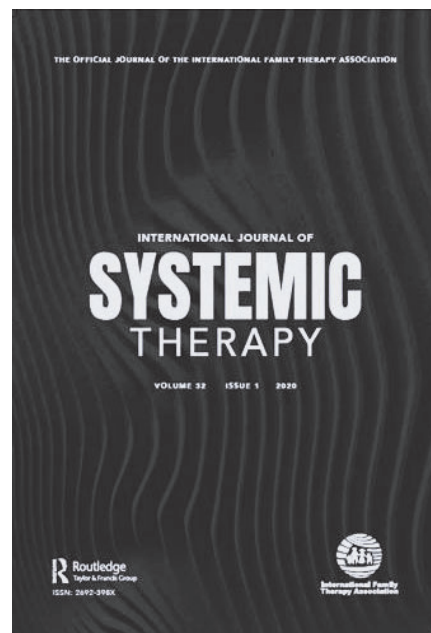
Stop by the IFTA Registration desk and we will help you register at the special price.

IFTA'S INTERNATIONAL JOURNAL OF SYSTEMIC THERAPY

The Journal is a unique, peer-reviewed journal designed for practicing clinicians as well as academics that offers empirical studies, treatment reports, theoretical discussion, and strategies in clinical practice from family psychotherapy scholars from around the world. The Journal offers empirical studies, program reports, strategies in clinical practice, and theoretical discussions and essays. Additional specialty sections include Family Therapy Around the World, Intervention Interchange, Family Therapy and Mental Health, and Media Reviews. The Journal also regularly publishes special issues on various topics guest-edited by experts in diverse areas of family psychotherapy. The Journal is editorially and administratively managed by IFTA, and published by Taylor & Francis.

The Journal Editor is Todd Edward, Ph.D., from the University of San Diego, CA. Look for his workshop.

A free subscription to the Journal is part of membership in IFTA. For more information, contact the IFTA General Secretary: wjhiebert@aol.com.



INTERNATIONAL ACCREDITATION COMMISSION FOR SYSTEMIC THERAPY EDUCATION

Created as a semi-autonomous body under the auspices of the International Family Therapy Association (IFTA), the International Accreditation Commission for Systemic Therapy Education (IACSTE) focuses on the development and implementation of quality standards for programs around the world that provide systemic therapy education and training. These standards are created to enhance the development of professionals who will be qualified to provide systemic therapy for individuals, couples, and families in the communities in which they live and work. Both Tier 1 (Primary) and Tier 2 (Advanced) sets of standards were created to enhance the development of professionals who will be qualified to provide systemic therapy for individuals, couples, and families in the communities in which they live and work.

Congress attendees may request a consultation with Commission members here in Aberdeen. Contact the Registration Desk and ask them to contact William Hiebert for an appointment.

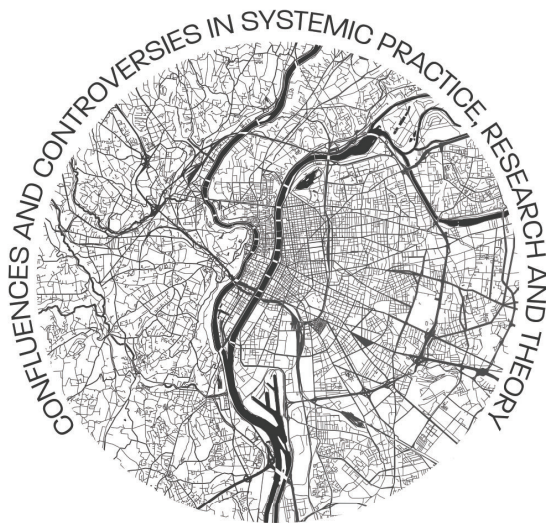
The Standards and Application for accreditation are available at:
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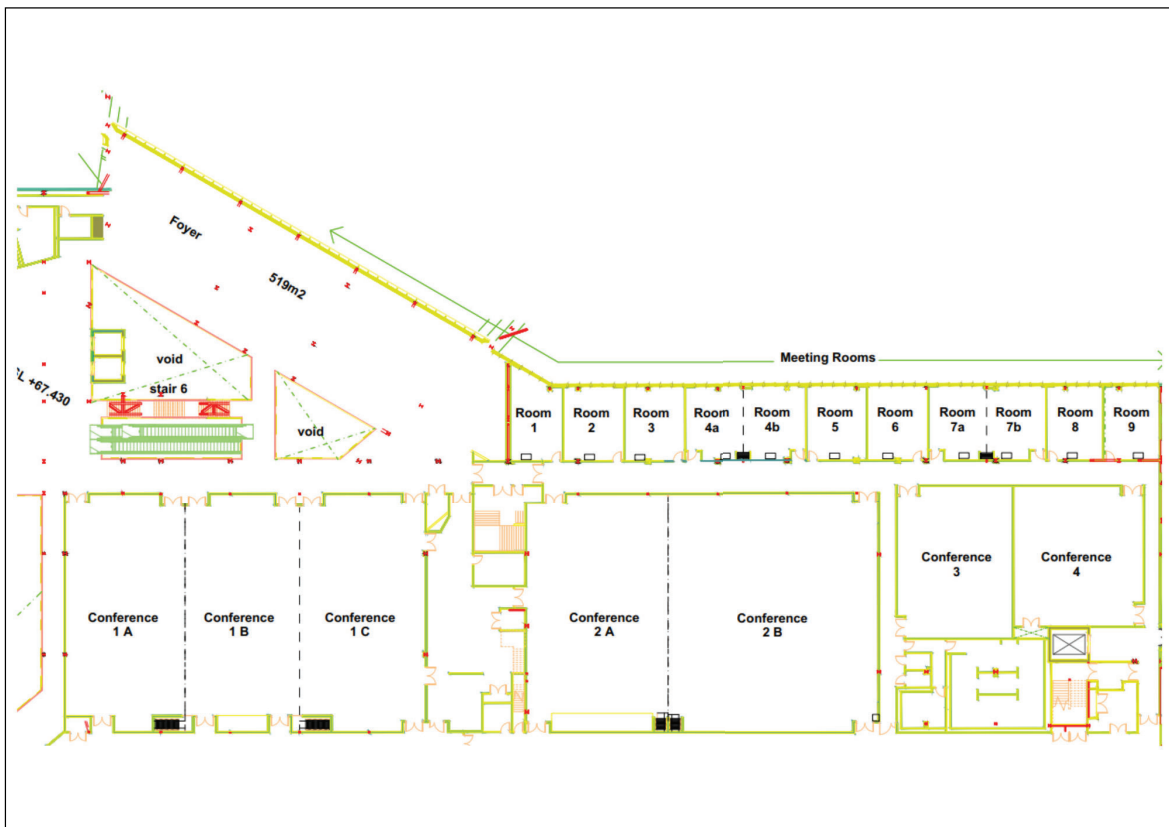
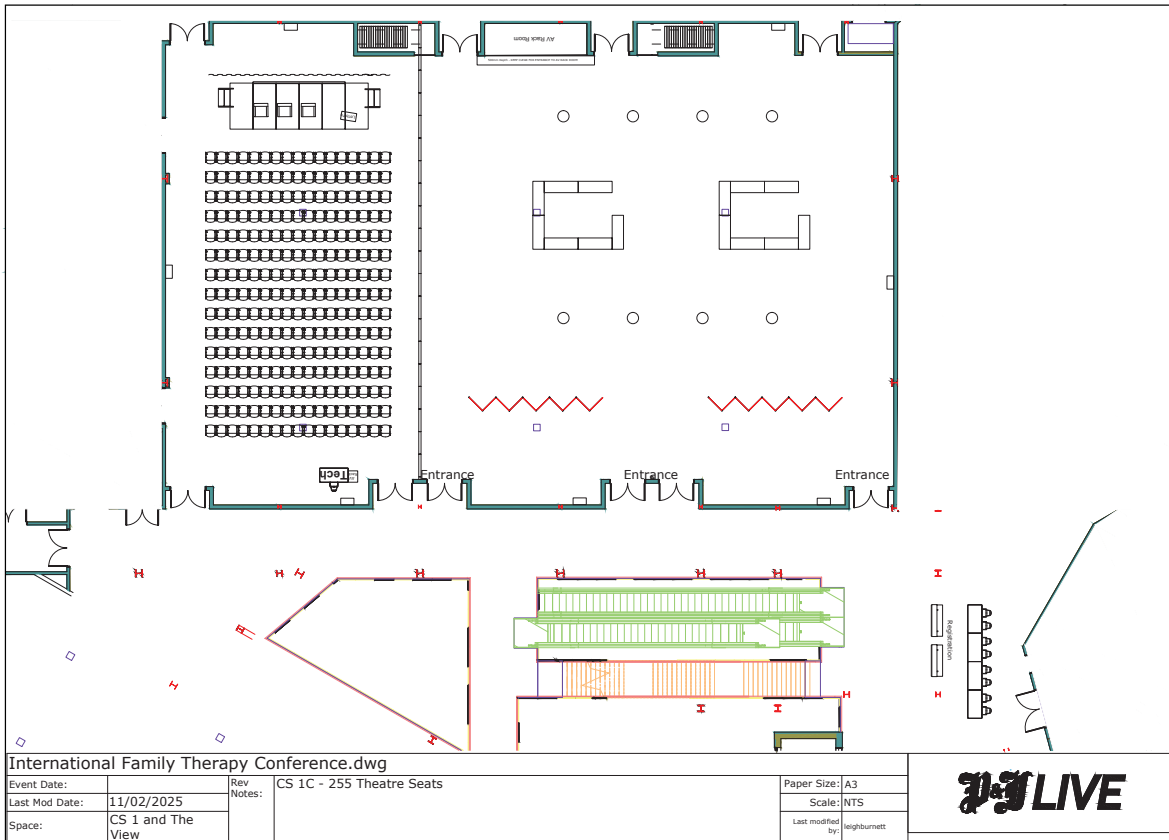
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Brief Presentation (20 minutes)
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